

Parent Bulletin

Friday 19th January 2024

Dates for your diary:

Friday 2nd February – Non Uniform day

Monday 5th February – Poetry Live trip

Tuesday 13th February – Year 9 Options Evening

Friday 5th July 2024 - Year 11 Prom

Student Absences & Medical appointments:

If your child has to have some time off school, please ensure that you contact the absence team if possible **before 8.30am** preferably via our absence email on

studentabsence@kla.eastern-mat.co.uk

or call the absence line **01553 779635**. Please include your child's name, year group and why they are absent. If we send you a text message and you are unable to respond, please send a note in with your child explaining why they have been away.

If you need to take your child to a medical appointment during school time please can we ask that you either send in an appointment card or letter with your child or please email them to **studentabsence@kla.eastern-mat.co.uk** so we are aware in advance when you collect your child.

Student Belongings:

Please can we ask that all students' belongings are clearly named. It is much easier to reunite them with the owner if they are named. Thankyou.



If you order school uniform online as of the 1st December parents will need a password to enter our website to order uniform. The password is KLA001.

We are recruiting:

We have some fantastic opportunities to become a member of our esteemed team here at KLA. Please follow the link below to see our latest vacancies.

[Eastern Multi-Academy \(ciphr-irecruit.com\)](http://ciphr-irecruit.com)

Parent Voice:

We would like to advise you that you are able to give your views on the Academy not just during inspections. We value your opinion and would encourage you to do this at:

[Parent Voice \(office.com\)](http://office.com)

Internet Safety Webinar:

[Recorded Online Safety webinar for parents and carers - YouTube](#)

Norfolk police have put together this webinar for parents, it is split into chunks.

1. Introduction
2. PC Smith and PC Funnell - safer schools
3. SCOLT (Safeguarding Children Online Team) - advice about how to check mobile phones (iPhones and Android)
4. Prevent
5. Cyber security
6. Youth Engagement



Afterschool Late Bus

We run an after school late bus at 4.30
Monday - Thursday for any students
who currently travel on school buses
so students can stay to any of the
after school activities.



Dyslexia Friendly School Lesson and H/W Strategies



Dyslexia Friendly Lesson Strategies

- Visual aids to support;
- Scaffolding questions;
- Electronic support i.e. laptop/ audio books/ apps;
- Paddle/white boards;
- Coloured background for PowerPoints etc.;
- Overlays;
- Mind maps and flow charts;
- Coloured paper / exercise books.

"Dyslexia is a learning difficulty that primarily affects the skills involved in accurate and fluent reading and spelling. Characteristic features of dyslexia are difficulties on phonological awareness, verbal memory and verbal processing speed."

(ROSE 2009)
King's Lynn Academy Ethos



Dyslexia Friendly Homework Tips

- Find a quiet time and place for homework;
- Set a routine with a visual planner/timetable;
- Chunk homework to allow for breaks;
- Use encouragement, praise and rewards for task completion;
- Encourage child to read at least 5 minutes a day;
- Use finger rule or ruler to follow text.

If lessons or homework become a concern, please contact the school for support/advice.

All National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many devices which we believe trusted adults should be aware of. Please visit nationalonline-safety.com for further guides, hints and tips for adults.

SMARTPHONE SAFETY TIPS

for young people

You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nosy around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings. Instead, talk to a trusted adult about what's happening and how it's making you feel.

STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it. If it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though: they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos: this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various guidance papers and carried out research for the Australian government comparing internet use and sending behaviour of young people in the UK, USA and Australia.



The National College



National Online Safety

#WakeUpWednesday



@nationalonline-safety



/NationalOnlineSafety

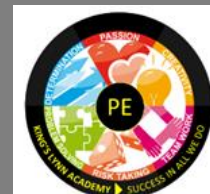


@nationalonline-safety



@national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 07.01.2023



New Lunchtime Extracurricular Timetables – January 2024!

Monday	Tuesday	Wednesday	Thursday	Friday
KS3 Basketball (JOM)	KS4 Basketball (JOM)	Pickleball (JOM)	Table tennis (DHE)	Dodgeball (JOM)
Table tennis (DHE)	Fitness Suite (SCA)			
			Dodgeball (JOM)	Fitness Suite (SCA)

New After School Timetables – January 2024!

