



news from

King's Lynn Academy

Friday 13th February 2026

Dates for your diary:

Friday 13th February – Last day of half term

Monday 23rd February – School reopens after half term

Wednesday 18th March – Year 11 parents evening - ON SITE

Friday 20th March – Non-uniform day

Thursday 26th March – Year 7 REMOTE parents evening

Friday 27th March – Last day of term

Tuesday 14th April – School reopens after Easter holiday

Years 7, 8 and 10 Mid-Year Exam Reports:

Your child's Mid-Year Exam report (MYE) is now available to view on Arbor.

You will find this under Report Cards - 2025/2026 - MYE.

If you have any questions or queries regarding the grades, please contact your child's subject teacher.

Student absences & medical appointments:

If your child has to have some time off school unwell or for any other reason, please ensure that you contact the absence team if possible **before 8.30am** via our absence email on:

studentabsence@kla.eastern-mat.co.uk or call the new absence line
01553 602874 and leave a message.

Please include your child's name, year group and why they are absent. If we have no contact from you we will send you a text message if your child is absent.

If you need to take your child to a medical appointment during school time please can we ask that you either send in an appointment card or letter with your child or please email them to **studentabsence@kla.eastern-mat.co.uk** so we are aware in advance when you collect your child.

Requesting time off in term time:

In the exceptional circumstance you need to request time off in term time, please complete an application for pupil leave of absence from school during term time, as soon as possible and return it to the attendance department or email it to studentabsence@kla.eastern-mat.co.uk. The form can be downloaded from the link below, found on our school website or collected from the school reception. Requests can only be actioned if submitted on this form, you will be notified via email of the decision. Please note requests will only be authorised in exceptional circumstances. [download.asp](#)

We are recruiting:

We have some fantastic opportunities to become a member of our esteemed team here at KLA. Please follow the link below to see our latest vacancies.

[Eastern Academy Trust - Vacancies and Careers \(eastern-mat.co.uk\)](#)

Lunchtime laptop homework club

Wednesday &
Thursday
lunchtime
1.05pm - 1.40pm



We offer help with homework and a safe place to chat.

Find us in the office opposite Student Services

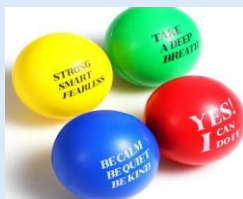
Achievement points given to anyone who attends.

Homework

If you need help or just a quiet place to complete your homework, please come and join us in CG2 on Monday, Tuesday and Wednesday 3pm till 4pm In CG2



Miss Stevens, Mrs Davis and Mrs Adderson-Paul



1. Pop-it's
2. Fidget rings
3. Stress balls
4. Marble mesh tubes

Fidget Toys

We understand that fidget toys can be a useful strategy for some of our students to help them focus and regulate.

These pictures show the fidget toys that are now allowed to be used in school, and we ask parents/carers to help support us with this by keeping other fidget toys at home.

KLA extension progress:

This week the steels have started to be delivered and erected.



KLA extension progress continued....



KIDS

*King's Lynn
vs
South Shields*

*14th February
@ 3pm*

FOR

A

*Offer to start
half-term*

*Docherty Walks
Stadium*

QUID



Kids

Disabled children
say we can

Registered Charity No. 275936

Coffee and Connect Parent Carer Service Behaviour that Challenges Workshop

Join us at the Family Hub in Kings Lynn for some time to focus on behaviour and enjoy a chat and a cuppa with other parent carers, No need to book - just turn up!

Monday 23rd February
10.30am - 12.30pm

Email
sally.macgregor@kids.org.uk for
more info



**King's Lynn Family
Hub**
**St Augustine Healthy
Living Centre,
Columbia Way,
King's Lynn,
PE30 2LB**

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

FOSTERING A SENSE OF BELONGING

Helping children feel like they belong is vital for their emotional wellbeing, academic success, and overall development. A true sense of belonging reduces anxiety, builds confidence, and supports resilience. These ten tips are designed to help parents and educators create inclusive, caring environments where children feel accepted, safe, and valued.

