

# Parent Bulletin

## Friday 3<sup>rd</sup> November 2023

### Dates for your diary:

Friday 3<sup>rd</sup> November – Yr7 Colchester Zoo trip

Thursday 9<sup>th</sup> November – Year 10 remote parents evening

Wednesday 8<sup>th</sup> November – Royal Navy Year 11 Food Tech visit

Friday 17<sup>th</sup> November – Children in Need Non-uniform day

Friday 5<sup>th</sup> July 2024 - Year 11 Prom

### Student Absences & Medical appointments:

If your child has to have some time off school, please ensure that you contact the absence team if possible before 8.30am preferably via our absence email on

**[studentabsence@kla.eastern-mat.co.uk](mailto:studentabsence@kla.eastern-mat.co.uk)**

or call the absence line **01553 779635**. Please include your child's name, year group and why they are absent. If we send you a text message and you are unable to respond, please send a note in with your child explaining why they have been away.

If you need to take your child to a medical appointment during school time please can we ask that you either send in an appointment card or letter with your child or please email them to **[studentabsence@kla.eastern-mat.co.uk](mailto:studentabsence@kla.eastern-mat.co.uk)** so we are aware in advance when you collect your child.

### Student Belongings:

Please can we ask that all students' belongings are clearly named. It is much easier to reunite them with the owner if they are named. Thankyou.

## We are recruiting:

We have some fantastic opportunities to become a member of our esteemed team here at KLA. Please follow the link below to see our latest vacancies.

[Eastern Multi-Academy \(ciphr-irecruit.com\)](http://ciphr-irecruit.com)

## Parent Voice:

We would like to advise you that you are able to give your views on the Academy not just during inspections. We value your opinion and would encourage you to do this at:

[Parent Voice \(office.com\)](http://office.com)

## Internet Safety Webinar:

[Recorded Online Safety webinar for parents and carers - YouTube](#)

Norfolk police have put together this webinar for parents, it is split into chunks.

1. Introduction
2. PC Smith PC Funnell - safer schools
3. SCOLT (Safeguarding Children Online Team) - advice about how to check mobile phones (iPhones and Android)
4. Prevent
5. Cyber security
6. Youth Engagement

## DT department needs your help....

Please can we ask all students/parents to save us their plastic bottle tops. We are doing a project where we recycle them.

If students just bring them to the Technology department, we will have a big box to put them in.

## Drama department fabric & clothes...

Do you have any fabric materials spare or any old clothes that you are willing to donate to help with the technical theatre topic of costume for my Year 9's as well as workshops for my Year 10's.

The clothing/material will be used to make costumes so please do not donate anything that you would like returned.

Anything would be highly appreciated.

Miss Mace



# Afterschool Late Bus

**We run an after school late bus at 4.30  
Monday - Thursday for any students  
who currently travel on school buses  
so students can stay to any of the  
after school activities.**



## Dyslexia Friendly School Lesson and H/W Strategies



### Dyslexia Friendly Lesson Strategies

- Visual aids to support;
- Scaffolding questions;
- Electronic support i.e. laptop/ audio books/ apps;
- Paddle/white boards;
- Coloured background for PowerPoints etc.;
- Overlays;
- Mind maps and flow charts;
- Coloured paper / exercise books.

"Dyslexia is a learning difficulty that primarily affects the skills involved in accurate and fluent reading and spelling. Characteristic features of dyslexia are difficulties on phonological awareness, verbal memory and verbal processing speed."

(ROSE 2009)  
King's Lynn Academy Ethos



### Dyslexia Friendly Homework Tips

- Find a quiet time and place for homework;
- Set a routine with a visual planner/timetable;
- Chunk homework to allow for breaks;
- Use encouragement, praise and rewards for task completion;
- Encourage child to read at least 5 minutes a day;
- Use finger rule or ruler to follow text.

If lessons or homework become a concern, please contact the school for support/advice.



**Want support to reduce your own drug or alcohol use?  
Or worried about a family members drug/alcohol use?**

THE MATTHEW  
PROJECT  
**unity**

**The Matthew Project provides  
Drug and alcohol support for  
young people under 19 in Norfolk**



Advice line:  
0800 970 4866 9:00 - 17:00,  
Mon - Thur 9:00 - 16:30 (Fri)



Unity@matthewproject.org

matthewprojectyoungpeople.org



@TMPyoungpeople

**LIVE  
CHAT**

MON - THUR  
4 PM - 7 PM  
VIA WEBSITE



## School allotment:



That's a wrap for the allotment for 2023. The students have worked incredibly hard out in the allotment in the last year, planting and harvesting lots of fruit and vegetables (we had tomatoes coming out of our ears for a long time!)

