

**Every Day**

**Counts**



**Good attendance at school is the single most important factor in ensuring that children and young people have the best opportunities in adult life.**

**If you're worried about your child's attendance, speak to your school or scan the QR below for advice and support from Just One Norfolk.**

[www.justonenorfolk.nhs/attendance](http://www.justonenorfolk.nhs/attendance)

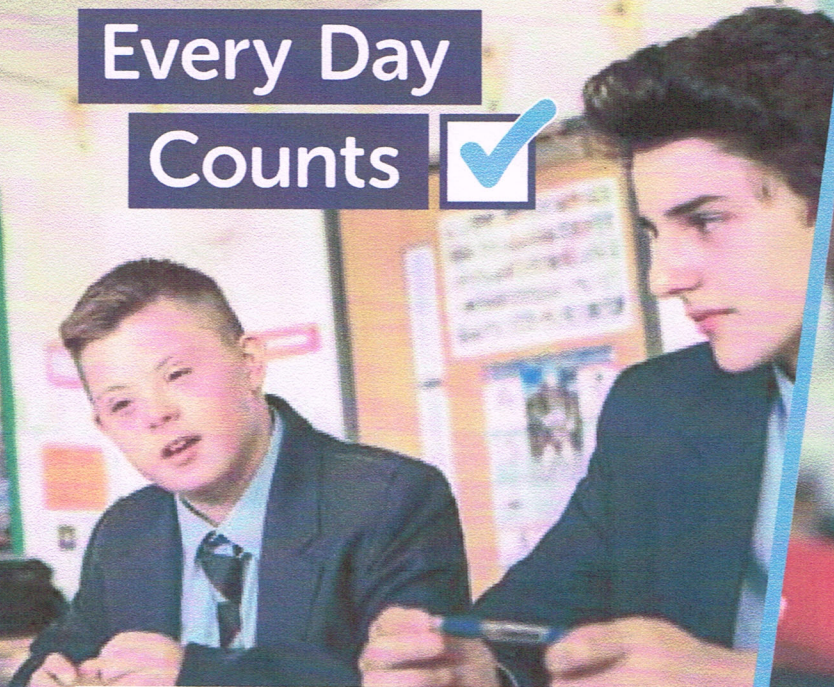


**Norfolk** County Council



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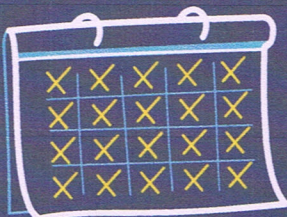
# Supporting Good

# School Attendance

## Guidance for Parents / Carers

Good attendance at school is one of the most important factors in ensuring that children and young people have the best opportunities in adult life.

Did you know?



**90%**  
**Attendance**

for one year = 4 weeks of learning missed, this is called persistent absence.



[justonenorfolk.nhs.uk/attendance](http://justonenorfolk.nhs.uk/attendance)



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Research has shown that there is a strong link between levels of attendance at school and levels of achievement. Students with high levels of attendance tend to gain better results in tests and examinations than students with lower attendance levels. Children with good attendance are more than twice as likely to pass their English and Maths GCSEs compared to those who are persistently absent.

## How you can help your child have good attendance

- ✓ Get into good routines: start the year right and make attendance a priority, or even better, get into good habits from the start of nursery!
- ✓ Show an interest in school and education; attend parents meetings, concerts and other school events.
- ✓ Talk about school at home: ask your child what they're learning, how their friends are and how they're getting on.
- ✓ Encourage your child to take part in school activities.
- ✓ Don't let your child take time off school for minor ailments: particularly those which would not stop you from going to work.
- ✓ Where possible, make appointments outside of school hours.
- ✓ Take family holidays during school holiday time only.
- ✓ Encourage your child to tell you about any problems they may have at school. If you know or think that your child is having difficulties attending school, you should contact the school straight away.
- ✓ Acknowledge, praise and reward good or improved attendance, even small successes.

For advice on support for your child's attendance, speak to your school or visit [justonenorfolk.nhs.uk/attendance](https://justonenorfolk.nhs.uk/attendance)