1 USE EVERYDAY MOMENTS

Belonging is built in the small moments. Use daily routines such as meals, school drop-offs, or quiet times, to check in, offer praise, or listen. These interactions don't need to be lengthy to be meaningful. Consistent gestures of connection and warmth show children they are important, making them feel seen, appreciated, and truly part of the home or classroom community.

2 INVOLVE THEM IN RULE-MAKING

Inviting children to help create rules or routines gives them a sense of shared ownership and responsibility. When their voices are heard, they feel respected and included in the decision-making process. This empowers children, fosters cooperation, and reduces resistance. Whether at home or school, co-created expectations are more likely to be followed because they come from a place of mutual respect.

3 VALIDATE ALL EMOTIONS

Acknowledging a child's emotions, whether positive or challenging, helps them feel accepted as they are. Validating statements like "I can see that made you upset," or "That sounds really exciting," support emotional expression and connection. Children who feel emotionally safe are more likely to seek help, participate openly, and trust the adults around them – all of which contribute to a sense of belonging.

4 HIGHLIGHT HIDDEN STRENGTHS

Go beyond academic success or good behaviour and take time to recognise a child's less visible qualities, such as thoughtfulness, resilience, or humour. Noticing these strengths sends a powerful message that they are valued for who they are, not just for what they do. This boosts self-esteem and helps children feel accepted in a world that often focuses on external achievements.

5 SHOW CURIOSITY ABOUT CULTURE

Ask respectful, open questions about a child's cultural background, family customs, or celebrations. These conversations create opportunities for children to share what matters to them and to feel proud of their identity. Whether at home or in school, valuing cultural experiences helps all children feel that their heritage is respected, and that they belong in a diverse, inclusive environment where every voice counts.

6 BELONGING BUDDIES

Pairing children with a peer they might not typically choose can foster new connections and break down social barriers. Assigning short projects, games, or shared responsibilities gives them a reason to interact. Buddy systems help quieter or less confident children feel included and supported. Over time, these intentional connections can develop into meaningful friendships, strengthening the wider sense of community and inclusion.

7 AVOID LABELS AND COMPARISONS

Avoid labelling children by behaviour or comparing them to others, as this can damage self-esteem and foster exclusion. Statements like "Why can't you be more like..." may unintentionally make a child feel less worthy. Instead, focus on individual progress and strengths. Encouraging children to celebrate their own achievements, however small, helps them develop confidence and feel valued for being themselves.

8 MAKE TIME FOR ONE-TO-ONES

Spending regular one-to-one time with a child shows that they matter on an individual level. These moments can be as simple as reading a book together or chatting during a walk. Focused attention, free from distraction, builds trust and emotional connection. It lets the child know they are important and cared for, which is crucial for developing a strong sense of belonging.

9 REFLECT THEIR INTERESTS

Whether at home or in school, including children's interests in daily life reinforces their importance. Display their artwork, talk about their favourite books, or include their hobbies in family activities or lesson plans. Seeing their identity reflected in their environment tells children they belong. It shows that their passions, preferences, and contributions are valued and that they have a place in the group.

10 EMPHASISE 'WE' OVER 'THEY'

Use inclusive language that reinforces unity and shared identity. Phrases like "Let's figure it out together," or "We all help each other here," promote collective responsibility and connection. Avoiding divisive terms like "those children," or "that class" helps children feel part of a supportive group. Language shapes experience, and inclusive language fosters environments where every child feels safe, welcomed, and included.

Meet Our Expert

Home to the world's largest CPD library for educators, The National College has transformed the way education establishments go about developing their workforces and managing compliance. Our three memberships help all phases and types of setting raise standards, save time, reduce risk, and build a culture of improvement.

