

## KING'S LYNN ACADEMY



# RGANISER 

 Year 8 Summer Term 32022

## Home Learning

At KLA we deem it is important to set about making excellent progress in your child's learning by reinforcing crucial knowledge beyond the classroom. To help structure this important aspect of their learning pupils have access to Knowledge Organisers for all subject areas. The Knowledge Organisers will help your son/daughter to learn a wide range of knowledge to prepare them for lessons, low/high stake assessments and GCSE public examinations, and the world of work when used appropriately, consistently and in structured time. Knowledge Organisers encourage pupils to be independent when developing knowledge. Each half term pupils will receive a booklet, which comprises of Knowledge Organisers and the Journey for all subjects in the curriculum. Moreover, this booklet is available on the school website and emailed to parents.

## Why Knowledge Organisers?

The GCSE specifications have a greater focus on application, reasoning and evaluation skills. This leaves less time in class to focus on 'the bits they just have to know'. If knowledge retention is improved, this will have a positive impact on levels of attainment and achievement.

## Overcoming the Curve



Decay theory states that if learning is not used, revisited or rehearsed it simply fades away.

## How to use your Knowledge Organiser

To get the most out of the Knowledge Organisers, your son/daughter should be learning sections and then testing themselves. Listed at the back of this booklet are strategies and tips on how your son/ daughter can successfully use their Knowledge Organisers.

## Subject Contents

## English.

Pages 4-7
Maths
Pages 8-15

Science.
Pages 16-25
(2) Geography.

Pages 26-31
History
Pages 32-35
French.................................................................. Pages 36-39
German
Pages 40-45
20 Physical Education. Pages 46-49

Design Technology
Pages 50-55

Food Tech
Pages 56-59
( $\because 2)$ Art
ICT
Pages 66-69
(3) Performing Arts

Pages 70-75
(6)

Music
Pages 76-79

Personal Development.


| 'Animal Farm': Knowledge Organiser |  | The seven commandments |  | Key words |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | Whatever goes upon two legs is an enemy. | allegory - a story with two meanings. It has a literal meaning, which is what actually happens in the story. But it also has a deeper meaning. The deeper meaning is often a moral. It teaches you a lesson about life. |  |
| Chapter breakdown |  | 2 | Whatever goes upon four legs, or has wings, is a friend. |  |  |
|  | The animals gather to listen to old Major. He gives them a vision of a life without man. |  |  |  |  |
|  |  | No animal shall wear clothe |  |  |  |
|  | The animals rebel and overthrow Jones. The commandments are written. | 4 | No | tyrant - someone who has total power and uses it in a cruel and unfair way. A tyranny is a situation in which a leader or government has too much power and uses that power in a cruel and unfair way. |  |
|  |  | 5 | No animal |  |  |
|  | The animals' first harvest is a success. The pigs keep the milk and apples to themselves. | 6 | No animal shall kill any other |  |  |
|  |  |  | 崖 |  |  |
|  |  | Characters |  | rebellion - a rebellion is a situation in which people fight against those who are in charge of them. |  |
| 4 | The Battle of the Cowshed: Jo attempts to reclaim the farm. | Napoleon <br> 'a large, rather fierce-looking Berkshire boar, the only Berkshire on the farm, not much of a talker, but with a reputation for getting his own way.' |  |  |  |
|  | Snowball and Napoleon debate the windmill. Napoleon uses dogs to chase Snowball from the farm. Napoleon makes himself leader. |  |  | harvest - the time when crops are cut and collected from fields. |  |
|  |  |  |  | corrupt - when people use their power in a dishonest way order to make life better for themselves. |  |
|  |  | Snowball <br> 'a more vivacious pig than Napoleon, quicker in speech and more inventive, but was not considered to have the same depth of character.' |  |  |  |
| 6 | Work begins on the windmill. The pigs move into the farmhouse. Winds destroy the windmill. |  |  | propaganda - Information that is meant to make people think a certain way. The information may not be true. |  |
|  | Work on the windmill starts again. Napoleon demands eggs from the hens. Napoleon slaughters animals at the show trials. |  |  | cult of personality - a cult of personality is where a leader convinces people to worship him or her, and treat them like a god. |  |
|  |  | Squealer <br> 'with very round cheeks, twinkling eyes, nimble movements, and a shrill voice. He was a brilliant talker, and when he was arguing some difficult point he had a way of skipping from side to side and whisking his tail which was somehow very persuasive. The others said of Squealer that he could turn black into white.' |  |  |  |
|  | Napoleon betrays Mr. Pilkington and sells timber to Mr. Frederick. Frederick pays with counterfeit money. Frederick attacks the farm. The animals suffer losses in the Battle of the Windmill. The windmill is destroyed. |  |  | treacherous - If you betray someone who trusts you, you could be described as treacherous. |  |
|  |  |  |  | Biographical information |  |
|  |  |  |  | 1 | 'Animal Farm' was written in 1945. |
|  |  |  |  | 2 | It was written by George Orwell. |
|  |  | Boxer <br> 'an enormous beast, nearly eighteen hands high, and as strong as any two ordinary horses put together... in fact he was not of first-rate intelligence, but he was universally respected for his steadiness of character and tremendous powers of work.' |  | 3 | Orwell was born in 1903. |
| 9 | Boxer is sold to the knacker's y |  |  | 4 | 'Animal Farm' was influenced by the events |
| 10 | The pigs are leaders on the farm. They start walking on two legs and carrying whips. There is no difference between the pigs and the humans they sought to overthrow at the start of the novel. |  |  |  | of World War II. |
|  |  |  |  | 5 | Orwell wanted to write about the cruel leaders of Europe during World War II. |
|  |  |  |  | 6 | 'Animal Farm' is an allegory for the events of the Russian Revolution. |

## Year 8 <br> Dnglish <br> Knowledge Questions

## Below are a series of questions.

## Use these to apply your knowledge and practice.

| Check You Remember |
| :---: |
| Who is Jones and what does he represent? |
| Who does Napoleon represent and who does he represent from the Russian |
| revolution? |
| What do the pigs look like at the end of the story? |

## Apply Your Knowledge

How does Old Major use his speech to unify the animals?
What kind of character is Boxer?
Explain how Snowball and Napoleon think or lead in different ways.

## Stretch Your Thinking

Why did the Russian Revolution fail?
Is this an important book? Explain your answer.
Why did Orwell write this book?

