news from

King's Lynn Academy

Friday 9th October 2026

Dates for your diary:

Monday 12th October – Nasal flu vaccines

Thursday 22nd October – Last day of half term

Monday 2nd November – school reopens after half term

Communication Chart:

	Who should I contact?	When will I get a response	What should I do if I don't hear back?
My child will be absent from the academy	**studentabsence@kla.eastern-mat.co.uk** **01553602874**	The absence will be added to Arbor, no response is needed	
My child has an upcoming appointment	Head of Year **Firstname.surname@kla.eastern-mat.co.uk**	The appointment will be added to Arbor, no response is needed	
There is an issue that I would like to discuss	Head of Year KLA reception – **01553 774671**	Within 48 hours	Contact the Pastoral Manager **Debbie.germaney@kla.eastern-mat.co.uk** and KLA reception
I need to speak to the school urgently (same day)	KLA reception – stating that a response if required on the same day. This request will be passed on to the most relevant team member 01553 774671	Within 24 hours	KLA reception **Kla.safeguarding@kla.eastern-mat.co.uk**

Please be aware that we are not able to see you if you arrive at the academy without an appointment

Requesting time off in term time:

In the exceptional circumstance you need to request time off in term time, please complete an application for pupil leave of absence from school during term time, as soon as possible and return it to the attendance department or email it to **studentabsence@kla.eastern-mat.co.uk** The form can be downloaded from our school website or collected from the school reception. Requests can only be actioned if submitted on this form, you will be notified via email of the decision. Please note requests will only be authorised in exceptional circumstances.

We are recruiting:

We have some fantastic opportunities to become a member of our esteemed team here at KLA. Please follow the link below to see our latest vacancies.

Eastern Academy Trust - Vacancies ad Careers (eastern-mat.co.uk)

Student expectations:

Uniform:

Thank you for your continued support in helping us maintain high standards of uniform at KLA. The improvements have been noticed by staff, governors and members of the wider community, and we are extremely proud of how smartly our students are presenting themselves.

We would like to remind families of our expectations regarding jewellery and nails. Students may wear one pair of plain stud earrings and a watch (not a smart watch). Bracelets, facial piercings and any other jewellery are not permitted. In addition, students should not wear nail varnish, gel nails or acrylic nails in school.

Our staff work hard to reinforce these expectations and support students in meeting them. During the week beginning **19 October**, there will be a renewed focus on jewellery and nails, and uniform checks will take place throughout the school day. We kindly ask parents and carers not to arrange for students to have gel or acrylic nails applied during the holiday period unless they can be removed before returning to school.

The vast majority of our students consistently meet these expectations and look fantastic. Thank you for your ongoing support in ensuring that our students continue to represent KLA with pride.

Canteen:

From Monday **12th October**, food will be available to purchase in the canteen before school, during Break 2, and at lunchtime. Please note that food will no longer be available at first break.

If your child is likely to need a snack before 11:30am, please ensure they bring one from home or encourage them to purchase something from the canteen before the start of the school day.





King's Lynn Free Youth Group

Seniors

The **Benjamin** Foundation

At The Benjamin Foundation's King's Lynn youth group, you will be able to play games and sports, be creative, and have fun!

Consistent staff will be available to listen and support you to enjoy this group and hear your ideas for future sessions.

Healthy snacks, squash, and water will be available free of charge.

Due to allergies, food and drink cannot be brought into the sessions.

Opening on Friday 11th September. Weekly sessions in term time.

6.15pm to 8pm

Years 7 and over (ages 12-17)

Discovery Centre, Columbia Way, King's Lynn PE30 2LA

KLYP@ Benjaminfoundation.co.uk

Scan to register!

