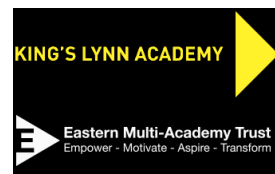
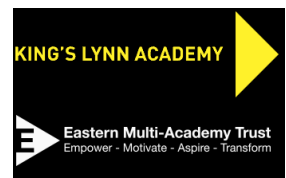


Implementation: Curriculum Narrative



Subject: Sport Studies	Year: 11	Author: S.Mason
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Key Knowledge <i>Pupils will know</i>	Key Skills <i>Pupils will be able to</i>
<p style="text-align: center;">Key Threshold Concepts:</p> <p>OCR Cambridge National Sports Studies – Year 11</p> <p>In Year 11, students build on their practical and leadership experiences from Year 10 and develop a deeper understanding of sport in the wider world. The course combines preparation for the examined unit with hands-on learning through the R187 Outdoor and Adventurous Activities unit, offering a balance of academic knowledge and real-world application.</p> <p>Students explore how sport reflects society, influences behaviour, and acts as a powerful force for positive change at local, national, and global levels. Through this unit, students develop a critical understanding of the impact sport has on individuals and communities, as well as the challenges it faces in a modern world.</p> <p>Sport, Society, and Participation</p> <p>Students examine the factors that influence participation in sport, including social, cultural, economic, and physical barriers. They explore why some groups are under-represented and how sport can be adapted to increase inclusivity and engagement for all.</p> <p>Values, Ethics, and Behaviour in Sport</p> <p>Students learn how sport promotes important values such as respect, fairness, teamwork, and resilience. They also explore ethical issues within sport, including sportsmanship, performance-enhancing drugs, and the responsibilities of performers, officials, and organisations in promoting positive behaviour.</p> <p>Major Sporting Events and Their Impact</p> <p>Students investigate the implications of hosting major sporting events, such as the Olympic Games or World Cups. They consider the social, economic, and environmental impacts, as well as the legacy these events can leave for communities and future generations.</p>	<p style="text-align: center;">Subject Skills:</p> <p>Through the examined unit and the Outdoor and Adventurous Activities unit, students develop a strong set of transferable academic and practical skills that prepare them for further study, employment, and lifelong participation in sport.</p> <p>Students will develop the ability to:</p> <ul style="list-style-type: none"> • Analyse and interpret sporting issues, understanding how sport reflects and influences society • Evaluate different perspectives on participation, ethics, and major sporting events • Apply knowledge to real-world contexts, including National Governing Bodies and the use of technology in sport • Develop leadership, teamwork, and problem-solving skills through outdoor and adventurous activities • Understand risk, safety, and responsibility in both sporting and outdoor environments • Communicate ideas clearly and confidently, preparing them for written exam responses and practical assessments <p>By the end of the unit, students are equipped with the skills to think critically about sport, make informed judgements, and recognise the wider value of sport in supporting healthy, active lifestyles and positive social change.</p>



National Governing Bodies and the Development of Sport
 Students develop an understanding of the role of National Governing Bodies (NGBs) in promoting, developing, and regulating sport. They explore how NGBs increase participation, support talent pathways, and ensure sport is safe, fair, and accessible.

Technology and the Future of Sport
 Students examine how technology is used in sport to enhance performance, improve officiating, and increase engagement. This includes analysis of performance tracking, video analysis, officiating technology, and how innovation is shaping the future of sport.

Outdoor and Adventurous Activities (R187)
 Alongside the examined unit, students complete the R187 Outdoor and Adventurous Activities unit. Through practical participation and planning, students develop confidence, leadership, teamwork, and problem-solving skills. They learn how outdoor activities promote physical fitness, mental well-being, and personal challenge while understanding safety, risk management, and environmental responsibility.

Subject specific knowledge and sequencing

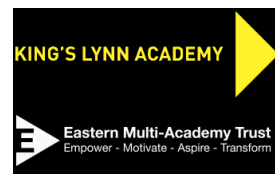
Term 1: Continue R187 Outdoor and Adventurous Activities
Topic: Equipment, clothing and safety aspects of participating in outdoor and adventurous activities
Key Concepts: Safety aspects for outdoor and adventurous activities
Key Knowledge: Understand the different types of equipment, clothing and types of technology used for OAA and the different terrains
Assessment: Set Assignment

Term 1: Continue R187 Outdoor and Adventurous Activities
Topic: Plan for and be able to participate in an outdoor and adventurous activity + Evaluate participation in an outdoor and adventurous activity
Key Concepts: Taking part in an outdoor and adventurous activity and being able to evaluate performance
Key Knowledge: Understand the key considerations when planning and taking part in an OAA session, understanding the emergency procedures and how to plan then evaluating the participation in the outdoor activities
Assessment: Practical and Written Evaluation

Term 3: Unit R184 – Exam paper (40%)
Topic: Issues which affect participation in sport / The role of sport in promoting values
Key Concepts: Movement in society

Prerequisites and Spiral Teaching:

- Students build on their prior learning of skills and activities in KS3 and then year 10.
- Leadership qualities. Leadership responsibilities.
- Plan an activity session plan/ Stages of a plan/ Deliver a session plan/ Participant questionnaire/ Evaluate your activity plan/ Action plan to improve.
- Types of media, sponsorship, factors affecting the popularity of sport in the UK.



Key Knowledge: User groups / Barriers to participation / Possible Solutions / Factor affecting popularity of Sport / Sport Values / Olympic and Paralympic Movement / Sporting Initiatives / Sporting etiquette / Use of performance enhancing drugs

Assessment: Homework, Past paper questions, Quizzes, Topic tests, January Exam

Term 4: Unit R184 – Exam paper (40%) Continued

Topic: The implications of hosting a major sporting event

Key Concepts: Movement in Society

Key Knowledge: Features / Positive and negative aspects of hosting

Assessment: Homework, Past paper questions, Quizzes, Topic tests

Term 5: Unit R184 – Exam paper (40%) Continued

Topic: The role of National Governing Bodies / Use of technology in sport

Key Concepts: Movement in Society

Key Knowledge: Functions of NGBs within their sport / Role of technology in sport

Assessment: Homework, Past paper questions, Quizzes, Topic tests, Mock exam

Cross-Curricular Knowledge Links:

- **Citizenship** – Communication skills/ Teamwork/ promoting positive relationships
- **History** – Movement of ethics in sport. Olympic Movement.
- **English** – Speaking and listening skills.
- **Maths** – Numeracy relating to numbers, plotting graphs and assessing and analysing data.
- **ICT** – Use of technology in sport.

Reading Lists / Sources / Reading around the subject recommendations:

- [TheEverLerner - We use technology to humanize every classroom](#)
- www.bbc sport.co.uk
- www.skysports.co.uk
- www.ocr.co.uk
- **Specification:** <https://www.ocr.org.uk/Images/610953-specification-cambridge-nationals-sport-studies-j829.pdf>
- <https://ocr.org.uk/Images/641258-a-student-and-parents-guide-to-cambridge-nationals-.pdf>
- Reading rule books and sports reports in newspapers and magazines.
- Sports journals