## Knowledge Checklist

|  | KNOWLEDGE CHECKLIST | R | A | G |
| :---: | :---: | :---: | :---: | :---: |
| 1 | I know background information about George Orwell |  |  |  |
| 2 | I know some information about World War 2 and the Russian |  |  |  |
| Revolution |  |  |  |  |
| 3 | I can recount the plot of Animal Farm |  |  |  |
| 4 | I understand what the plot of Animal Farm signifies |  |  |  |
| 5 | I know the pig characters and who they represent |  |  |  |
| 6 | I know other main characters and who they represent |  |  |  |
| 7 | I know some Tier 2 vocabulary connected to the novel |  |  |  |

## High Flyers - Enrichment Task

| Explain Orwell's characters in terms of allegory- I know who each represents I and how the book shows the failures of the Russian Revolution to live up to its ideology.
I
Write a story which is allegorical.
I

IDo some further reading of Orwell's writing. You will study 1984 in Year 9.
I - - - - - - - - - - - - - - - - - - -

Your Future starts here

Year 8 Knowledge Organiser Half Term 5

Year 8 Knowledge Organiser Half Term 5

## Ideas of the Half Term - Line symmetry and reflection

 Keywords

## Previous Learning Revision Points

For every 3 green counters
there are 2 yellow counters

| The fraction of |
| :--- |
| green counters is |

The ratio of green to yelow counters is $3: 2$
Year 8 Knowledge Organiser Half Term 6 Ideas of the Half Term - Line symmetry and reflection, data handling cycle
A further specific Knowledge Organiser will be given to you at the start of each topic by your teacher. Keywords Mirror ine: a ine that passes through the center of a shape with a mirror image on either side of the ine Line of symmetry same defintion as the mirror ine
Refect mapping of one object from one position to another of equal distance from a gven ine. Vertex: a point where two or more-ine segments meet. Perpendicular. ines that cross at $90^{\circ}$ Horizontal a straight ine from eft to night (paralel to the x axis) Vertical a straight ine from top to bottom (paralel to the y axis) What do I need to be able
to do?
By the end of this unit you should be able to

- Recogsise he symmety
- Reflect na hozzontial he
- Refect $n$ a vertical ine
- Refect $n$ a diagond ine
- 



 What do I need to be able What do I need to be able

- Discrete Data numerical data that can oniy take set vaiues
I Continuous Data numerical data that has an infnite number of values (often seen with height, dstance, time) Spread the distance/ how spread out/ variation of data
Overage: a measure of central tendency - or the typical value of all the dat a together I Proportion numerical relationship that compares two things
Year 8 Knowledge Organiser Half Term 6
Ideas of the Half Term - Measures of location

Previous Learning Revision Points


Notes

## Year 8 <br> Maths <br> Knowledge Questions

## Below are a series of questions.

## Use these to apply your knowledge and practice.

| Angles in parallel lines and polygons |
| :---: |
| How is a right angle shown on diagrams? |
| How do you draw an angle of $180^{\circ}$ ? |
| What's the difference between and acute angle and an obtuse angle? |


| Area of trapezia and circles |
| :--- |
| Why is the formula to find the area of a rectangle the same as the formula to find the |
| area of a parallelogram? |
| Why do we use the perpendicular height when finding the area of a triangle and not |
| the sloping height? |

Line symmetry and reflection
Do all regular polygons have lines of symmetry?

## Data handline

What are the advantages/disadvantages of using primary/secondary data?
What features do you need on a data collection sheet?

## Measure of location

What's the same and what's different about finding the median of four numbers and the median of five numbers?

## Knowledge Checklist

KNOWLEDGE
PROGRESS

|  | KNOWLEDGE CHECKLIST | R | A | G |
| :---: | :---: | :---: | :---: | :---: |
| 1 | Angles in parallel lines and polygons |  |  |  |
| 2 | Area of trapezia and circles |  |  |  |
| 3 | Line symmetry and reflection |  |  |  |
| 4 | Data handling |  |  |  |
| 5 | Measure of location |  |  |  |

The shape is made up of a square and
triangle.

| The circle touches the sides of the |
| :--- |


| Square and has radius 3.8 cm. |
| :--- |

What percentage of total area of the
shape is shaded?


## Big ideas Earth systems:

 $0-6$Matter
What expert understanding do we want after 5 years?
Earth systems inieract
Big idea
The cycling of matter in the Earth systems depends on physical and chemical processes, over short and long timescales.
Humans rely on resources from these systems for minerals, fresh water, fuels and other raw materials.

Rock cycle
Key Concept
T-
The three rock types that make up Earth's crust were formed
by processes that link together in a never-ending cycle -concepts
rock, metamorphic rock,
Facts

| Water cycle <br> Key Concept |
| :--- |
| The water cycle moves water through Earth's systems and is <br> driven by energy from the sun and gravity |
| Sub-concepts |
| Evaporation, condensation |
| Facts |
| - Water falls to Earth as precipitation (rain, snow, hail, sleet) |
| - Transpiration is losing water from leaves via evaporation |

What expert understanding do we want after 5 years?
Matter

[^0]that makeun

| Know the facts |  | Key words |  |
| :---: | :---: | :---: | :---: |
| 1 | The Structure of the Earth consists of the inner core, outer core, mantle and crust. | 1 | Rock Cycle: Sequence of processes where rockschange from one type to another. |
| 2 | The innercore is made of solid iron. The outer core is liquid. | 2 | Weathering: The wearing down of rock by physic al, chemic al or biological processes. |
| 3 | Rocks are continuously eroded by weathering and climatic changes. | 3 | Erosion: Weathering of rock and its movement by water, ice orwind (transportation). |
| 4 | The eroded bits of rock are transported by water to other placestowards the sea. | 4 | Sedimentary Rock: Formed from la yers of sediment, a nd which can contain fossils. Examples are limestone, chalk and sandstone. |
| 5 | Bits of rock can be deposited on top of each other in layers. | 5 | Igneous Rock: Formed from cooled magma, with minerals a rranged in crystals. Examples are granite, basalt and obsidian. |
| 6 | Layers of rock can be built up over time and cemented together as water is squeezed out of the layers, forming sedimentary rock. | 6 | Metamorphic Rock: Formed from existing rocksthat are exposed to heat and pressure overa long time. Examples are marble, slate a nd schist. |
| 7 | Lava is magma that hascome through the Earth's crust in volcanic eruptionsand due to movement of the tectonic plates | 7 | Freeze-thaw weathering: The process where water gets into cracks in rocks and then freezes. As the waterfreezes it expands, breaking rocks a part over time. |
| 8 | The rate of cooling affects the crystal size in igneous rock. <br> Fa ster cooling produces smaller crystals. | 8 | Tectonic Plates: The Earth's crust is made up of large plates that move around due to convection curents in the Mantle. |
| 9 | Heat and pressure can change igneous rock and sedimentary rock, forming metamorphic rock. | 9 | Evaporate: Change from liquid to gas at the surface of a liquid, at any temperature. |
| 10 | The watercycle shows how water enters and leave different stores of water. | 10 | Boil: Change from liquid to a gas of all the liquid when the temperature reaches boiling point. |
| 11 |  | 11 | Condense: Change of state from gasto liquid when the temperature drops to the boiling point. |
| 12 |  | 12 | Prec ipitation: ra in, snow, sleet, or hail that falls to or condenses on the ground. |
|  |  | 13 | Transpiration: Transpiration is the process of water movement through a plant and its eva poration from aerial parts, such as leaves, stems and flowers. |

## ideas <br> 응

.
What expert understanding do we want after 5 years?