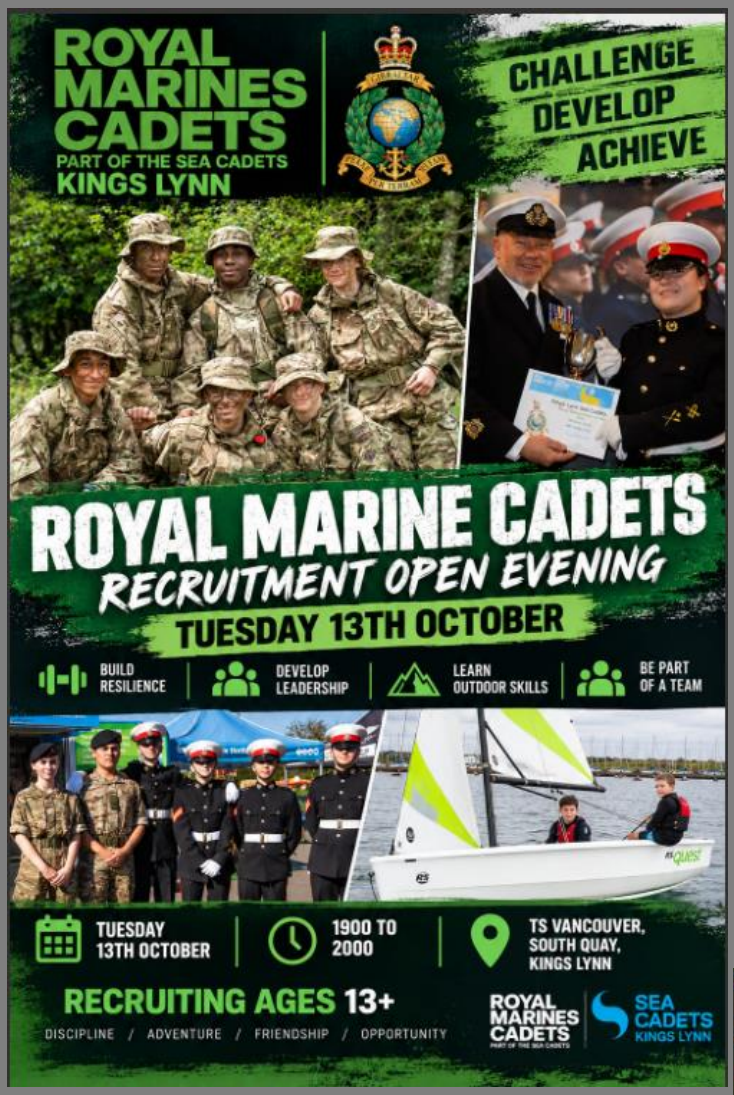
CAF Charities Aid Foundation

Supported by Charities Aid Foundation through the CAF Rural Youth Work Fund

Freebridge COMMUNITY HOUSING

Placeshaping Team WORKING TO SHAPE OUR COMMUNITY

Registered Charity Number: 1124936 *Company Number: 03825425*


ROYAL MARINES CADETS
PART OF THE SEA CADETS
KINGS LYNN
CHALLENGE
DEVELOP
ACHIEVE
ROYAL MARINE CADETS
RECRUITMENT OPEN EVENING
TUESDAY 13TH OCTOBER
BUILD RESILIENCE
DEVELOP LEADERSHIP
LEARN OUTDOOR SKILLS
BE PART OF A TEAM
TUESDAY 13TH OCTOBER
1900 TO 2000
TS VANCOUVER, SOUTH QUAY, KINGS LYNN
RECRUITING AGES 13+
DISCIPLINE / ADVENTURE / FRIENDSHIP / OPPORTUNITY
ROYAL MARINES CADETS
SEA CADETS KINGS LYNN


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TUESDAY 13TH OCTOBER
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1900 TO 2000
TS VANCOUVER, SOUTH QUAY, KINGS LYNN
SEA CADETS
RECRUITING AGES 12+
Learn new skills
Make new friends
Gain confidence
Try new adventures
ROYAL MARINE CADETS
RECRUITING AGES 13+
Build resilience
Develop leadership
Learn outdoor skills
Be part of a team
JOIN US
SEA CADETS & ROYAL MARINE CADETS KINGS LYNN
DISCIPLINE / ADVENTURE / FRIENDSHIP / OPPORTUNITY

Online Safety:

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips, please visit nationalcollege.com.