See full reference list on our website

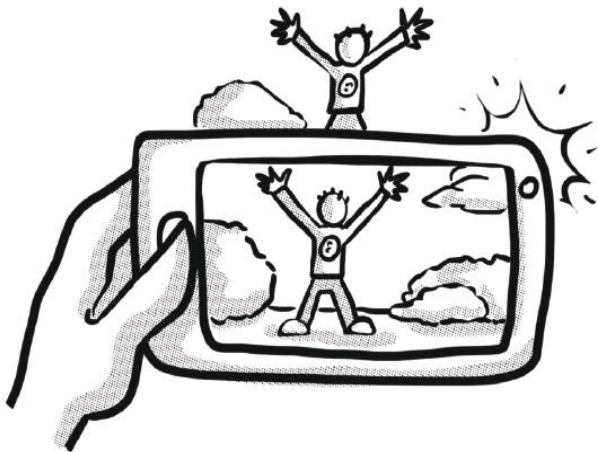


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#WakeUpWednesday

The National College

Did you know?



Resilience is the ability to overcome adversity, 'bounce back' during difficult times and get back to feeling good. It is about having the capacity to adapt to difficult circumstances, and using tools and resources available to do so.

The Institute of Health Equity suggests that resilient individuals, families and communities are more able to deal with difficulties and adversities than those with less resilience. Building resilience is fundamental to teenagers becoming happy and functioning adults. Young people who are not resilient will be more likely to respond to stress by developing anxiety and depression.

Evidence suggests that promoting resilience can help young people sustain good relationships, develop personal life skills, overcome challenges, cope in difficult situations and help them to achieve their potential. Human brains develop and change more during the teenage years than most other times in their life. This means that this is a time when there is huge potential for the development of new skills and capabilities.



What can you do?

Help your child navigate their ups and downs by encouraging them to carry out resilient behaviours. You can be a building block in helping them build healthy habits, such as looking after their mental health, getting enough sleep, doing exercise, eating healthy food, hobbies, socialising or relaxing. Watch the video on YouTube to understand why resilience is important to young people's health: <https://www.youtube.com/watch?v=0Wocj5oTReU>

Staying connected with different people in our lives is the basis for building resilience. Help your child to understand who is in their support network when they

face difficult situations. This may be a grandparent, friend, teacher, sibling or sports coach etc. Encourage your child to make time to build relationships, see friends, have fun, take part in hobbies and connect with others regularly.

Encourage your child to build resilience by taking on new opportunities, challenges and achieving goals by stepping out of their comfort zone. This will help them to develop self-respect, be organised, promote positive thinking and to build confidence to deal with different situations.

PE Weekly Sports Bulletin:



Year 10 County Cup Success

From the start, the year 10 boys were absolutely bang on with their attitude, desire and passion to win this game of football, and win they did (in awful conditions!) From the warmup to the final whistle, they were exemplary and executed our game plan perfectly.

Everyone from captain **Blake Perry** to goalkeeper **Albie Miller** stuck to their tasks brilliantly and earned us a superb victory against a highly thought of City Academy Norwich school. We came out with a 7-1 victory.

Goalscorers were:

Oscar Godfrey x4 (yes, 4)

Ayddan Almeida

Oba Biobaku

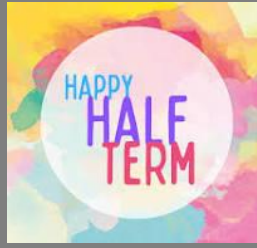
Blake Perry

For the goal of the game, Aydden and Oscar linked up brilliantly with a pinpoint cross from Aydden delivered straight into Oscar's head on the edge of the box, finishing with precision.

Man of the match: **Zac Purser**. An outstanding display from central midfield, absolutely running the show all game. From getting stuck into tackles and helping the defence, to winning the ball in midfield and creating chances.



Year 7 Round Up – Compiled by Mrs Mann:



Happy half term indeed. It has been a busy few weeks and students have worked so well, so hard that they have achieved a whopping 4198 achievements points in a week! That's a fantastic amount.