| Cells are Alive |
| :--- |
| Bigs idea |
| - Organisms are made of cells, which themselves have parts that carry out different functions. Organisms exists as single cells |
| (unicellular) or many cells (multicellular). In multicellular organisms, cell division is essential for growth, development, and repair. |
| Cells differentiate to form specialised cells that perform diverse functions. |
| - All living systems need matter and energy. Matter fuels respiration, the energy-releasing chemicalreaction that provides energy for |
| life functions and provides the material for growth and repair of tissue. Plants and algae use sunlight, water, and carbon dioxide to |
| facilitate photosynthesis, which stores energy, forms plant matter, releases oxygen, and maintains plants' activities. |

How does the unit develop this?
Aerobic
Key Concept

|  | Know the facts | Key words |
| :---: | :---: | :---: |
| 1 | Multic ellula rorganisms are composed of cells which work together to form a tissues and these group together to make organs.. | Diffusion: movement of particles from a place where they are high in concentration to a place where they are in a lowerconcentration. |
| 2 | Both Plant and Animal cells have a cell membrane, nucleus, cytoplasm and mitochondria. | Chloroplast Absorbs light energy so the plant can make food (photosynthesis). |
| 3 | Plant Cells also have a Cell Wall, Chloroplasts and usually a Permanent Vacuole. | Cell membrane: Surrounds the cell and controls movement of substances in and out. |
| 4 | Uni-c ellular organisms are adapted to cary out functions that in multi-cellularorganisms are done by different types of cells. | Nucleus: Conta ins genetic material (DNA) which controls the cell's activities. |
| 5 | Medic al treatments can work at an ind ividual cell, tissue, organ or organ system level. | Mitochondria: Part of the cell where energy is released from food molecules. |
| 6 | Photosynthesis oc curs inside chloroplasts. | Circulatory System: Transports substances around the body. |
| 7 | Cells are the building blocks of life - they are the smallest units in an organism. | Respiratory System: Removes Carbon Dioxide from the blood and allowsOxygen to be absorbed and transported. |
| 8 | Specialised cell: Has a particular shape and structure to camy out a specific job. | Musc ular- Skeletal Systems: Muscles and bones working together to cause movement and support the body |
| 9 | Respiration is the process by which living things produce energy. | Digestive System: Breaks down and then absorbs smaller food molecules. |
| 1 0 | Fermentation is a useful chemical process which makes alcohol and carbon dioxide. | Glucose: a type of sugar molecule |
| 1 | Oxygen Debt is a temporary oxygen shortage in the body tissues a rising from exercise. | Aerobic: in the presence of oxygen |
| 1 2 | Lactic Acid is a chemicalmade in anaerobic respiration | Anaerobic: in the absence of oxygen |

What ex
What expert understanding do we want after 5 years?

| Radiation transiers energy |
| :---: |
| Big idea |
| Radiation is the emission of waves or subatomic particles, from a source, which spread through space and through materials. |
| Waves transfer energy without the material moving, and travel as longitudinal vibrations, or as transverse electromagnetic |
| oscillations. Waves have characteristic properties when they meet boundaries, and pass into different materials. High energy |
| wave cause ionisation. |


| Refiraction <br> Key Concept |
| :--- |
| When light passes into a different material, light changes <br> direction. The direction the light bends depends on the <br> difference in refractive index of the two materials. |


| Suns |
| :--- | :--- |


| Facts |
| :--- |
| - Definition of: Dispersion, retina, spectrum |
| - The difference between converge and diverge |
| - How lightrays are affected by convex and concave |
| lenses |

Light: Big ideas


|  | Know the facts | Key words |
| :---: | :---: | :---: |
| 1 | Light travels as a transverse wave. | 1 Vacuum: A space with no particles of matter in it. |
| 2. | The law of reflection states that angle of incidence is equal to the angle of reflection. | 2 Incident ray: The incoming ray. |
| 3 | When light enters a denser medium it bends towards the normal; when it enters a less dense medium it bendsaway from the nomal. | 3 Reflected ray: The outgoing ray. |
| 4. | Light travels at 300 million metres per second in a vacuum. | 4 Normal line: From which angles are measured, at right anglesto the surface. |
| 5. | Different colours of light have different frequencies. | 5 Refraction: Change in the direction of light going from one material into a nother. |
| 6. | When a light ray meets a different medium, some of it is absorbed and some reflected. | 6 Transparent A material that allows all light to pass through it. |
| 7 | Prisms disperse white light to produce a continuous spectrum | 7 Translucent A material that allows some light to pass through it. |
| 8 | Photoreceptors a re sensitive to light - there are 2 types rods and cones | 8 Opaque: A material that a llows no light to pass through it. |
| 22 |  | 9 Retina: Layer at the back of the eye with light detecting cells and where image is formed. |

Notes

## Year 8 <br> Knowledge Questions

## Below are a series of questions.

## Use these to apply your knowledge and practice.

| Biology |
| :---: |
| What are the similarities and differences between the breathing system and <br> the digestive system? |
| Where does respiration take place in living things? |
| What differences are there between aerobic and anaerobic respiration? |


| Chemistry |
| :---: |
| What is the difference between oxidation and reduction? What examples <br> can you give? |
| What are the three rock types and how are they formed? |
| Why is the water cycle important? |


| Physics |
| :---: |
| What is the difference between weight and gravity? |
| What is the difference between reflection and refraction? What examples of <br> each can you give? |
| How is light focused in your eye? |

## Knowledge Checklist

## KNOWLEDGE

PROGRESS

|  | KNOWLEDGE CHECKLIST | R | A | G |
| :---: | :---: | :---: | :---: | :---: |
| 1 | Multicellular organisms are composed of cells which work together |  |  |  |
| 2 | Oxygen Debt is a temporary oxygen shortage in the body tissues |  |  |  |
| 3 | Lactic Acid is a chemical made in anaerobic respiration |  |  |  |
| 4 | If an acid reacts with a base there are two products: a salt and water |  |  |  |
| 5 | The Structure of the Earth consists of the inner core, outer core, |  |  |  |
| 6 | The water cycle shows how water enters and leave different stores |  |  |  |
| 7 | The Earth has seasons as the Earth is moving around the Sun and <br> some parts are tilted towards the Sun and other parts are tilted <br> away from the Sun |  |  |  |
| 8 | The law of reflection states that angle of incidence is equal to the |  |  |  |
| 9 | When light enters a denser medium it bends towards the normal; |  |  |  |

## High Flyers - Enrichment Task

Use of appropriate apparatus and techniques for the observation and measurement of ןbiological changes and/or processes.
I Safe use and careful handling of gases, liquids and solids, including careful mixing of | reagents under controlled conditions, using appropriate apparatus to explore chemical Ichanges and/or products.
Use of appropriate apparatus to make and record a range of measurements accurately, ן including length, area, mass, time, volume and temperature.