Top Tips for Educators

PUPIL WELLBEING CONVERSATIONS

It can feel difficult to know how to start a conversation with a pupil about their wellbeing, either because you do not feel equipped with the information you think you need, or because you do not feel confident opening it up. You do not need to be a specialist. This guide covers how to start, what to say about confidentiality, and what to do with what you hear.

1 NURTURE WARM, TRUSTING, & KIND RELATIONSHIPS

When pupils have a consistent, emotionally available adult who shows they care and who holds them in mind, they thrive. They are also far more willing to open up and seek support. Positive, trusting relationships are an important part of supporting pupil wellbeing and complement more formal wellbeing programmes or sessions.

2 KEEP CALM, EVEN IF YOU'RE WORRIED

When a pupil discloses, stay calm while showing that you take it seriously. Panic can raise their anxiety and teach them that telling an adult makes things worse. Your steadiness can help them to keep calm and give them enough space to say the rest. Calm does not mean unmoved, and it is fine to tell them that what they have said is important and will be heard.

3 HAVE SIDE-BY-SIDE CONVERSATIONS

Many pupils find it easier to talk when a conversation does not require them to sit face to face with an adult. For example, conversations might take place while walking, tidying the classroom, or taking part in a lunchtime club. Sitting alongside someone removes the demand of eye contact, allows longer thinking time and lowers the intensity of the exchange. This can be particularly true for neurodivergent pupils, and for anyone who needs a moment before answering.

4 THINK ABOUT WHERE YOU ARE

Consider whether the pupil can speak without being overheard or interrupted. If a pupil has already started talking, avoid unnecessarily disrupting the conversation by moving elsewhere. Where a more appropriate location is needed, explain why you need to move and give the pupil the opportunity to continue what they were saying.

5 BE HONEST ABOUT CONFIDENTIALITY

Never promise to keep information to yourself. Schools have a legal duty to share information relevant to a pupil's safety or welfare. Tell them at the start that you may need to pass something on, and who to. Then involve them in what happens next, as far as their age and understanding allow. Ask what they want to happen, what they want to say, and who they want to be told. Be honest that some things will need to happen whether they agree or not. A pupil who helped shape next steps is far more likely to tell someone again.

6 CREATE A SAFE ENVIRONMENT

Provide a classroom free from belittling and shame-based behaviour management. Pupils who expect to be humiliated will not disclose. Where they feel listened to and see that difficulties are acted upon, they share worries earlier and whilst those worries are still small. If pupils hear adults belittling or talking about other pupils openly, it damages trust and they are likely to assume their worries will also be handled this way.

7 DO NOT CARRY IT ON YOUR OWN

Hearing something difficult can stay with you. When informing your designated safeguarding lead, share with them how it left you feeling and whether you feel you need further support. Your role as a trusted adult is what makes all of the above possible, and just as you have a responsibility to protect pupils' welfare, your school has a responsibility to protect yours.

HELPFUL OPENERS

- I've noticed you've been quieter. How's your week been?
- You don't seem your usual self, when might be a good time to catch up today?
- Sometimes it's hard to know what to say, but I'd like to understand?
- You don't have to talk now. I'll check in with you later?

Meet Our Expert

Anna Bateman is a mental health and wellbeing specialist with nearly thirty years in education. She is a multi-academy trust director, special adviser, and a former adviser to the Department for Education on its mental health green paper.



#WakeUpWednesday®

The National College®

See full reference list on our website

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 07.10.2026

PE Weekly Sports Bulletin:

For all PE updates follow us on Facebook

King’s Lynn Academy | King's Lynn | Facebook

Year 7 Round Up – Compiled by Mrs Laws:



Good evening from KLA year 7. There is a lot of learning going on in lessons and I've been dropping in on some of those lessons as I've been on duty around the academy.

