



Friday 3rd October 2025

Dates for your diary:

Wednesday 22nd October – Year 11 REMOTE parents evening

Friday 24th October – Last day of term

Monday 3rd November – School reopens after half term

Thursday 6th November – Year 7 parents evening ON SITE

Thursday 27th November – Year 10 REMOTE parents evening

Wednesday 3rd December – Year 8 parents evening ON SITE

Thursday 11th December – Year 8 REMOTE parents evening

Friday 19th December – Last day of term

Tuesday 6th January – School reopens after Christmas holiday

Student absences & medical appointments:

If your child has to have some time off school unwell or for any other reason, please ensure that you contact the absence team if possible **before 8.30am** via our absence email on:

studentabsence@kla.eastern-mat.co.uk or call the new absence line
01553 602874 and leave a message.

Please include your child's name, year group and why they are absent. If we have no contact from you we will send you a text message if your child is absent.

If you need to take your child to a medical appointment during school time please can we ask that you either send in an appointment card or letter with your child or please email them to **studentabsence@kla.eastern-mat.co.uk** so we are aware in advance when you collect your child.

Requesting time off in term time:

In the exceptional circumstance you need to request time off in term time, please complete an application for pupil leave of absence from school during term time, as soon as possible and return it to the attendance department or email it to studentabsence@kla.eastern-mat.co.uk. The form can be downloaded from the link below, found on our school website or collected from the school reception. Requests can only be actioned if submitted on this form, you will be notified via email of the decision. Please note requests will only be authorised in exceptional circumstances. [download.asp](#)

We are recruiting:

We have some fantastic opportunities to become a member of our esteemed team here at KLA. Please follow the link below to see our latest vacancies.

[Eastern Multi Academy Trust - Vacancies and Careers \(eastern-mat.co.uk\)](#)

Library and books:

Please could you encourage your young people to have a look for any outstanding library books that may have been forgotten about, added to bookshelves at home, dropped under beds, etc? We have books missing from our library and would like to get as many as possible back on the shelves for other students to access. Thank you.

In addition to this, there will be a pop-up library in Mrs Carlton's classroom (N4) at lunchtime each day for students who wish to have a quiet space to read or to borrow library books. We will be starting with our KLA Canon - 100 books to read before you leave school - and there are opportunities to recommend books for our themed trolleys as well. Please tell your young people to see Mrs Carlton in N4 if they'd like to get involved.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about EA SPORTS FC 26

AGE RESTRICTION
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Our guide looks at the risks surrounding EA Sports FC 26 and our top tips to minimise them. This marks the third year since EA left the FIFA licence, and the game is mostly unchanged from last year. While Kick-Off mode is great for playing with friends and Career Mode allows players to fulfil long-term ambitions as a manager or player, Ultimate Team remains the main draw for many players – and it can get out of hand in terms of how much money players can invest.

WHAT ARE THE RISKS?

AN ANNUAL RELEASE SCHEDULE

As was the case with the last two EA Sports FC games and the FIFA series before it, the franchise rolls out once a year with updated squads and new features. This can make it expensive to keep up with, particularly when so many dedicated players are keen to get their hands on the latest edition.

VOICE CHAT

Voice chat can be enabled across all platforms, meaning young people can speak to anyone they play with or against. While it can be switched off, some children will no doubt want to speak to their friends while they play. This also means they may encounter strangers much older than them, which can expose them to inappropriate language or behaviours.

IN-GAME PURCHASES THROUGH ULTIMATE TEAM

Ultimate Team is the big draw for EA Sports FC, letting players spend real money on packs that they can open to build a squad of the world's best players. They're not always easy to obtain, and new, improved versions of players will be regularly added as limited-time offerings. Young people could feel pressured into spending money and experience fear of missing out.

SCAMMERS IN ULTIMATE TEAM

Ultimate Team is managed by EA itself, but that hasn't stopped scammers from looking to dupe players out of money and in-game coins. Some scammers sell their accounts, which is a violation of EA's terms of service, while others will 'sell' coins – something the developer is still working to crack down on. Some try to gain access to others' accounts, potentially giving them access to payment information.

POTENTIAL FOR ADDICTION

While EA Sports FC is potentially addictive, thanks to its fast-paced gameplay and mirroring of the real-world skill and glamour of football, Ultimate Team's focus on limited-time rewards and the lottery of winning packs can make it feel closer to gambling than gaming, which may lead to addiction and impulsive spending of money.

Advice for Parents & Educators

PREPARE FOR ANOTHER GAME IN A YEAR

The annual-release cadence aligns with the return of the school year, and can be a great way to incentivise good behaviour at the start of term. If children are applying themselves and preparing for a new year of school, or were particularly well behaved in the summer, EA Sports FC 26 could make a great reward.

MONITOR VOICE CHAT

As in-game chat is open, be sure to adjust the settings in EA Sports FC 26 to lock it down. If children want to chat with their friends while they play, consider setting up a safe space for them to call, to allow them to play without fear of outsiders.