# Organiser <br> Russia <br> Knowledge <br> Geography Summer 

Have you ever wondered what natural wonders exists across the largest country in the world? Or how humans survived in the most inhospitable climates in the world? What about the 'Russian Bear' and how the power of the Russian state has changed over time?
 tuosoudou suog



Keywords
Plain
Eurasia
$\begin{aligned} & \text { Continental } \\ & \text { climate }\end{aligned}$

A large community of plants and animals, characterised by its soil,
A large area of flat land.
West of the Ural Mountains lies the European land mass and to the east the Asian land mass.

A climate that experiences extreme seasonal change, such as extremely cold winters, and hot summers.
Topography and physical features of Russia



Population Distribution of Russia

Ground that is frozen throughout the year, where the top layer of soil meits in the summer and then freezes in the winter.

The socialist state that controlled
'Russia' from 1918-1991. It split up in 'Russia' from 1918-1991. It split up in 1991 creating 15 separate nation states, which exist today.

When a country takes control of a separate territory, normally taken through military force.
Climate Graph
Lines represent
temperature.
Temperature is
measured in ${ }^{\circ} \mathrm{C}$


The selling of services or goods to another country.
 area. Sparsely populated means there are not many people, with densely populated meaning there are many people.

A person, or groups of people (e.g. a tribe) that moves from place to place
without a permanent home.

Permafrost
Soviet Union/
USSR
Annexing
Export
Population
density
Nomadic
Have you ever wondered where the Middle East is? Why the population there is so diverse? The reasons for why it is a major economic region of the world? Have you been curious about why there is ongoing conflict in the region or why it is an important world region?
The Middle East physical geography



Countries of the Middle East


##  <br> Middle East <br> The <br> Geography Knowledge Organiser Summer (term 6):


Keywords

| Plain | A large area of flat land. |
| :--- | :--- |
| Ethnicity | Belonging to a particular ethnic group <br> (based on race, culture, religion, traditions <br> and customs). |
| Crude oil | Naturally occurring and unrefined <br> petroleum that can be refined into diesel, <br> petrol, gas and other petrochemicals. |
| Diversifying | The creation of a much wider variety of <br> new business and job opportunities in a <br> region. |


| Forced migration | $\begin{array}{l}\text { Movement of people away from their homes } \\ \text { due to political conflict, natural disaster or } \\ \end{array}$ |
| :--- | :--- | environmental hazards.


| Mediterranean | Region that experiences mild winters and |
| :--- | :--- |


| Peninsula | As area of land almost surrounded by water |
| :--- | :--- |

Water stressed $\quad$ When the demand for water exceeds the when poor quality restricts its use.
Infrastructure $\quad$ The basic systems and services are necessary for a country or organization to run smoothly e.g. buildings, transport and water and power supplies.

Notes

# Year 8 <br> Geography <br> <br> Knowledge Questions 

 <br> <br> Knowledge Questions}

## Below are a series of questions.

Use these to apply your knowledge and practice.
Describe and explain how the population distributed in Russia.
What physical barriers are there to population distribution?
How does money affect where people live?
How has population distribution altered due to changes in the borders?

Explain why the Middle East is an important economic region.
How have the region's natural resources driven the economy?
What countries have a plentiful supply of resources?
How have poorer countries been affected by a lack of natural resources?

Outline recent developments in the conflicts in the Middle East.
What historical factors have caused conflict?
What are current reasons for the ongoing conflicts?
How are other countries involved in the disputes?

## Knowledge Checklist

PROGRESS

|  | KNOWLEDGE CHECKLIST | R | A | G |
| :---: | :---: | :---: | :---: | :---: |
| 1 | I can describe Russia's key physical and human features |  |  |  |
| 2 | I can describe and explain Russia's climate |  |  |  |
| 3 | I can outline Russia's changing borders |  |  |  |
| 4 | To identify Russia's resources |  |  |  |
| 5 | I can say what life is like in rural Russia |  |  |  |
| 6 | To understand what countries are in the Middle East |  |  |  |
| 7 | I can explain why the Middle East is an important economic region. |  |  |  |
| 8 | I can explain how the U.A.E. has developed. |  |  |  |
| 9 | I can explain why there is ongoing conflict in the Middle East |  |  |  |
| 10 | To understand why the Middle East is an important world region |  |  |  |

## High Flyers - Enrichment Task

I
${ }^{\text {I }}$ To research current news outlets to keep up do date with current afIfairs in both regions. Write your own newspaper article.
https://www.bbc.co.uk/news/topics/ce1qrvlegnyt/russia



## Year 8 <br> History <br> Knowledge Questions

## Below are a series of questions.

## Use these to apply your knowledge and practice.

| Check you remember |
| :--- |
| What do the following terms mean? Use it in a sentence related to the rele- <br> vant topic. Commonwealth, illegitimate, aristocracy, House of Commons, <br> House of Lords |
| Put these events into Chronological order. Can you add the dates they hap- <br> pened? Act of Union passed, Great Fire of London, England declared a Com- <br> monwealth, Battle of Culloden, The Glorious Revolution |
| Say why these people are significant in the topics that have been studied. <br> Charles II, James II, Bonnie Prince Charlie, Robert Walpole |

## Apply your knowledge

Explain what was important about The Glorious Revolution.
Write an account about the Jacobite uprising led by Bonnie Prince Charlie.
In what ways did poverty, violence and crime impact Britain during
Georgian Britain.

## Stretch your thinking

The 17th century through to the end of the 19th century was a period of great change for Britain. Which of these key events had the greatest impact?

- Declaration of England as a Commonwealth
- Charles II is crowned King, beginning the Restoration
- Robert Walpole becomes the first Prime Minister and the start of Parliamentary government


## Knowledge Checklist

## KNOWLEDGE

PROGRESS

|  | KNOWLEDGE CHECKLIST | R | A | G |
| :---: | :---: | :---: | :---: | :---: |
| 1 | Cromwell's Commonwealth, including actions towards Ireland and Scotland, being Lord Protector and Cromwell's death. |  |  |  |
| 2 | The Restoration of the Stuart Monarchy (Charles II 1660-1685). |  |  |  |
| 3 | Restoration England, including the scientific revolution and the Great Plague. |  |  |  |
| 4 | The Great Fire of London. |  |  |  |
| 5 | The Glorious Revolution, including the reign of James II (16851688). |  |  |  |
| 6 | Creation of Great Britain, including the Hanoverian succession. |  |  |  |
| 7 | Parliamentary Government, including the first Prime Minister. |  |  |  |
| 8 | Jacobite Uprisings, including Bonnie Prince Charlie and the Battle of Culloden. |  |  |  |
| 9 | Georgian Aristocracy, including leisure and entertainment and Samuel Johnson. |  |  |  |
| 10 | Poverty, Violence and Crime in Georgian Britain, including the satirical cartoons of William Hogarth. |  |  |  |
| $\begin{aligned} & \text { Hig } \\ & \text { ICon } \\ & \text { Ihis } \\ & \text { Ihttp } \\ & \text { Inttp } \\ & \text { In } \end{aligned}$ | gh Flyers - Enrichment Task <br> nduct an investigation into what happened to Oliver Cromwells death in 1658. Here are a few websites that will be useful to ps://historycollection.com/strange-story-oliver-cromwells-he ps://historyinnumbers.com/people/oliver-cromwell/cromwel |  |  |  |