We have had a group of students who have consistently turned up week after week and put all of their effort in with the help of our fantastic volunteers from the rotary club. In the last couple of weeks, they have been spreading muck and straw to put the allotment to bed until February.

Although we won't be out in the allotment over winter, there will be a Wednesday lunchtime club, getting connected to nature- whether it is putting up bird boxes, or building bug hotels!

Best wishes,

Miss Maughan



All National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit [nationalonlinesafety.com](https://nationalonlinesafety.com) for further guides, hints and tips for adults.

## What Parents & Carers Need to Know about X

**AGE RESTRICTION 13+**

In October 2022, the enormously popular social media network Twitter was purchased by tech tycoon Elon Musk. That sparked a host of changes to the platform – not all which have been received positively by its fans. The alterations have continued with each passing month, many of them raising online safety concerns among the 630 million users of Twitter (now rebranded as simply X). With further adjustments reportedly in the pipeline, X has attracted more than its usual share of controversy and caution in recent times.

### WHAT ARE THE RISKS?

#### A BLOCK ON BLOCKING

X has announced plans to remove its blocking feature. Previously, this stopped other users from viewing your profile or sending you direct messages, while also hiding their posts from your feed. Only this latter function will now remain. The decision has been criticised by some members, who feel that blocking (in its current form) protects them from X users who promote denial and hatred.

#### AGE-INAPPROPRIATE CONTENT

Many of X's less age-appropriate posts can feature anything from extreme political views to pornography. While accounts marked as 18+ are restricted from non-members, it's still fairly easy to stumble across this material accidentally. X's new 'For You' page also shows content from accounts that a user doesn't already follow – meaning that almost anything could end up on a child's feed.

#### VERIFICATION FOR SALE

Historically, Twitter's moderators granted account verification, certifying someone as authentic by placing a blue tick next to their username. One of X's earliest changes was to place verification behind a paywall; this caused the number of celebrity impersonators to rise and left no way to distinguish, say, a legitimate influencer from a copycat fake account seeking to exploit other users.

#### LIMITED REPORTING FEATURES

X offers a premium membership, with some functionality (such as controlling who can view and reply to your posts) increasingly being made exclusive to those who pay the subscription fee. Several commentators have speculated that X could one day become an exclusively paid-for service, with access to accounts being revoked for anyone unwilling or unable to take out a subscription.

### Advice for Parents & Carers

#### PROTECT PRIVACY

Unscrupulous characters may try to gain access to a young person's X account – either to view their posts and gather information on them, or to completely take control of it. To minimise risk, ensure the account has a strong password and enable the 'Protect Your Posts' feature (via the account settings), so that strangers can't view your child's posts without first being approved as a follower.

#### DON'T RISE TO THE BAIT

To gain more views and followers, some X users post deliberately inflammatory comments on sensitive topics such as race, sexual orientation and gender issues. Many young people could find this upsetting. Emphasise that, if your child encounters someone spreading hate on X, it's best not to give that person what they want: an argument. Ignore them, mute their account and move on.

#### STAY ALERT FOR IMPOSTERS

Make sure your child understands that X's blue ticks no longer guarantee the identity of anyone on the platform. While it might be exciting if a celebrity liked your child's post, it could just as easily be an imposter with malicious intentions. If your child's not 100% sure that an X user actually is who they claim to be, advise them to err on the side of caution and avoid interacting with that account.

#### ONLY FOLLOW TRUSTED ACCOUNTS

Using the 'Following' tab on X helps to ensure that the only content your child sees has come from accounts they've chosen to follow; this should reduce the chance of them inadvertently being exposed to harmful, violent or explicit content. Show your child how to report another user's account if, say, they're behaving inappropriately by spreading misinformation or offensive opinions.

#### BE READY TO TAKE ACTION

If your child suffers harassment on the platform or becomes the target of a hack, you could consider deactivating their account entirely. Recently, X's safety features have been criticised for allegedly failing to protect users' wellbeing – so if your child is being subjected to abusive messages or similar mistreatment on the platform, it might be prudent to remove them from X altogether.