Just a couple of housekeeping items:

Can we ask you please make sure your children come equipped and ready to learn with the basics of a pen, pencil and ruler, they are an essential part of their day. We do have spares we can lend if someone forgets but much better for students to have their own.

Please also make sure they come to school with a bag, just a simple backpack or drawstring one will be sufficient.

With the academic school year now in full swing just a reminder students should be in school blazer, white shirt, tie, trousers or a KLA skirt, black socks and black shoes (if in doubt please look on the academy website for all the details). They should have no more than one stud on each ear, and any facial piercings should have a clear retainer. Gel and acrylic nails are not permitted, and hair should be a natural colour.

Now the cooler weather seems to be arriving we recommend students wear proper coats as hoodies are not allowed in school.

All mobile phones should be in school bags on silent or switched off as students walk through the academy doors. This is not a new policy, this has been in place for over 2 years now.

Attendance in year 7 was 92.8% this week which is up on last week. Let's keep it going in that positive direction these last couple of weeks before we break up for half term.

Congratulations to those of you who were here all week, and to those of you who have 100% attendance so far this academic year, that is an amazing achievement! If your child has to have some time off school, please ensure that you call the absence line on **01553 602874** or email us on **studentabsence@kla.eastern-mat.co.uk.** If we send you a text message and you are unable to respond, please send a note in with your child explaining why they have been away. If your child is late without a valid reason time will be made up and they will work in the late room on arrival. Please bear in mind Heads of Year will be calling you daily when your child is absent from school and on the third day of absence, one of us will be doing a home visit to check in with you and your child and see if there is anything we help or support you with.

As a year group we have achieved over 2200 reward points which is amazing! Our top 3 achievers this week were Karina B, Bethany B & Fergus M, so congratulations to them!



Please feel free to email me at **Jacqueline.laws@kla.eastern-mat.co.uk** with any queries you may have. I will endeavour to answers these asap during my normal working hours but please bear in mind we do have a 48hr return policy.

Have a wonderful weekend, rest up and see you all on Monday.

Mrs Laws.

Year 8 Round Up – Compiled by Mrs Mann:



Whilst it is starting to feel quite autumnal in the mornings, the heat remains in school with my students working like fire! It is great to walk around the academy and see so many students focused and engaged, learning and enjoying their lessons. As a year group, they have achieved a whopping 2506 achievement points already by Wednesday evening when I write this! I am hoping by 3pm Friday, it will be over the 3000 mark! I will let you all know next week!

Highest achievers this week were **Lewis H**, **Thea E**, **Annabel TS**, **Phoebe B**, **Hettie B** and **Elsie M**. A huge well done and congratulations to you all, what a fantastic achievement. Keep up the great work.

Shout out to all my sporty ones that represented KLA at Hammonds Academy in Swaffham on Tuesday afternoon. Representing for the netball team were **Poppymae W**, **Darcie M**, **Katy R**, **Eve A**, **Sophia T**, **Lacey G**, **Elsie M**, **Isabelle R** and **Indi G**. We were triumphant with an 8-1 WIN!!!!!! Special shout out to our 'Player of the Match', **Eve A**. Well done Eve, proud of you!

Representing for the football team were **Reuben W**, **Reggie K**, **Harry M**, **Ryan P**, **Noah A**, **Nikita A**, **Dylan L**, **Lincoln M**, **Braydon K**, **Marlee R** and **James G** in goal. Again, the boys secured victory with a 3-2 WIN!!!!!!! Special shout out to our 'Player of the Match', **Reggie K**. Well done Reggie, proud of you!

We continue to see a number of students wearing jewellery, sometimes in a variety of forms, to school each day. Bracelets, bangles and necklaces are **NOT** to be worn, **ONE** stud, not a hoop, per lower lobe only. **NO** facial piercings are allowed unless there are clear retainers. If your child has a nose piercing or multiple ear piercings, please ensure you purchase clear retainers for them to wear at school.