## Term 3

Music
Internet

Present tense of faire/aller


Film



Notes

Notes



| Future tense time expressions |  |
| :--- | :--- |
| morgen | tomorrow |
| nächste Woche | next week |
| nächstes Jahr | next year |
| in zwei Wochen | in two weeks |
| am Wochenende | at the weekend |

Notes

## Year 8 <br> German <br> Knowledge Questions

## Below are a series of questions.

## Use these to apply your knowledge and practice.

| Write down 3 sentences using the verb to be, 2 sentences using the verb to have and |
| :---: |
| 1 question in German. |
| Write these in German-ensure you sue the correct verb endings. |
| He is learning German. |
| She lives in Hamburg. |
| He is talking with friends. |
| She is playing in the lesson |


| + |
| :---: |
| Write these in German |
| I have a question. |
| She has a problem. |
| He has a reason. |
| I have the rucksack. |
| Write these in German |
| Do you have a book? |
| Do you have a problem? |
| Do you have a question? |
| Make 4 questions in German using these words: |
| was / wer / wie / wo |
| Der Gast / das Ding / der Mann / Die Flasche |

## Knowledge Checklist

|  | KNOWLEDGE CHECKLIST | R | A | G |
| :---: | :---: | :---: | :---: | :---: |
| 1 | I have leamt the verbs, nouns and adjectives for week 5. |  |  |  |
| 2 | I know how the German word for the changes after a verb. |  |  |  |
| 3 | I can understand and use the verb haben (to have). |  |  |  |
| 4 | I know how the German word for a changes after a verb. |  |  |  |
| 5 | I have leamt the verbs, nouns and adjectives for week 6. |  |  |  |
| 6 | I know how to ask questions using the verb to have. |  |  |  |
| 7 | I have learnt the verbs, nouns and adjectives for week 7. |  |  |  |
| 8 | I know how to ask questions using question words. |  |  |  |
| 9 | I have learnt the verbs, nouns and adjectives for T1.2 Week 1. |  |  |  |
| 10 | I know the endings for regular verbs in the 1st, 2nd and 3rd person |  |  |  |
| 11 | I have learnt the verbs, nouns and adjectives for T1.2 Week 2. |  |  |  |




| Types of Joint <br> Synovial Joint - a freely <br> movable joint in which the <br> bones' surfaces are covered by <br> cartilage and contains synovial <br> fluid <br> Hinge joint - Elbow, knee <br> Ball and Socket joint - <br> Shoulder, hips |
| :--- |


| Functions of the Skeleton |
| :--- |
| - shape and support - posture |
| - Movement - muscle attachment \& joint |
| movement |
| - Protection of vital organs |
| - Production - platelets, red and white blood cells |
| - storage - of minerals (calcium, phosphorus, iron, |
| potassium) |

s.

# Year 8 <br> Physical Dducation <br> <br> Knowledge Questions 

 <br> <br> Knowledge Questions}

## Label the missing bones



Label the missing muscles


## Apply it

Name the lower body muscles used in a sprint race
What type of movement occurs at the knee during a sprint race
WWich muscles are important during a javelin throw

|  | KNOWLEDGE CHECKLIST | R | A | G |
| :--- | :--- | :--- | :--- | :--- |
| 1 | Five functions of the skeletal system: <br> Shape \& Support <br> Protection <br> Movement <br> Blood production <br> Mineral storage |  |  |  |
| 2 | Location of the major bones in the body: Cranium, scapular, clavicle, sternum, <br> ribs, humerus, radius, ulna, metacarpals, carpals, phalanges, pelvis, femur, tibia, <br> fibula, tarsals, metatarsals, phalanges. |  |  |  |
| 3 | Joints in the body: <br> Synovial joint <br> Hinge <br> Ball and socket |  |  |  |
| 4 | Location of the major muscles in the body: Bicep, triceps, deltoid, pectorals, <br> trapezius, latissimus dorsi, gluteal, hamstring, quadriceps, gastrocnemius. |  |  |  |
| 5 | Joint movement: Flexion, extension, abduction, adduction, rotation \& Circum- <br> duction |  |  |  |

## High Flyers - Enrichment Task

IName 3 functions of the skeletal system for a cricket player.



## Properties and Definitions of Wood and Manufactured Wood

## Properties of Wood

hardwood
softwood
tight-grained
loose-grained
dense
straight-grained
knotty
weather resistant
stiff
easy to work
lightweight
attractive grain

## Definition

Timber from a deciduous tree.
Timber from an evergreen or coniferous tree.
Timber with a high ring count, slower growing and denser.
Timber with a low ring count- faster growing.
Can be deformed without losing toughness.
Timber which has grown straight, has a uniform grain.
Irregularity in wood grain, where a branch or offshoot existed.
A tight-grained timber has good water and heat resistance.

A timber that does not bend easily.
A timber that is either low or medium density. Easy to cut and shape.
A timber that is light in weight.
When polished or varnished, a timber's grain is eye-catching.

## Hardwood Trees

 Oak Beech Balsa Mahogany
## Softwood Trees

Pine Cedar Red Deal Scots Pine

Manufactured Wood Sheet Material Plywood MDF
Chipboard

## Sustainable Life Cycle

Sustainable wood comes from sustainably managed forests. The forest landscape is managed to prevent damage to eco-systems, to wildlife and to the trees themselves. As mature trees are felled they are replaced with seedlings. Trees are a renewable resource, when managed sustainably they also can be used to address important human needs without ever exhausting the supply.


## YEAR 8 TECH

 PROJECt

## Knowledge Questions

## Below are a series of questions.

## Use these to apply your knowledge and practice.

| $=$ |
| :---: |
| Name a softwood, hardwood and a manufactured wood. |
| Name two properties of each wood type. |
| Complete this sentence -Cut the waste, |

## $+$

Put these tools in order of use glass paper, Tenon saw, file.
Explain three things we are learning about while making a test piece.
Explain how making a test piece prepares us for making the bird box.

Explain what is a sustainable resource.
Explain three benefits of using Pine-a softwood.
Explain three benefits of using Plywood-a manufactured wood.

|  | KNOWLEDGE CHECKLIST | R | A | G |
| :---: | :---: | :---: | :---: | :---: |
| 1 | To understand safe working in Design Technology |  |  |  |
| 2 | To know and understand material properties |  |  |  |
| 3 | To design, annotate and communicate ideas |  |  |  |
| 4 | To know and understand tools and equipment |  |  |  |
| 5 | To review and evaluate the design process and the final product |  |  |  |

[^1]

## Learners must be able to:

- Learn about getting heat into food
- Learn about 5 - a day vegetables
- Learn \& understand about seasonal produce and the advantages of grow your own
- Successfully cook the given recipes.



