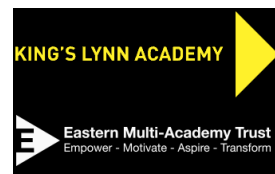


Implementation: Curriculum Narrative



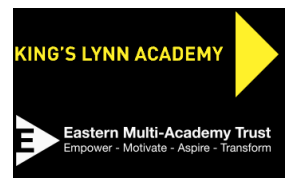
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| Subject: Physical Education | Year: 10 | Author: L. Tea |
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| Key Knowledge <i>Pupils will know</i> | Key Skills <i>Pupils will be able to</i> |
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| <p style="text-align: center;">Key Threshold Concepts:</p> <ul style="list-style-type: none"> • Sports Performance – Perform key skills and techniques, alongside creativity and decision making in two sports • Sports Performance – Review performance strengths and weaknesses, measure these and create an action plan to improve • Leadership - Plan an activity session plan/ Stages of a plan/ Deliver a session plan/ Participant questionnaire/ Evaluate your activity plan/ Action plan to improve • Media - Media sources / Positive effects of media in sport/ Negative effects of media in sport | <p style="text-align: center;">Subject Skills:</p> <ul style="list-style-type: none"> • Use and develop a variety of tactics and strategies to overcome opponents in team and individual games • Develop their technique and improve their performance in other competitive sports • Evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best • Continue to take part regularly in competitive sports and activities outside school through community links or sports clubs • Gain Knowledge of the qualities and responsibilities of a good leader and the different leadership styles. • Know the impact of media on the world of sport – how it can impact positively and negatively. • Knowledge of the importance of leading a healthy and active lifestyle for increase in life expectancy |
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| <p style="text-align: center;">Subject specific knowledge and sequencing</p> <p>Term 1 & 2: R085 Performance and leadership in sports activities Topic: Key components of performance and applying practice methods to support improvement in a sporting activity Key Concepts: Sports Performance Key Knowledge: Perform skills techniques in 2 different sports, evaluate and improve own performance Assessment: Set assignment and practical assessment</p> <p>Term 3 & 4: R085 Performance and leadership in sports activities Topic: Planning, leading and evaluating a sports activity session Key Concepts: Leadership skills Key Knowledge: Plan an activity session plan/ Stages of a plan/ Deliver a session plan/ participant questionnaire/ Evaluate your activity plan/ Action plan to improve. Assessment: Set assignment - Lesson plan, Delivery, Evaluation</p> <p>Term 5 & 6: R086 Sport and the Media Topic: Sport and the Media Key Concepts: Movement in Society Key Knowledge: Different sources/ positives and negatives of media in sport Assessment: Set assignment on Sport and the Media</p> | <p style="text-align: center;">Prerequisites and Spiral Teaching:</p> <ul style="list-style-type: none"> • Students build on their prior learning of skills and activities in KS3. • Developing communication skills. • Personal challenge – analysing their own performance in different sports. • Understanding movement – knowledge of the body in action. • Personal challenge – develop their physical fitness. |
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| <p style="text-align: center;">Cross-Curricular Knowledge Links:</p> <ul style="list-style-type: none"> • Citizenship – Communication skills/ Teamwork/ promoting positive relationships • History – Movement of ethics in sport. Olympic Movement. |
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- **English** – Speaking and listening skills, leading lesson plan.
- **Maths** – Numeracy relating to numbers, plotting graphs and assessing and analysing data.
- **ICT** – Use of technology in sport.

Reading Lists / Sources / Reading around the subject recommendations:

- www.bbc sport.co.uk
- www.skysports.co.uk
- www.ocr.co.uk
- **Specification:** <https://www.ocr.org.uk/Images/610953-specification-cambridge-nationals-sport-studies-j829.pdf>
- <https://www.ocr.org.uk/Images/620515-student-guide-to-nea-assignments.pdf>
- <https://ocr.org.uk/Images/641258-a-student-and-parents-guide-to-cambridge-nationals-.pdf>
- Reading rule books and sports reports in newspapers and magazines.
- Sports journals