### Meet Our Expert

Lloyd Coombes is a father of three and an expert on the subject of online safety. He's worked in the gaming industry for around four years. Lloyd hopes to test out the latest apps, games and online trends, he's also a parent who understands the importance of online safety. Writing regularly about tech and games, his articles have been published in influential sites including PC and The Gamer.

**NOS National Online Safety**  
#WakeUpWednesday

[@natonlinesafety](https://twitter.com/natonlinesafety) [/NationalOnlineSafety](https://facebook.com/NationalOnlineSafety) [@nationalonlinesafety](https://instagram.com/nationalonlinesafety) [@national\\_online\\_safety](https://tiktok.com/@national_online_safety)

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## PE lunch time clubs – Autumn 2

Monday	Tuesday	Wednesday	Thursday	Friday
KS3 Basketball (JOM)	KS4 Basketball (JOM)	Basketball All (JOM)	Table tennis (DHE)	Dodgeball (JOM)
Football KS3 (DHE)	Fitness Suite (SCA)	Fitness Suite (SCA)	Badminton (SLE)	Badminton (SLE)
			Dodgeball (JOM)	

## PE After school clubs – Autumn 2

Monday	Tuesday	Wednesday	Thursday	Friday
KS3 Girls Football (SLE)	Netball (SCA/KLW)	Fitness (JOM)	<b>KS3 Rugby (JOM)</b> <b>*new*</b>	Fitness (SLE)
Kinball (SCA)	Badminton (LCT)	Basketball (LCT)	Dance <i>Kelly</i> <b>First 3 weeks!!</b>	
KS3 Boys Football (DHE)	KS4 Football (DHE)	Period 6 (SLE)	Gymnastics SCA <i>Not on 9<sup>th</sup> Nov due to parents evening</i>	

### Year 7 Girls 5 a side Tournament

- Congratulations to the girls picked from Year 7 who represented KLA at the Festival in Swaffham on Tuesday.
- They showed great teamwork and footballing skills.
- They won 3 out of their 4 matches.



### Loyalty Card Winners!

- Well done to Rory in Year 7 for completing his first KLA PE loyalty card! Rory has thrown himself into clubs and fixtures since joining KLA.
- Also, a huge congratulations to Sephira in Year 9 who has completed 3 loyalty card and earns herself an exclusive KLA bobble hat!!



### Interhouse Football / Netball

- **TUESDAY 7th NOVEMBER - Netball and Football**
- Junior Football and Netball will take place at lunch time. Please make sure you have signed up and attend to represent your House!
- **WEDNESDAY 8<sup>th</sup> NOVEMBER LUNCH TIME - Senior Netball**

# WE'RE RAISING MONEY

FOR BBC CHILDREN IN NEED



**WHAT?**

**Non-  
Uniform  
Day!**

**WHEN &  
WHERE?**

**17<sup>th</sup>  
November  
2023**

**CONTACT:**

**£1 Donation**

BBC Children in Need is not responsible for the organisation of this event or for the collection of the money.

**PLEASE PHOTOCOPY THIS RESOURCE**



**BBC  
Children  
in Need**

Official Education Partner



[bbcchildreninneed.co.uk/schools](https://bbcchildreninneed.co.uk/schools)

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## Year 7 Round Up – Compiled by Mrs West:

We have made it to November! Attendance this week is up between 94-95% which is fantastic to see. I hope all the students enjoyed their week off and that those that celebrated Halloween had a good time. I have seen some fantastic pictures of how they dressed up.

It has taken a few days for the students to settle after the break and get used to school expectation once again. Can I please remind you all that a school tie is an essential part of school uniform each day.

Assembly this week was on Firework Night and the safety we all need to be aware of to keep ourselves unharmed at this time of year. I do hope that all of the students manage to enjoy this safely and have a lovely weekend.

I thought we would do a bit more celebrating this week so below are the top ten points scorers of our year group so far this year:

**Hope Mann**

**Emilis Caponka**

**Kara Hayden**

**Roman Hailstone**

**Ralphie Russell**

**Damian Sudnickis**

**Ozzy Dennis**

**Fola Adediwura**

**Robert Kordovic**

**Cody Peacock**

★ Student of the week this week is **Polly Anderson**. Polly is always positive and her work is always of the highest quality. She is a polite and hard working member of the year group. Well Done Polly!!! ★

I hope that the weather improves for us this weekend and that the students enjoy some rest after the first week back with all the early mornings

# Year 8 Round Up – Compiled by Miss Fountain:

Hope you all had a fabulous break whatever you did!