Just another little reminder regarding uniform; black trousers, no jeans or leggings, KLA skirts only, white shirts, tie and blazer. If your child wears a KLA jumper, they must still wear their blazer. The jumpers are optional uniform, blazers are not. If you do have any issues with your child's uniform or if you need any help purchasing items, please do not hesitate to contact me as we have some uniform in the swap shop which may help. Fluffy coloured socks are not permitted as uniform and acrylic nails are also not allowed for school. Christmas nails need to be removed please. They are dangerous when taking part in practical subjects. Please can we ask that they are not worn for school.

Attendance in year 7 was 94% this week. Slightly higher than last week but with many of the bugs and germs gone now, let's see if we can improve this after half term break.

Dates to remember

Friday 13th February– Break up for half term

Monday 23rd February – Back to school

Friday 20th March – Non-uniform day & bake sale

Have a wonderful half term, stay safe & take care at the mart!

Mrs Mann.

Year 8 Round Up – Compiled by Mrs Lockey:



Happy Friday! Happy half term.

Just a gentle reminder from me about uniform, thank you for supporting us with this; please remember leggings are not permitted. Some girls are creeping in with them but we need them to be wearing trousers or KLA skirts. If there are any issues, please feel free to let me know if we can help in anyway. We always endeavour to support all the children.

We have also had a large number of students forgetting their PE kits; if they could be reminded to check their Arbor for their PE days it would be much appreciated.

Attendance this past week has been **89%** - this is the lowest we have been. Can we please attend each and every day wherever possible. I totally appreciate there are some illnesses that cannot be prevented. If your child has to have time off school, please ensure that you call the absence line on **01553 602874** or email **studentabsence@kla.eastern-mat.co.uk**. Please can I ask that if you do text my work phone or email me directly with absences, please contact the attendance officer too as I cannot guarantee that I will always see the messages. Heads of Year call each day to check in with parents and students; at the third day of absence we will be required to carry out a home visit/or video call. If your child is late without a valid reason time will be made up and they will work in the late room on arrival. Detentions are then set followed by after school detentions without good reason for lateness. Thank you all so much for your support with arriving on time this week.

To support the students and to set the right example, I will not be using my mobile phone when I'm out and about around the school. Please take this into consideration when contacting me, I may not be able to answer your call or text as quickly as I would like. I will endeavour to return your call/text as soon as I can during my working hours. If you have a pastoral issue you would like to discuss with me as Head of Year, then please email me on **Hayley.Lockey@kla.eastern-mat.co.uk**

As a year group we have achieved **1,148** points this past week, up to yesterday! Well done **year 8**.

Our **highest achiever** this week in the year group was **Jacob Langley**, a massive well done to him. Keep up the hard work and effort in your lessons.

Student of the week this week goes to **Bella Dennis**, she has made an amazing start back to school. Well done **Bella**, keep up the amazing work, you have been fabulous.

Shout out this week goes to **Harley Stock**, he has been amazing volunteering in the community. Harley helped volunteering during a show at the Gymnastics Academy. We are so proud of you Harley.

If your child does any activities outside of school, please email me, I always love to know what the students are doing in their own time. **Hayley.Lockey@kla.eastern-mat.co.uk**

Dates for diary

Monday 23rd February – First day of term

Have a wonderful weekend, take care and stay safe.

Mrs Lockey.

Year 9 Round Up – Compiled by Mrs West:

We have made it!!!! 🌟🌟

What a lovely half term we have had. I need to say thank you to all of you with your patience over the mud! We are very aware that the muster points we have available at the moment are not holding up well due to the weather. As soon as hardstanding areas are available we will be moved to more suitable areas. There are paths that the students can use to get to the point where they then need to line up on the grass. Please be assured that I do try and encourage them to stay on the paths as much as possible.

Congratulations to all the fabulous students below with the amazing amount of achievement points they have been awarded this term.