Our uniform policy states the following - KLA blazer, white shirt, KLA tie showing 7 black stripes, black tailored trousers, (or tailored shorts), KLA skirt or a **knee length** alternative skirt, black socks and leather shoes or all black leather trainers. **NO** air bubbles or gaps in soles of trainers. Hair must be that of a **natural colour** and gel or acrylic nails are **NOT** allowed either. Students **MUST** bring a bag daily and not just on PE days. All students **must** bring **3** basic pieces of equipment **every day - black pen, pencil and a ruler**.

Just a reminder that I am available Monday to Thursday from 8am – 4pm and my work mobile will be on during those hours. If I can, I will answer however, please bear in mind that we also have a no phone policy for staff and I will return your call when I can. If you wish to meet with me, please let me know and I will be in touch to book a formal meeting. I am unable to see parents first thing in the morning due to being on the main doors welcoming all our students each day and then between 8.45-10am when we are covering attendance, safeguarding and home visits. My duties affect my availability however I will always do my best to meet with you.

Have a great weekend.

Mrs Mann.

Year 8 Round Up continued…



Year 9 Round Up – Compiled by Mrs Lockey:



Just a gentle reminder from me about uniform, thanks to you all for supporting us with this. If there are any issues, please feel free to let me know if we can help in any way. We always endeavour to support all the children. Some parents have been contacted regarding their child not wearing blazers and ties; these are not optional I'm afraid, they need to be worn every day. Please remember **black socks** only and no **fluffy socks** to be worn. **Jewellery reminder; studs only please, including retainers in nose piercings please, also bracelets to be left at home.**

We have also had a small number of students forgetting their PE kits; if they could be reminded to check their Arbor for their PE days it would be much appreciated. PE kits are part of KLA uniform and are expected to be brought in for the lessons needed. We do have spares but not always enough to go round.

If your child is unable to take part in PE for medical reasons, we kindly ask that they bring a written note from a parent or guardian, or medical evidence if the issue is ongoing.

Attendance this past week has been **91.12%,** this is slightly higher than last week. Can we please attend each and every day wherever possible. I totally appreciate there are some illnesses that cannot be prevented.

If your child has to have some time off school, please ensure that you call the absence line on **01553 602874** or email us on **studentabsence@kla.eastern-mat.co.uk** If we send you a text message and you are unable to respond, please send a note in with your child explaining why they have been away. If your child is late without a valid reason time will be made up and they will work in the late room on arrival. Detentions are then set followed by after school detentions without good reason for lateness. Heads of Year call each day to check in with parents and students; at the third day of absence we will be required to carry out a home visit.

As you are all aware the mobile phone policy came into place well over 2 years ago. To support the students and to set the right example, I will not be using my mobile phone when I'm out and about around the school. Please take this into consideration when contacting me, I may not be able to answer your call or text as quickly as I would like. I will endeavour to return your call/text as soon as I can during my working hours. If you have a pastoral issue you would like to discuss with me as Head of Year, then please email me on **Hayley.Lockey@kla.eastern-mat.co.uk**

Thank you all so much for your support with your child arriving on time this week.

As a year group we have achieved **4,204** points this past week up to yesterday! **Well done year 9 that is amazing!** Keep up all your hard work!

Our **highest achiever** this week in the year group was **Laila W** a massive well done goes to her. Keep up the hard work and effort in your lessons.

Student of the week this week goes to **Mahdi EK,** he has made an amazing start here in school. Well done, keep up the amazing work, you have been fabulous. ☺

Shout out section

If your child does any activities outside of school, please let me know ; I'm so happy to share, please email me. I always love to know what the students are doing in their own time. hayley.lockey@kla.eastern-mat.co.uk

Dates for diary

Break up for half term Thursday 22nd October 2026

Have a wonderful weekend, take care and stay safe ☺

Mrs Lockey.