LIMIT SPENDING

If you're worried about children accidentally spending real money in Ultimate Team, whether in game or on the EA Sports FC companion app, don't link a payment card to their account. Reclaiming funds can be a mountain to climb, and the dopamine hit of opening flashy packs with slick animations means one purchase can lead to another very quickly. It's also worth adding a prepaid card if you'd prefer them to make their own choices with their budget.

BE VIGILANT

As with last year, there are ways to keep scammers at bay. Ensure passwords are locked down, and consider using a password manager application to keep them secure. EA will never contact players through the game itself, so be vigilant with incoming messages, and block and report suspected spam. EA will contact players by email if needed, but they will never ask for usernames or passwords. Players should also avoid buying in-game currency from unofficial websites – doing so can lead to accounts being banned and could cost players money in the process.

Meet Our Expert

Lloyd Coombes is an experienced freelance writer and has been working in the gaming and tech industry for seven years. A regular visitor to the App Store to try out new tools, he's also a parent and therefore understands the importance of online safety. He's also a tech and fitness writer and has been published at sites including IGN, TechRadar, and plenty more.



The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/ea-sports-fc-26>

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/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 01.10.2025

FLU IMMUNISATION FOR PUPILS IN SCHOOL YEARS RECEPTION - YEAR 11

Prevent your child from being seriously ill this winter!
Vaccinating is crucial in protecting them and vulnerable friends and family from flu.

NASAL VACCINE

No needles - just quick, painless, effective flu protection
(contains gelatine)



OR

THE INJECTION

We offer a PORK-FREE, GELATINE-FREE injection considered a faith-friendly alternative.



Complete this form, even if you do not want the vaccine.

<https://eastanglia.schoolvaccination.uk/flu/2025/norfolk>

Secondary School students only: Young people under the age of 16 can give or refuse consent themselves if considered competent to do so by nursing staff.

CONTACT THE TEAM

✉ norfolk@v-uk.co.uk
☎ 01603 576 320

Need more information?
Please see our FAQs sheet attached with this letter.

Or visit our website:


We endeavour to come to your child's school twice. If your child is absent or unable to be vaccinated at school, they can still receive this important vaccine by attending one of our community clinics for the vaccine.

Your consent will remain in place for the entire flu season. If your child misses a first visit, you do not need to complete a second form.

LEARN MORE 

Details of these can be found on our website or you can contact the team above.

<https://www.schoolvaccination.uk/flu>
www.youtube.com/@vaccinationuk

PRIVACY POLICY

Our 2024/25 policy can be viewed here: www.schoolvaccination.uk/privacy-policy
For data protection queries, please contact: dpo@vaccinationuk.co.uk

FREQUENTLY ASKED QUESTIONS



CONSENT INFORMATION

The consent form needs to be signed by a person with parental responsibility which includes:

- Mother: automatic
- Father: if married to the mother either when baby is born or marries subsequently
- Unmarried father: if name appears on birth certificate (since 1/12/03) or legally acquired
- Others: if parental responsibility is legally acquired
- Parental Responsibility Agreement: signed, properly witnessed and sent for registration to Principle Registry or the Family Division (High Court)
- Residence Order: granted by the Court

Please note that young people under the age of 16 can give or refuse consent if considered competent to do so by nursing staff.

Q WHY ARE CHILDREN BEING OFFERED THE FLU VACCINE?

Flu can make children feel very unwell and can sometimes lead to serious complications like pneumonia or ear infections. Some may even need hospital treatment. It's especially important for children with long-term conditions like asthma or diabetes, as flu can be more dangerous for them.

Q HOW DOES THE FLU VACCINE FOR CHILDREN WORK?

The nasal spray contains weakened flu viruses that help your child build protection without causing illness. Because flu strains change each year, the vaccine needs to be given annually. Most children only need one dose.

Q IS THE FLU VACCINE SAFE FOR CHILDREN?

Yes, it has a very good safety record and has been used for over 10 years in countries like the US without any major concerns. All vaccines available in United Kingdom must pass strict safety testing before being approved for use. The Medicines and Healthcare Products Regulatory Agency (MHRA) only approve vaccines that have gone through rigorous safety testing measures. The regulators continually monitor them all the time.

Q SHOULD ANYONE NOT HAVE THE VACCINE?

Let us know if your child:

- Has a severe allergy to eggs, gelatine, or certain antibiotics
- Has recently had severe asthma symptoms or is wheezy on the day
- Has a seriously weakened immune system

Also, after vaccination, children should avoid close contact with people who have very weak immune systems for about two weeks—everyone else is fine to be around.

Q ARE THERE ANY SIDE EFFECTS?

Side effects from the nasal spray are usually mild and short-lived. These may include a runny or blocked nose, headache, reduced appetite, or a slight temperature. Paracetamol or ibuprofen can help if needed.