Monday	Tuesday	Wednesday	Thursday	Friday
Trampolining (SCA)	Badminton/ Pickleball (LCT)	Fitness Suite (JOM)	Table tennis (JOM)	
KS3 Football (DHE)	KS4 Football (DHE)	KS3 Multi Sports (2 activities per night on rota) (LCT)	Volleyball/Kinball (SCA)	
	Netball (SCA/KLW)	Period 6 (SCA)	TBC Kicks	
			TBC Martial Arts	

DROP-IN FOR A SLICE OF HELPFUL YOUTH FOCUSED ADVICE

\$FREE PIZZA \$FREE

PROJECTS



Place: St Edmundsbury Road, King's Lynn, North Lynn PE30 2DH

Fridays 3:30pm - 5pm

Age 11-16

The Targeted Youth Support Service and the Beacon Church have teamed up to provide a free, helpful drop in service on a Friday afternoon. Whether you want to talk about how your week has been, help with your homework or just to have a chat, everyone is welcome to come by.

Drinks and pizza provided, other snacks available to purchase over the counter

CHOOSE YOUR OWN TOPICS!

- Homework
- School
- Friendships
- Family
- Sport
- Relationships
- Teachers
- Mental Health
- Health
- Goals
- Community
- Hobbies



Norfolk
County Council



TARGETED YOUTH

SUPPORT SERVICE

YOUTH XTREME SPORT DROP IN

Join Us Every Tuesday
@ KASET Skatepark PE30 2NB

From 5pm till 6pm

Entry is free

Ages: 11-18

Come receive support, hang out with your
mates and go on the park with BMX,
Skateboards or Scooter.

ALIVE



Year 7 Round Up – Compiled by Mrs West:

Another week has flown by and I have to say it has been a very enjoyable week! The students have all excelled in showing their maturity in taking their subject assessments. I know for some it has been difficult receiving results that may not have been as high as they were hoping but I know that all concerned tried their hardest and should be proud of what they have learnt. We can now work on expanding that knowledge. A reminder that homework club runs after school each day from Monday - Thurs in the school library. This is a really lovely, relaxed session and not what many students automatically assume a homework club will be. I am more than happy to support any child that would like to try and attend so please do not hesitate to get in touch if this is the case.

It seems to be a very tough time in terms of illness and I appreciate all of your hard work with getting into school. Illness even managed to get me at the start of the term but I was so proud to return to the school and be told how well the year group had operated in my absence. I believe I am not up to date with emails and contact after this period off but please contact me again if there is anything left outstanding that has somehow passed me by.

★ ★ Student of the week this week is **Lily Davies**. Lily you are fantastic and it is such a pleasure to have you as part of the year group. Your teachers are all so pleased with your progress and I only ever hear positive remarks about your time spent in lessons. ★ ★

Points league table

Student	Week	Term	Total
Caponka, Emilis	5	31	350
Russell, Ralphie	4	29	350
Mann, Hope	5	27	346
Sudnickis, Damian	2	25	343
Hailstone, Roman	3	26	336

I have found this new table within our Arbor system that I will share each week ranging from between the Top 3 - 20. This week I have focused on out top 5 high scorers. WELL DONE to you all! All parents/carers have access to the Arbor system and if you log in you can see all of your child's achievement and behaviour points. It is a great way to keep up to date and reward achievement the same day it happens, as your child gets home.

Have a lovely weekend, I was hoping for snow but I think it has missed us this time. Fingers crossed for some sledging weather soon 🛷🧢🧤.

Mrs West.

Year 8 Round Up – Compiled by Miss Fountain:

Hi all, I hope you all well and avoiding the nasty bugs going around!

Year 8's are continuing to show how well they are able to do by working hard, trying their hardest and gaining lots of positive behaviour points!! I am really proud of their efforts this term so far, so please remember to give them lots positive praise at home!

Also, this week the attendance for year 8 has been an average of 92.39%, a little lower than last week but still impressive!! Thank you.

I am pleased to inform you from Wednesday to Wednesday, year 8 earned between them a whopping 2077 achievement points!! What a fabulous achievement!! Well done to them all!

The student of the week for goes to a lovely young man whose attitude in school is always positive and has a great attitude to learning, which shows with the 195 achievement points he has accumulated since September. This young man deserves to be student of the week - **Albie Miller**. Well done Albie and thank you for being such a lovely part of our year 8 group!!

The student who achieved the most positive behaviour points this week was: **Albert Obisesan** with 28 achievement points! A HUGE WELL DONE TO THEM BOTH!! Both students mentioned above will receive a prize from me.

Remember, If there any out of school activities our students take part in, please let me know, as I absolutely love celebrating my year 8 achievements, not just from in school, but out too.

Uniform: A big well done to so many of my year 8 little lovelies, for always having the correct uniform. I know as a parent myself, sometimes circumstances beyond our control crop up and trousers aren't dry in time or are split, but if this does happen, please let me know with either a note or a text; **07511 224223**, so I can write the young person a note so they aren't challenged by other staff. Compulsory uniform basics: black trousers/KLA skirt, white shirt, KLA blazer, KLA tie, KLA V-neck jumper is additional uniform but NOT COMPULSORY therefore not a replacement for a blazer.