Year 10 Round Up compiled by Mrs West:

Happy Friday to you all! As always, I thank you all for your continued support in all aspects of KLA school life. I am extremely proud of the year group and the pride they are taking in themselves by looking smart. I really appreciate the year group supporting me when I have asked for slight alterations to their uniform. I have clear retainers available if needed for any piercings. I think the fact the year group have found this transition so easy is testament to all the hard work we have been through and the joint respect we have for each other. It is a pleasure to be their Head of Year.

⚽ ⚽ I need to do a massive shout out to the year 10 boys that turned up to represent the school at this week's football fixture. Thank you to James B, Josh S, Connor Y, William L and Liam H. The rest of the team had to be recruited from year 9. **Year 10 footballers we need you!** I am so grateful to year 9 for helping the team out but the team needs the strength of players from our own year group. Those students doing sports studies - each performance counts towards part of your sports studies course. ⚽ ⚽

The girls represented the year group playing netball and you did a fantastic job! I need to do some netball research - there are far more rules than I ever realised! Thank you and well done to **Emily E**, **Summer E**, **Emee R**, **Jess F**, **Thea O**, **Erin F**, **Hope M** and **Evelina I**. The PE department are doing an amazing job of creating fixtures and opportunities for year 10 students.

The following students are in the lead this week for the most achievement points awarded. Thank you for your continued hard work.

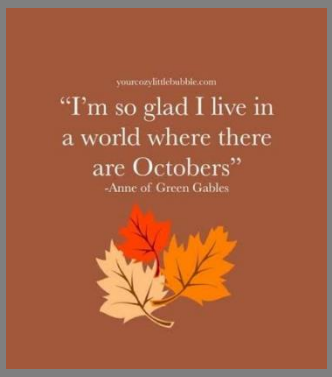
Student	Wed-Wed
C, Oliver	86
C, Wesley	79
D, Dexter	79
G, Elisa	65
C, Harry	60

⭐ ⭐ ⭐ Student of the week this week is **Emee R**. Emee, it is a pleasure to have you as part of KLA and an extra bonus that you are in year 10. Well done for all the hard work you have been putting in. You deserve to see the results that you are achieving in your classes. You just need to work on staying in that netball box!!! ☺ ⭐ ⭐ ⭐

We seem to have lost the sunshine this week. Moving into October has definitely brought some autumnal weather. Hopefully, a bit of warmth will shine on us over the weekend.

Mrs West.

Year 11 Round Up compiled by Miss Fountain:



Well, its Friday again and what a turn in the weather! It must be cold as the Dr Marten's have sadly been put away until next year and the closed toe shoes have come out!

Only 2 more school weeks until the end of this half term. During the holiday, many staff have kindly volunteered their time to conduct some revision sessions, dates and times of which will be coming out to all parents of year 11's as soon as possible. I couldn't be more grateful for their support and dedication.

This week:

The College of West Anglia came to host an assembly to talk about Post-16 options and what they have to offer. Students were given a goodie bag with lots of information and pens.

Safety concerns:

We have recently received reports of some students crossing the road immediately after leaving the buses, sometimes before the vehicle has moved away. This can make it difficult for students to see approaching traffic and for drivers to see students crossing.

Could you please remind your young people, when they need to cross the road, they should wait until the bus has safely pulled away before doing so and always check carefully for oncoming traffic before crossing.

Your support in reinforcing this message through assemblies, tutor time, or other appropriate channels would be greatly appreciated. Working together, we can help ensure students travel to and from school as safely as possible.

Uniform:

Thank you for your continued support in helping us maintain high standards of uniform at KLA. The improvements have been noticed by staff, governors and members of the wider community, and we are extremely proud of how smartly our students are presenting themselves.

We would like to remind families of our expectations regarding jewellery and nails. Students may wear one pair of plain stud earrings and a watch. Bracelets, facial piercings and any other jewellery are not permitted. In addition, students should not wear nail varnish, gel nails or acrylic nails in school.