## Brownies

Burgers


## Chicken oNuggets

## Spaghetti

## Bolognese



## feasonal Produce ftealth 8111

Key Words

1. Research
2. Function
3. Recipe
4. Menu
5. Nutrition
6. Eatwelll Plate
7. Accurate
8. Hygiene
9. Measurements
10. Safety $=$
11. Bacteria
12. Logo
13. Diet
14. Sensory
15. Texture
16. Healthy
17. Combine
18. Evaluation
19. Ingredients
20. Cross contamination
21. 5-A-Day

## Year 8 <br> Food Tech <br> Knowledge Questions

## Below are a series of questions.

Use these to apply your knowledge and practice.

| = |
| :---: |
| What is an oven? |
| Why do we need to be hygienic in the kitchen? |
| What is a balanced diet? |


| + |
| :---: |
| Name 3 functions of eggs |
| What are the most important safety rules in the kitchen? |


| * |
| :---: |
| What are the different methods of heat transfer? |
| What does Seasonal mean? |
| What impact does a diet high in sugar have? |

## Knowledge Checklist

|  | KNOWLEDGE CHECKLIST | R | A | G |
| :---: | :---: | :---: | :---: | :---: |
| 1 | Use equipment safely and independently to cook a range of dishes |  |  |  |
| 2 | Understand the function of the 5 food groups |  |  |  |
| 3 | Understand why we need vitamins, minerals and water |  |  |  |
| 4 | Understand food miles and the benefits /constraints of eating local |  |  |  |
| 5 | Understand what 'seasonal' means |  |  |  |

[^2]Year 9 art HERE WE COME!



Notes

## Knowledge Questions

## Below are a series of questions.

## Use these to apply your knowledge and practice.

| What is the grid method in Art? |
| :---: |
| What are the 3 tones in a tonal drawing? |
| What is Papier Mache? |


| How do you make a tonal drawing look 3D? |
| :---: |
| Why do African tribes use masks and why are the masks different for each |
| tribe? |
| What is Surrealism and who is the Artist you have studied in Surrealism |
| topic? |


| $*$ |
| :---: |
| Explain the difference between shadow and highlights in art? |
| Explain why pop artists explore popular culture. |
| Explain how you create a tint and a shade with watercolour? |

## Knowledge Checklist

KNOWLEDGE
PROGRESS

|  | KNOWLEDGE CHECKLIST | R | A | G |
| :---: | :---: | :---: | :---: | :---: |
| 1 | Tonal shading skills |  |  |  |
| 2 | African Pattern fabric history |  |  |  |
| 3 | Artist study_Yinka Shonibare |  |  |  |
| 4 | Poly printing skills |  |  |  |
| 5 | Water colour techniques and skills |  |  |  |
| 6 | Key elements of Cubism |  |  |  |
| 7 | Collage, oil pastel, watercolour and tonal skills |  |  |  |
| 8 | Key elements of Pop Art |  |  |  |
| 9 | Monoprint skills and watercolour skills |  |  |  |
| 10 |  |  |  |  |

High Flyers - Enrichment Task

1. Multicolour Poly Print

- $\quad$ Surrealism painting
I. Pop art Portrait




## Knowledge Checklist

## KNOWLEDGE

PROGRESS

|  | KNOWLEDGE CHECKLIST | R | A | G |
| :---: | :--- | :--- | :--- | :--- |
| 1 | Explain what a computer is |  |  |  |
| 2 | Explain the history of Computers |  |  |  |
| 3 | Explain Moore's Law |  |  |  |
| 4 | Know all stages of the Computer development timeline |  |  |  |
| 5 | Explain the functions of the CPU |  |  |  |
| 6 | Differentiate between Input, Output Devices and storage devices <br> And apply their use to different scenarios |  |  |  |
| 7 | Name at least five pieces of software |  |  |  |
| 8 | Know how to do efficient Internet searches |  |  |  |

## High Flyers - Enrichment Task

Complete all extension tasks each lesson
Create your own revision quiz with at least 10 questions and answers from each topic
${ }^{1}$ Attend Year 8 ICT Club (Computer assembly/disassembly, Games programIming and sound editing)
${ }_{\text {I }}$ Complete at least 10 tasks on SamLearning per week
IBecome a Learning buddy to another student
IEnter an ICT Competition (Inhouse or external), as available

Notes




Notes

## Knowledge Questions

## Below are a series of questions.

## Use these to apply your knowledge and practice.

| Give two examples of Leitmotifs. |
| :---: |
| For each, describe the Leitmotif and explain why each one that you've |
| chosen |
| effectively identifies the character they are written for. |
| Why might a multi-disciplinary performance entice a more diverse |
| audience? |


| How can a composer use Leitmotif to identify character? |
| :---: |
| How are singing, dancing and acting used simultaneously in a musical to |
| communicate a story? |
| $=$ |
| What is a composer? |
| What are the three disciplines that feature in a musical? |

## Knowledge Checklist

PROGRESS

|  | KNOWLEDGE CHECKLIST | R | A | G |
| :---: | :---: | :---: | :---: | :---: |
| 1 | What is Musical Theatre? Where in the world is Musical Theatre |  |  |  |
| 2 | What is West End and what is Broadway? |  |  |  |
| 3 | What does a musical have to Tell? Through which disciplines is this |  |  |  |
| 4 | Who are some of the most notable Composers \& Lyricists of <br> Musical Theatre? |  |  |  |
| 5 | What is the Golden Age of Musical Theatre? What were some of <br> the most Famous Shows Then and what are some of the most |  |  |  |
| 6 | What is Theatre of the Absurd? When did it emerge? Where did it |  |  |  |
| 7 | Who is Samuel Beckett? |  |  |  |
| 8 | What are Existential Questions? | What is Minimalism? |  |  |
| 9 | 10 | What does Samuel Beckett want his Audience to Think or Do? |  |  |

「 High Flyers - Enrichment Task
I
I 1. Research the work of Rogers \& Hammerstein, Andrew Lloyd Webber, Stephen Schwartz, and Stephen \|
${ }^{I}$ Sondheim. What did they create?
I
2. If you really want to push your learning, research a composer and/or a lyricist NOT listed above. You | will have to do some digging on the internet to find other musicals that we have not studied in class I and then look at who created them!
I. You're studying Animal Farm in English - try to design a minimalistic set for a scene or a chapter of your choice.



## Knowledge Questions

## Below are a series of questions.

## Use these to apply your knowledge and practice.

| * |
| :---: |
| Describe the purpose of each of these parts of the ukulele: |
| Tuning Peg Strings Bridge Frets |
| What chords are used in 'Three Little Birds' and how are they played? |
| How is the main riff used in 'Three Little Birds'? |


| + |  |
| :---: | :---: |
| Label these parts on the ukulele: |  |
| Sound Hole Bridge | Frets |

Fill in the blank notes to complete the chords below.
A _ E
D F\#
_

Can you give an example of a riff in a song?

$$
=
$$

Circle the option that is NOT part of the ukulele:

> Bridge Frets Keys Strings

What is a 'Chord'?
What is a 'Riff'?