We do have a swap shop, which is always very grateful for any donations of good quality school uniform, bags and other items, but it is also available for students who may need to swap a blazer to replace one too small, but at a time parents and guardians aren't maybe able to financially stretch to buying a new one. Especially at this current time, where everyone is feeling the pinch!! Please feel free to reach out anytime and I will try to help in any way I can.

Students are to arrive before 08:30am with lessons beginning at 08:35am

If, for any reason, students cannot get here on time, please let us know as soon as possible so we are aware. If you are struggling to report an absence due to the phone lines being busy, then please email studentabsence@kla.eastern-mat.co.uk. If it is a pastoral issue which you would like to discuss with me as the Head of Year, then please email lucy.fountain@kla.eastern-mat.co.uk or my mobile being **07511 224223**

Miss Fountain.

Year 9 Round Up – Compiled by Mrs Laws:

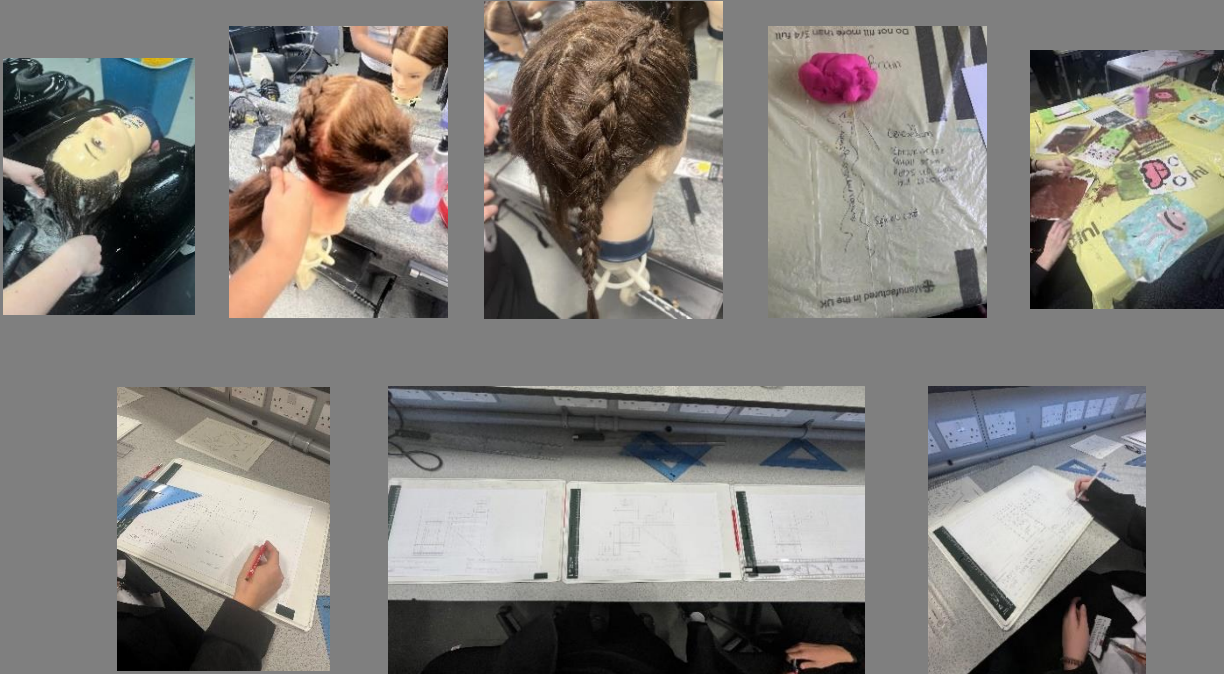
Unfortunately I have not been in the Academy for the last week so I will update in next week's bulletin.

Please be aware your child should be bringing a letter home regarding the Year 9 Options Evening which is being held in school on Tuesday 13th February from 5.30pm - 7.30pm. Please send the reply slip back by Friday 9th February.

Year 10 Round Up – Compiled by Mrs Mann:

Well hello to a chilly January!

I recently had a progress review meeting at the College and I was so proud to hear the lovely feedback from the tutors. They are so pleased with how they have settled, their mature and positive attitudes, and the work they have produced so far. Such a fantastic first term for them all. Here's a few snaps of some the work from last Friday's lessons as they finished their assessment pieces.