Now for the start of the new term and I would like to let you all know about a new incentive I am working on for the students.

I have found whilst working with and at many educational settings, unintentionally, the students who consistently "get it right" have no rewards especially for them, just to say, "well done and thank you". It will be for not just the amount of achievement points or how well they did in tests, but just the way they conduct themselves around the school on a day-to-day basis, good manners and in general, setting the standard of how to be a fabulous student and role model!

So, with that said, once a term (potentially twice depending on numbers!), I will be inviting the relevant students to an activity we can do within school. This term I have decided to have afternoon tea and watch a movie. I want them to enjoy themselves and feel appreciated and not forgotten!

Which now nicely brings me on to the achievement points and student of the week. I am proud to inform you that this week from Wednesday to Wednesday, Year 8 earned between themselves an amazing .....2008 ACHIEVEMENT POINTS!! What an achievement! WOW!

The student of the week for year 8 is going to a lovely young lady, who, constantly tried her hardest in and out of lessons, conducts herself wonderfully around the school and always smiles and asks how my day has been.

The student of the week goes to: - **Halle Colby**

The top 3 students who have received the most achievement points this week are: -

1st - **Albert Obisesan** – 23      2nd - **Leon Collins & Aaron Green** – 22      3rd - **Dylan Greenacre** - 19

A HUGE WELL DONE TO THEM ALL!!

All 5 students mentioned above will receive a prize from me.

Remember, If there any out of school activities our students partake in and you would like me to add it to our bulletin, please let me know, as I absolutely love celebrating my year 8's achievement, not just from in school, but out too.

Going on to uniform, So many students are getting it right every day, and for that I am so so proud and incredibly grateful for your support.

If your young person doesn't have the uniform required, i.e. blazer, shirt, tie, black trousers or skirt (jumper is optional) and black shoes and socks, or is without the equipment required, PE kits, stationery, bag etc. please do not hesitate to contact me so I am aware, as I may be able to help.

Leggings and jeans are not acceptable as part of uniform. If repeated incorrect uniform is worn, after school detentions will be issued, unless there is very good reason. The reasons need to come from yourselves via email/call/letter, as via a student it cannot be accepted. Please remember we do have the school swap shop which is accessible to all students.

If, for any reason, students cannot get here on time, please let us know as soon as possible so we are aware. Students are to arrive before 08:30am with lessons beginning at 08:35am.

Please can I ask that if you do text my work phone or email me directly with absences, please contact the absence line/email too as I cannot guarantee that I will always see the messages.

Have a fab week everyone

Lucy Fountain.

## Year 9 Round Up – Compiled by Mrs Laws:

Welcome back from the half term holidays. I hope everyone had a restful week off and has recharged their batteries ready to keep going until Christmas.

As the nights are now drawing in and the weather getting worse, I'd like to remind students to come to school properly dressed so they aren't in soggy clothes for some of the day. All coats need to be hung up as they enter the building, along with any hoodies and they are then locked away, as only blazer and school jumpers are permitted to be worn around the academy.

This half term I am hoping to get done as many PDPs done as I can with the year 9s in preparation for them starting to look more closely in January 2024 at picking their GCSE's. More info will come out as we get further into the term.

We have a couple of brilliant young ladies in our year group who have been out on sporting events this week, more details and hopefully some pictures next week, celebrating their achievements.

Attendance in Year 9 was 90.1% this week, which is very low for the first week back, we need your support in getting students into school every day, especially this year which is crucial. If they are feeling slightly unwell, please send them into school and should the worsen during the day we will give you a call to come and collect them if they need to go home.

Well done to those of you who were here all week, and to those of you who have 100% attendance this academic year, that is an amazing achievement!

As a group we have achieved 1428 reward points which is amazing! Our highest achiever was **Elijah Gedge** congratulations to him!



Student of the Week is **Lily McCowen**. I have had some fantastic feedback from staff about her work ethics and whenever I see Lily, she always has a smile on her face and is willing to help. Keep it up Lily!!

Our assembly this week was about safety around fireworks and more information on student commissioner interviews.



# Year 10 Round Up – Compiled by Mrs Mann:

What a great first week back!