Student	This half term
Ellis, Summer	197
Nicol, Alfie	194
Tomkin-Adams, Amelia	193
Caplinskyte, Zhoiee	188
Dennis, Ozzy	171
Apanoviciute, Vanessa	164
Mironov, Theo	164
Ellis, Sophia	156
Foreman, Jess	156
Murray, Martha	156

★ ★ ★ Student of the week this week goes to **Alfie Nicol**. Alfie, you have had a great half term showing dedication to your schoolwork. Well Done! ★ ★ ★

Options emails have been sent to all students on their school email addresses. We have had many responses already, which is great, but it is also fine that some are choosing to take their time to make the right decision. A reminder that the choices are not first come first served. We are all available for students if they need to have a chat about any worries that they have.

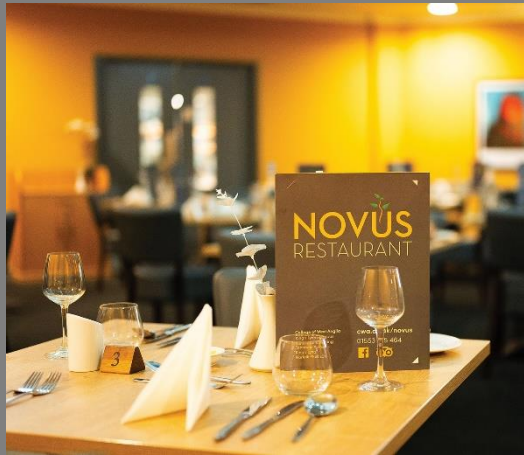
I do hope you all have a fabulous half term.

Mrs West.

Year 10 CWA restaurant takeover:

On Thursday 29th January ,22 Hospitality & Catering year 10 students went to the College of West Anglia to take over the Novus Restaurant for the evening. They were split into three groups and rotated around working in the industrial kitchen, setting up the restaurant and taking part in a fish filleting and cooking workshop.

In the evening their parents were then invited to enjoy a 3-course meal served by their own son or daughter. The food was delicious and served very well. An enjoyable evening was had by all, well done to all the students as this made for a long day.



Year 11 Round Up compiled by Mrs Laws:

Well, we made it through what seemed to be the longest half term ever, I'm sure January has 98 days not 31!!

This has been the first full week of mocks for the year 11 students. I have seen some fantastic focus and hard work with lots of revision going on in lessons and at breaks. Mocks start again on our return from the holidays, for the week. Don't forget session 5 continues when we return. This term students attended 141 extra sessions which is fantastic.

Valentine's roses were a huge success, and we sold out raising £133 for prom.

We have another bake sale coming up before Easter, a raffle at the parents evening plus an Easter egg raffle.

If you need to contact me for a pastoral issue as Head of Year 11, then please email me on jacqueline.laws@kla.eastern-mat.co.uk. Alternatively, you can call me on **07591 388678**. My work mobile is on between 8am & 4pm. I would just like to remind you all that I am not on the school site from 12.30pm on a Thursday as I will be over at the college with my students. On Thursdays, my work phone will be on until 4.30pm. As we are setting a positive example to the students, I do not have my mobile with me around the academy anymore, only in my office so please be mindful of this when you call, and I will return your call asap.



Year 11 attendance was 90% this week. Attendance in year 11 is CRUCIAL. Literally every day matters. It's a proven fact that the better your school attendance, the better GCSE grades you achieve, the better job you get so the more money you earn. I will be constantly reminding you of this throughout the year.

Please make sure when booking appointments during school time you remember to provide us with the medical evidence so we can authorise these absences and it then won't make a difference to your child's attendance percentage.

Have a lovely week off. Get a healthy balance between rest, fun and revision.

If you are off to the mart over the holidays, stay safe.

See you on Monday 23rd February.

Mrs Laws



Year 11 Round Up continued...

Year 11 period 5 For Art and Photography

All year 11 photographers and artists are invited to period 5

Monday, Wednesday & Thursday
in N1

And also **Wednesday in CG5**

Year 11 interventions...