Our staff work hard to reinforce these expectations and support students in meeting them. During the week beginning 19 October, there will be a renewed focus on jewellery and nails, and uniform checks will take place throughout the school day. We kindly ask parents and carers not to arrange for students to have gel or acrylic nails applied during the holiday period unless they can be removed before returning to school.

The vast majority of our students consistently meet these expectations and look fantastic. Thank you for your ongoing support in ensuring that our students continue to represent KLA with pride.

Attendance:

From the final school photos to the countdown to prom, year 11 flies by in a flash. We want every student here to share in these milestone moments with their friends. They only get one Year 11—let's make sure they are here every day to create amazing memories (and get the grades to match!).

A huge thank you to each of you who have encouraged and supported your young people to get to school not only every day but on time and ready to learn. Also, a massive well done to the young people themselves! I am so impressed by so many of them.

Attendance for year 11 last week was 91%. Whilst I would absolutely love to see 100%, I am grateful for the efforts put in. Let's try to get it as high as possible, especially with mocks coming up soon.....

Year 11 round up continued:

Coming up for year 11

Beginning on 4th November, year 11 mock exams start with Maths Paper 1 at 9am. I know exams can feel daunting, but mock exams are designed to be the time to make mistakes, so teachers and students can see what needs fixing before GCSE's. The only way to benefit from them is to be here. Missing lessons right now will make exams feel more difficult and stressful. If they miss a day, that's also catch-up work added to their class work and/or evening revision and homework. Between us, let's work together to keep them in class so they can achieve their very best, which they really do deserve!

Shout-outs and celebrating each other:

If any of your young people are part of clubs/extra-curricular activities and you feel they deserve a little bit of recognition, please do let me know so I can add it to our bulletin.

That's all from me. Have a wonderful weekend and I shall catch up with you all soon. Take care,

Miss Fountain.

Year 11 Period 5 and lunchtime sessions:

Monday	Tuesday	Wednesday	Thursday	Friday
German – CF7 DCH Computing Club (Lunchtime) - CG2 History – S4 ABL Computer Science P5 – CG2 NEO Week B Music – S1 GWO Maths (Higher) - CF3 AGI	3D, Art & Photography – N19/20 Maths – CF2 RES (Higher) Maths – CF4 JRC (Foundation) Maths – CF4 CKW (Foundation) Drama– S1 SMA Biology S18 LBE Sports Studies-Week B PE Classroom Computing Club (Lunchtime) - CG2	English - English classrooms RE - CF11 MBO Drama – S1 SMA Physics – LSH S11 Geography –S8 NBO Citizenship – (lunchtime) – CF6 GRO Computing Club (Lunchtime) - CG2 3D, Art & Photography – N19/20	Chemistry – S16 LJO Drama– S1 SMA Business – CG6 RDA Computing Club (Lunchtime) – CG2 3D, Art & Photography – N19/20	Computing Club (Lunchtime) - CG2
Homework Club – CG2 (MST)	Homework Club – CG2 (MST)	Homework Club – CG2 (MST)		
Late bus leaves at 4.30pm (Mon, Tues, Wed & Thurs only)				

Year 11 The college and 6th form application window:

The college and 6th form application window opens from the 1st October. Students applying to somewhere in Norfolk will need to use Help You Choose. Account details have been emailed to student school emails. Those wishing to apply to a provider in Cambridgeshire will need to use My Choice 16 and register as 'out of area'.

Here are the dates and links for the various open evenings:

- **College of West Anglia** – Saturday 17th October, 9.00 - 12.30
- **KES** – Thursday 15th October, 6.00 - 8.00
- Fakenham - Wednesday 30th September, 6.00 - 8.00
- Athena - TBC
- **Cambridge Regional** - Wednesday 21st October, 4.30-7.00
- **Cambridge Academy for Science and Technology** – Wednesday 21st October, 5.00 - 7.30

Kind regards,

Mrs Leeming-Watts PE Teacher and Careers Leader