As a group we have achieved a fantastic 1607 reward points this week! That's our highest yet!! Woohoooooooooooo!!!! Amazing start to this half term. You have all worked so hard and this needs to continue. Our highest achievers this week were Joshua Coady, Isla-Mae Garrod, Lilly Bockock, George Payne, and Aiden Bellars. A huge congratulations to them and well done to everyone else for their fantastic efforts this half term.

Attendance in Year 10 was 91.5% this week which is higher than last week. Let's improve this next half term.

Well done to those of you who were here all week, and to those of you who have 100% attendance this academic year, that is an amazing achievement! Please can I ask that if you do text my work phone or email me directly with absences, please contact the attendance officer too as I cannot guarantee that I will always see the messages.

If it is a pastoral issue which you would like to discuss with me as Head of Year, then please email me on [emma.mann@kla.eastern-mat.co.uk](mailto:emma.mann@kla.eastern-mat.co.uk)

My student of the week is **Keitija Rusina**. Keitija is a fantastic young lady who has embraced Year 10 and college. Keitija has settled into every lesson well and is really enjoying every part of her learning. Keitija always works with a mature and positive attitude. Keep it up Keitija, we are all very proud of you.

The HOY team monitor the number of students arriving late at school so I would like to remind you that all students need to be in school and ready to learn before 8:35am please. There are sanctions that are in place for lateness, and these can be followed by after school detentions for 30 minutes the same day. We really do appreciate your support with the after-school detentions.

Have a lovely weekend everyone!

# Year 11 Round Up – Compiled by Mrs Lockey:

Happy Friday!

Many thanks to all students in Year 11 for their work in lessons this week I have seen some great work in progress. Year 11 Behaviour has been phenomenal a big well done to you all.

After school lessons P6 have also been put in place for Year 11 these run after school Monday-Thursday's. Many thanks for all those students that have attended this week. I have been contacting some of you with regards to your child attending these sessions these are important and are really valuable and help towards your child's end goal.

Our assembly this week was brought to us by Miss Bowen talking about firework safety and how to keep ourselves safe during firework season. Many thanks goes also to Mrs Leeming-Watts reminded students about applying for open days and courses.

KLA swap shop has been open again this week to students. This is proving to be successful especially when ties and blazers are forgotten. There is a small amount of lost property please send your child over to it if they have lost any uniform this week.

Attendance in Year 11 has been lowered this week due to being hit by many bugs and colds 88.89% this week, but we are still falling short of where we should be which is 95%. Well done to those of you who were here all week, and to those of you that have 100% attendance this academic year.

Please do not text my work phone with absences as I cannot guarantee that I will see the messages. If it is a pastoral issue you would like to discuss with me as Head of Year, then please email me on Hayley.Lockey@kla.eastern-mat.co.uk

The number of Year 11 students arriving late at school has decreased significantly this week I really appreciate your support with this. All students need to be in school and ready to learn before 8:35am please this so important as learning time is lost. Thank you all so much for your support with this. There are sanctions that are in place for lateness, and these are followed by ASD's and parents contacted on a daily basis.

All HOY are checking uniform EVERY day and are contacting home, if necessary, no jeans or leggings please and blazers and ties are a must. If your child has been loaned a tie, could they please bring them back, we have a shortage of them at the moment. Bags need to be part of our day too and these should contain your child's knowledge organiser and equipment ready to learn.

Please let us know if we can support in any way as we have a swap shop here at KLA whereby students can bring any unwanted uniform and exchange for larger sizes if needed. Please be reminded no fluffy coloured socks are permitted as uniform. We have also noticed acrylic nails popping up again these also are not allowed these are dangerous especially when taking part in practical subjects. Also nose piercings are creeping back in these are also not permitted and a clear retainer needs to be worn. Hair and Beauty students especially need to be mindful not wearing jewellery especially in the Salon.

As a year group we have achieved 1,165 points this past week which is good! Our highest achiever this week in the year group was **Reegan Robinson** a massive well done goes to them.

Student of the week this week goes to **David Winters** a well done goes to him for really working hard and making a great start back to Year 11. It has been noticed well done David keep up the great work you've got this! David has really tried his best in all his lessons.

Dates for diary the day after we break up for Christmas Thursday 21st December, we are holding a meal here at KLA for 100 OAP's. We have been feeding either by meals or hampers for the past 6 years! Details to follow.

Year 11 Prom Friday 5th July 2024. I will be organising fundraising again for this term.

Have a wonderful weekend take care and stay safe.