## Knowledge Checklist

KNOWLEDGE
PROGRESS

|  | KNOWLEDGE CHECKLIST | R | A | G |
| :---: | :---: | :---: | :---: | :---: |
| 1 | Where did the Ukulele come from? |  |  |  |
| 2 | What are the main parts of the ukulele? |  |  |  |
| 3 | Can you play 4 chords on the ukulele? |  |  |  |
| 4 | Can you use different strumming patterns? |  |  |  |
| 5 | Where and when does Reggae come from? |  |  |  |
| 6 | What instruments are typically used in Reggae music? |  |  |  |
| 7 | How are chords played in Reggae music? |  |  |  |
| 8 | Can you play the main riff of 'Three Little Birds'? |  |  |  |
| 9 | Can you play the chords of 'Three Little Birds'? |  |  |  |
| 10 | Can you play the melody of 'Three Little Birds'? |  |  |  |

|High Flyers - Enrichment Task

1. Using the 4 chords you have learned on ukulele, see if you can create your own strumming pattern whilst transitioning between the chords smoothly.
2. Listen to a piece of Reggae music and spot how the different musical features (MAD I T-SHIRT) are being used in the song.
3. When playing 'Three Little Birds' on Keyboards, see if you can play the chords and melody at the same time!

British Identity \& Is religion dangerous?
Things you need to be able to do:
To evaluate whether or not religion is the
cause of extremism.
Outline the elements of a positive intimate
relationship.
To identify the types \& signs of an abusive
relationship.
Key Questions
What does it mean to be "British"?
What factors or feelings might lead people
to get involved in terrorism or violent
extremism?
What are the factors we might consider
that make media more or less reliable?
Do you have to like everyone you have a
relationship with?
Tier 2 Vocab
Infer- a conclusion reached on the basis
of evidence and reasoning.
Terrorism - The use of violence or threats
to intimidate or coerce.
Tier 3 Vocabulary
Distil - Most important aspects
of something


# Year 8 <br> Personal Development <br> <br> Knowledge Questions 

 <br> <br> Knowledge Questions}

Below are a series of questions.
Use these to apply your knowledge and practice.

| ( |
| :---: |
| 1. Name the 5 Pillars |
| 2. Name two things in a Mosque |
| 3. Name two things that people can infer |
| 4. Give two ways a person can be radicalised |
| 5. Name two things that are needed when working in a team |
| 6. Give two examples of resilience |


| (. Explain two things that happened to Muhammad |
| :---: | :---: |
| 2. Explain two Islamic festivals |
| 3. Explain two signs of an abusive relationship |
| 4. Explain two factors that might make media reliable |
| 5. Explain two ways on how to solve problems |
| 6. Explain two ways of how apps can be helpful |


| * |
| :---: |
| 1. Discuss the benefits of being a Muslim in Britain |
| 2. Explain why the 5 Pillars are still important to Muslims today |
| 3. Explain how religion is not always the cause of terrorism |
| 4. Discuss the qualities of what makes a healthy relationship |
| 5. Discuss the qualities of what makes a good app |
| 6. Explain how working as a team can be important on a project |

## Knowledge Checklist

PROGRESS

|  | KNOWLEDGE CHECKLIST | R | A | G |
| :---: | :---: | :---: | :---: | :---: |
| 1 | Islamic Beliefs including Muhammad, and the Holy Texts |  |  |  |
| 2 | Islamic Practices including the Mosque, 5 Pillars, and Festivals |  |  |  |
| 3 | Discussion points in Islam including Women, Islamophobia, and Islam in the 21st Century |  |  |  |
| 4 | What does it mean to be British? |  |  |  |
| 5 | How people develop extremist views |  |  |  |
| 6 | How language used in the media affects our emotions and view points |  |  |  |
| 7 | How to develop a mobile apps (Project) |  |  |  |
| 8 | Qualities of a healthy intimate relationship |  |  |  |
| 9 | How do you know when your ready for sex |  |  |  |
| 10 | What makes good, safe, healthy sex |  |  |  |

High Flyers - Enrichment Task

ICreate a table comparing the differences in beliefs and practices from JudaI. ism, Christianity and Islam.
Write a paragraph explaining which religion you have found most interesting I and why?
I
,How are the key texts in the Abrahamic religions similar but different? Give lexamples where you can

\section*{Look, Cover, Write, Check, Correct <br> Common at primary schools <br> First <br> Look, then cover this colum <br> Next <br> try to answer/give definition/spell <br> Now <br> Chock to see if you were right <br> Finally <br> Correct those you got wrong <br> | Look | Write | Check | Correct |
| :--- | :--- | :--- | :--- |
| Noun | Person place or thing |  |  |
| Belief | Something you believe |  | Accept true without proof |
| Algorithm | Alrithum |  | Algorithm |}

## 2. Questions / Answers, Answers / Questions

## Questions/Answers, Answers/Questions

Question; In what year was George V's coronation?
Answer; 1910
Ask a parent, carer, study partner to write you questions (or answers) and you write the answer (or possible question that would correspond to that answer).

You can also write your own questions, but if you do this leave it at least a day until you answer them to see what you can remember after a while.

## Always check and correct!



## Mind Maps

Mind Mapping is a process that involves a distinct combination of imagery, colour and visual-spatial arrangement. The technique maps out your thoughts using keywords that trigger associations in the brain to spark further ideas.

Once you have made your map, cover it and test yourself on different strands, eg. How much of the blue strand can you recall.

## 4. Clock Learning

## Clock Learning

For this technique you draw a basic clock.
You can then take a subject or topic and break it down into 12 sub-categories.
Make notes in each chunk of the clock. Revise each slot for 5 minutes, turn the clock over and then try to write out as much information as you can from one of the segments. Eg, all the information in the $2-3 \mathrm{pm}$ segment.


## Further Optional Home Learning

From time to time pupils may wish to consolidate and strengthen their understanding independently, and we recommend pupils utilising the following e-learning resources:

gcsepod education on demand


The Learning Program

B|BlC Bitesize


SAM Learning is another award-winning online study service independently proven to raise attainment. Pupils can use the site to revise and test themselves using practice exam papers and test questions across more than 20 subjects, in a variety of different formats that are fun, engaging and challenging.

We have been using this successfully for the last two years to prepare pupils for their Language GCSEs. Through Active Learn, pupils have full access to the textbooks which they use in class, including audio files to allow them to practice their listening skills. There is also a tasks section for specific homework set by teachers. This will consist of interactive, self-marking reading, listening and vocab learning tasks so pupils can get instant feedback on their work.

The Languages Department have been using Quizlet to help pupils build their vocabulary in the languages which they study. Every student should be signed up to their own class on Quizlet which contains lists of words that they need to know. Each list can be explored in a multitude of ways including study mode, tests and games. Pupils especially enjoy competing on the match game to see who can be the fastest in the class! This is used by all pupils.