Attendance in year 10 was just below 90% this week which is lower than last week. Sadly, the winter bugs and germs have got us! Well done to those of you who were here all week, and to those of you who have 100% attendance this academic year. If you are struggling to report an absence due to the phone lines being busy, then please email studentabsence@kla.eastern-mat.co.uk. If it is a pastoral issue which you would like to discuss with me as the Head of Year, then please email emma.mann@kla.eastern-mat.co.uk or call/text me on 07511 225248.

I am so pleased to say that the year group have achieved an amazing 1155 reward points this week! That's so good and you have all worked so hard in class and on your assessments. Our highest achievers this week were **Scarlett Goldsmith, Sophie Dunne** and **Maddison Carter**. A huge congratulations to them and well done to everyone else for their fantastic efforts this half term.

My student of the week is **Jessica Franklin**. Jessica is a fantastic young lady. She works hard every lesson well and is really enjoying every part of her studies. Jessica always works with a mature and positive attitude and often does it all with a smile on her face. Keep it up Jess, you're a star.

Have a fabulous weekend!

Mrs Mann.

Year 11 Round Up – Compiled by Mrs Lockey:

Happy Friday!

Many thanks to all students in year 11 for their work in lessons this week I have seen some great work in progress. Year 11 behaviour has been good this week and a big well done to you all.

Many thanks also to PC Smith about the importance of keeping safe and explaining about this in our assembly this week.

After school lessons period 6 continue for year 11 - after school Monday-Thursday. Many thanks for all those students that have attended this week. If your child catches a school bus, then there is a late bus after period 6 for them to get home.

KLA swap shop has been open again to students. This is proving to be successful especially when ties and blazers are forgotten. There is a small amount of lost property; please send your child over to it if they have lost any uniform this week. Many thanks to the student commissioners in year 10 and 11 that help this to open every day. We also have a few coats that were unclaimed last term if your child has misplaced theirs. Please send them our way.

Attendance in year 11 has been lowered this week due to bugs and colds - **86.7%**. We are still falling short of where we should be which is 95%. Well done to those of you who were here all week, and to those of you that have 100% attendance this academic year so far. If you are struggling to report an absence due to the phone lines being busy, then please email studentabsence@kla.eastern-mat.co.uk. If it is a pastoral issue which you would like to discuss with me as the Head of Year, then please email Hayley.Lockey@kla.eastern-mat.co.uk

If your child attends college on Thursday's and they are absent or have an appointment, you will also have to let them know of their absence. Their number is 01553 761144.

Please do not text my work phone with absences as I cannot guarantee that I will see the messages.

The number of year 11 students arriving late to school has increased significantly this week. I would really appreciate your support with this. All students need to be in school and ready to learn before **8:35am** please, this so important as learning time is lost. Thank you all so much for your support with this.

There are sanctions that are in place for lateness, and these are followed by after school detentions and parents are contacted daily.

All heads of year are checking uniform **EVERY** day and are contacting home, if necessary. No jeans or leggings please and blazers and ties are a must. If your child has been loaned a tie, could they please bring it back, we have a shortage of them at the moment. Bags need to be part of our day too and these should contain your child's knowledge organiser and equipment ready to learn.

Please let us know if we can support in any way as we have a swap shop here at KLA whereby students can bring any unwanted uniform and exchange for larger sizes if needed. Please be reminded **NO** fluffy coloured socks are permitted as uniform. We have also noticed acrylic nails popping up again; these also are not allowed as they are dangerous, especially when taking part in practical subjects. Also nose piercings are creeping back. These are also not permitted and a clear retainer needs to be worn. Hair and Beauty students especially need to be mindful about not wearing jewellery, especially in the salon.

As a year group we have achieved **1,546** points this past week which is good! Our highest achiever this week is **Braydon Griggs**. Well done to him.

Student of the week goes to **Dorothy Rose**. Well done to her for really working hard. It has been noticed **Dorothy**, keep up the great work.

Year 11 Round Up continued...

Year 11's will be selling roses in the coming weeks for Valentines Day - £1:00 each with a personalised message. These will be available by the end of next week. Many thanks to the year 11's that have come forward to offer support with this at break and lunchtimes.



Any outstanding Blood Brothers consent forms that need to be handed in could they be given in by next Friday at the latest. Thank you all so much.

The year 11 mock exam timetable has been sent home this week. It is imperative that your child attends school. There is only one set of mocks before the real exams.

If your child has medication for migraines or any other conditions, they are welcome to bring and leave in my office. I cannot stress enough provisions have been put in place for those that need it, I just need you all here. Mr Fletcher will also be contacting you all.

Stay safe and keep safe and have a lovely weekend.

Mrs H Lockey.