It would be hugely beneficial for the students to attend as many period 5 interventions as they feel they can. These sessions will be of significant value in the run up to the exams.

As a reminder;

Science have period 5 on Monday.

Maths have period 5's on Tuesday, Wednesday and Thursday.

English have period 5 on Wednesday.

Option subjects period 5 Thursday.

If anyone is unable to make period 5's for maths then Mr Crockett, head of maths, is running intervention sessions in his class at lunchtimes.

Some teachers and subject departments are, and will, offer other opportunities if they can if a student is struggling to attend one of the pre-arranged ones.

Thank you for your continued support as we all work toward helping these fine young people use every opportunity to fulfil their potential and succeed in their GCSE's.

Year 11 PPE timetable 2025 - 2026

	08:45	13:15
Monday 23 rd February	Combined Science Trilogy Biology 8464/B/2F & 8464/B/2H (1hr 15) Biology Paper 2 8461/H/F (1hr 45)	Religious Studies A P2A Excl Text 8062/2A (1hr 45) Early Lunch
Tuesday 24 th February	Mathematics Paper 3 8300/3F & 8300/3H (1hr 30)	Geography Paper 2 8035/2 (1hr 30) Early Lunch
Wednesday 25 th February	English Literature Paper 2 8702/2 (2hr 15)	Combined Science Trilogy Chemistry 8464/C/2F & 8464/C/2H (1hr 15) Chemistry Paper 2 8462/2H/F (1hr 45) Early Lunch
Thursday 26 th February	History Paper 1 8145/1A/B & 1B/A (2hr)	Hair and Beauty Synoptic 12:15 start Citizenship Paper 2 8100/2 (1hr 45) Early Lunch
Friday 27 th February	English Language Paper 2 8700/2 (1hr 45)	Combined Sci Trilogy Physics 8464/P/2F & 8464/P/2H (1hr 15) Physics Paper 2 8463/2H/F (1hr 45) Early Lunch

Year 11 Leavers hoodies now available to order...

Sammy-Tee

DESIGN | PRINT

Sammy-Tee
DESIGN | PRINT

Rear Proposal



JH001 - Size Guide

Measurements	XS	S	M	L	XL	XXL	3XL	Tol
1/2 Chest	49	51	56	61	65	69	73	±2
Body Length	64	67	70	73	76	79	82	±2
Sleeve Length	57.5	59	60.5	62	63.5	65	66.5	±2

*Dimensions in Centimetres (cm)**

Wash Instructions:



Description

This simple and stylish classic hoodie is available in many vibrant colours. 80% Ringspun Cotton/20% Polyester (exception: Charcoal 52% Cotton/48% Polyester)

Each Hoodie will come with the School Logo on the front Left Chest (Heart Side)
 Rear: Year number (i.e 23) with year names in this shape. Names limited to first name only and a maximum of 150 names
 All Designs completed in single colour vinyl. White on positive colours, black on White Hoodies/garments only.

JH001 - College Hoodie



Design Deliverables:

Front: School Logo Only, Left Chest (Heart Side) Single Colour Vinyl
 Rear: School Year number (i.e 24) with full year's names within this shape in single colour vinyl
 Vinyl to be White unless on Negative colour hoodie, which will then be replaced with black.

Key Features:

- Twin Needle Stitching
- Double Fabric Hood
- Kangaroo Pouch
- Self Coloured Drawcords
- Ribbed Cuffs & Hem
- Brushed Inner Fleece
- 280gsm
- 588g (Approx. Weight)

How to Order:

Simply scan the QR code with your smart phone, you'll go straight through to the dedicated area of our website which will allow you to securely order your leaver hoodie. If you have any issues with the website please do not hesitate to drop us an email: info@sammy-tee.co.uk
 Basic hoodie: £22.95 each and to have personalised with a nickname is an additional £2.50

Orders to be placed by 27th March for delivery to School week commencing 4th May
<https://sammy-tee.co.uk> > products > leaver-hoodie-kl-2026