KLA Journey Yr7-11


## Personal Development

"All students will have taken opportunities beyond the classroom to develop their talents and interests and have enriched their overall experience of school"

## Year 8 Opportunities:

- UEA trip (NEACO / Outreach programme)
- Student Commission applications and interviews
- National Careers Week
- Visit to professional football academies
- Youth Speaks - local public speaking competition
- Trips to places of work and business
- Rotary Tournament
- Gallery visits
- German Christmas Markets
- Community Christmas Meal
- Macmillan Fund Raising
- Globe Tour - Cross-curricular visit to The Globe in London
- Visiting theatre groups
- Science Live - Cambridge
- Careers theatre productions (visiting and external)
- National Civil War Centre
- Art Club
- Musical Theatre Film Club
- Photography Club
- YouTube Club
- Weekly dance workshop - The Workshop King's Lynn
- Theatre performance trip
- Anglian Waterparks
- $\quad$ Sports tours (football and netball)
- Creative writing competitions held regularly, promoted by the library


## Next Steps

Please ask a member of staff to sign here to say that you have attended

| I have attended a <br> lunchtime club at least <br> 5 times |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| I have stayed after <br> school for a club at <br> least five times |  |  |  |  |  |
| I have represented the <br> school or supported a <br> school event |  |  |  |  |  |

## KLA Safeguarding Team

Are you concerned about yourself or someone else? Report your concerns to the Safeguarding Team


Kla.safeguarding@kla.eastern-mat.co.uk

| Name |  | Year Group | Tutor |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |
| TERM 3 2022 |  |  |  |  |
| Attendance | Behaviour Points | Reward Points | Exclusions |  |
|  |  |  |  |  |
| English | Performing Arts | Maths | Science |  |
| PE |  |  | Art |  |
| Geography | History | MFL |  |  |
|  |  |  | ICT |  |
|  |  | RE |  |  |


| $\quad$ Learning Targets |  | RAG |
| :--- | :--- | :--- |
|  |  |  |
| Orator | How clearly can I articulate my learning? Can I communicate what I have <br> learnt and why? |  |
| Questioner | Do I reflect enough on my own understanding and use this to ask <br> appropriate questions? |  |
| Discusser | How well do I participate in, lead or take other active roles in group or <br> class discussion? |  |
| Memoriser | How well can I recall and share my existing prior learning? How well do I <br> do in quizzes and tests? |  |
| Linker | Can I identify the link between prior knowledge to support my future <br> learning? Can I see the bigger picture and understand the joumey? |  |
| Responder | How quickly and effectively do I take on feedback and use it to improve <br> my work or overtum a misconception? |  |


| Character Targets |  | RAG |
| :--- | :--- | :--- |
|  |  |  |
| Pride and <br> School <br> Identity | What have I done to enhance life at KLA? What have I done to promote <br> KLA to the wider community? | $\mathrm{n} / \mathrm{a}$ |
| Positive <br> Traits | Which of the 6 rewards am I going to focus on? How will I aim to <br> achieve stickers / post card / blazer bade nomination? |  |
| Hidden <br> Curriculum | What clubs and out of hours activities have I taken part in? | $\mathrm{n} / \mathrm{a}$ |
| Intemational <br> Opportunitie <br> s | What have I done to involve myself in going abroad with KLA on either a <br> residential trip or a charity expedition? | $\mathrm{n} / \mathrm{a}$ |
| Community | What have I done to support my community? Have I been proactive in <br> raising funds or volunteering my time for the benefit of others? |  |


| Learning Target I will focus on (circle or <br> highlight) | Orator Questioner Discusser Memoriser <br> Linker Responder |
| :--- | :---: |
| What will I do to improve? |  |
| What evidence will I bring to the next meeting? |  |


| Character Target I will focus on (circle or <br> highlight) | PridePositive TraitsExtra-Curricular <br> International <br> Community <br> What will I do to improve? <br> What evidence will I bring to the next meeting? |
| :--- | :--- |

Parent Comment:

| Contact made with parent | Phone call <br> Email <br> Face to face | Date |
| :--- | :---: | :---: |

PDP sent to parent via em ail

## Wellbeing Services (Kooth) How to sign up to kepth

Kooth is a FREE, anonymous, confidential, safe, online Wellbeing service, offering counselling, information, and forums for children and young people.

Access 365 days a year to counsellors who are available from:
i2 noon-10pm Monday-Friday, and 6per-10pm sohurday and Sunday
Log on through mobile, laptop and tablet.

## www.kooth.com



Click on the Join Kooth button located in the centre of the home page of the Kooth website

Choose from the drop down box the location you are in
The place I live k
$\square$
Croose
$\nabla$

Choose from the drop down box the ethnicity that best fits you

My othrioty lc.


Create an anonymous username (not your real name) and secure password
Add the month and year you were born

I was born in.


I would lise thian uterners


My paraword vill bo

Choose from the drop down box to explain where you found out about Kooth

Where did you learn about Kooth?

```
Chooge
```

Click on the Create Account button
to complete your registration

Now that you are in you can click on the icons at the top of the page to choose from the articles, topic page, forums, or choose to talk to a counsellor by clicking the speech marks next to the turquoise circle.

To talk to a counsellor click the turquoise "Chat now button"
To write a message to the team, click on the mustard "message the team".

## Self - Help Apps

## Mind Shift



The Mind Shift app helps you learn how to relax, to develop more helpful ways of thinking, and identify active steps that will help you take charge of your anxiety. This app includes strategies to deal with everyday anxiety, as well as specific tools to tackle:
Test Anxiety, Perfectionism, Social Anxiety, Performance Anxiety, Worry, Panic and Conflict

## Headspace



Headspace teaches you the basics of meditation and mindfulness. As well as guided meditation courses and guides exercises. As well as animations, articles and videos, all in the distinct Headspace style.

You can try Headspace for yourself and learn the essentials of meditation and mindfulness with their free Basics course

## For Me



For Me is an app/website designed by ChildLine to support young people up to the age of 19. The app covers many issues, including self-harm, anxiety, bullying and body image.

## Calmharm



CALM HARM

Calmharm provides tasks that help you resist or manage the urge to selfharm.
Learn to ride the wave with the free Calm Harm app using these activities:
Comfort, Distract, Express Yourself, Release, Random and Breathe.
Distract: helps to combat the urge by learning self control
Comfort: helps to care rather than harm
Express Yourself: helps get feelings out in a different way

## MyLife

MyLife Meditation: Mindfulness (formally known as Stop, Breathe \& Think)
It is an award-winning meditation and mindfulness app that offers daily wellness checkins and suggests activities personalized on how you feel. Learn to maintain perspective through your mental and physical wellness journey. Develop simple habits so you can get to a better place in just a few minutes a day.

Notes

Notes


[^0]:    > How does the unit develop this?

[^1]:    High Flyers - Enrichment Task
    I
    I Show your understanding of the first 5 keywords in your knowledge organiser I by writing an explanation of their meaning.
    IShow your understanding of the next 6 keywords in your knowledge organisıer by writing an explanation of their meaning.
    I - - - - - - - - - - - - - - - - - - - - - - - - - - - - - - I

[^2]:    High Flyers - Enrichment Task
    I
    Look at the diets of Vegans and vegetarians. What problems might they have I with nutrition? This links back to the students understanding of the Eatwell
    IPlate