Q WE DO NOT EAT PORK PRODUCTS. CAN MY CHILD HAVE A DIFFERENT FLU VACCINE?

Yes. There is an injectable flu vaccine is available that contains no pork (porcine gelatine).

While the nasal spray is generally more effective and painless, we respect your preferences. Just complete the consent form for the injection—no need to fill out both.

Q NATURAL IMMUNITY

While natural immunity from the flu can occur, it's not generally considered better than vaccine-induced immunity. Natural infection carries the risk of severe illness and complications, whereas the flu vaccine offers protection with significantly less risk. Natural immunity can be long-lasting against specific strains, but we know that the flu virus changes (mutates) overtime so natural immunity to one strain might not protect against a different strain that emerges later. Vaccines are a safer and more reliable way to protect against a wider range of flu viruses.

Flu vaccines are updated for each winter to give protection against the strains of flu that are most likely to be going around. For this reason, we strongly recommend that even if your child was vaccinated last year, they should be vaccinated again this year.

Q MY CHILD NEEDS A DIFFERENT VACCINE

If your child needs another vaccine you can speak to our team or attend one of our community clinics, all information can be found on our website: www.schoolvaccination.uk/catch-up-clinics

Q I HAVE MORE QUESTIONS

We run Q&A webinars which address frequently asked questions and gives parents an opportunity to ask their questions. You can find information and how to join on our website.



Did you know?



Research states that mental health issues affect about 1 in 10 children. The emotional wellbeing of children is just as important as their physical health. Good mental health allows young people to develop resilience, cope with the ups and downs in life and grow into healthy adults.

Surveys suggest that most young people are mentally healthy but more children are having problems due to life changes, traumatic events, feeling vulnerable or not coping with difficult situations. The Guardian has recently published that tens of thousands of young people in Britain are struggling with their mental health and are seeking help online for problems.

Research indicates that common mental health problems for young people include depression, self-harm, eating disorders, post-traumatic stress disorder, anxiety and panic attacks. Poor mental health in childhood affects educational attainment, increases the likelihood of smoking, alcohol and drug use, and has consequences for poorer physical health in later life.



What can you do?

Take time to do some research about mental health issues and symptoms with young people. Point your child towards websites or helplines that can give them information as well. Here are some useful websites to get you started:

www.mind.org.uk www.youngminds.org.uk

Seek further advice from a professional if you are worried or concerned about your child.

Talk to your child about any worries they have, be supportive and show empathy and understanding. Try to avoid persistent questioning but encourage them to open up to you and reassure them that you are there to help them. Try to make your child feel loved, trusted and safe.

Don't blame yourself for any problems your child is having as this will not help the situation. Be honest and explain that you are worried and help them access the right kind of help. Encourage your child to take up healthy habits to help them to maintain a positive state of mental health. Examples are:

- Healthy eating
- Good sleep routine
- Seeing friends and connecting with others
- Taking time out to relax
- Exercising
- Doing hobbies
- Spend time outdoors

e: enquiries@pixl.org.uk www.pixl.org.uk

Student Guide to Logging In

1 Go to **sparxmaths.com**

2 Select **Student Login**

3 Carefully select your school from the list

4 Select **New Sparx user**

5 Enter your:

- First Name
- Last Name
- Date of Birth

6 Click **Submit**

7 You will be prompted to set your own password. The password must be at least 6 characters long and you will need to remember it

8 Confirm your username and password, then click **Check your details**

9 You can now log in to Sparx using your username and password

10 If a password is lost, you can select the option to request a new password from your teacher

Use your Sparx login

Username:

Password:
 [Show](#)

[Forgotten Sparx login details?](#) [Log In](#)

[New Sparx user?](#)

Fill in your details below to create your account

Your first name:

Your last name:

Your date of birth:

[Submit](#)

Now set a password, make sure you choose one that you will remember

Choose your password
 [Show](#)

Your password needs to:
 Be 6 or more characters

[Back](#) [Confirm your details >](#)

Let's check you have remembered your log in details

Enter your username:

Enter your password:
 [Show](#)

[Back](#) [Check your details >](#)



KLA Lunchtime and Afterschool Clubs

Lunch Time PE Clubs & Activities:

Monday	Tuesday	Wednesday	Thursday	Friday
Basketball JOM Capped at 30 Students	Basketball JOM Capped at 30 Students	Basketball JOM Capped at 30 Students	Fitness Suite JOM Capped at 20 Students	Fitness Suite JOM Capped at 20 Students
Year 11 Football DHE Capped at 40 Students	Year 10 Football DHE Capped at 40 Students	Year 9 Football DHE Capped at 40 Students	Year 8 Football DHE Capped at 40 Students	Year 7 Football DHE Capped at 40 Students



KLA After School PE Clubs & Activities:

Monday	Tuesday	Wednesday	Thursday	Friday
Yr 7 – 10 KLA Football Academy Girls/ Boys (DHE, LCT) 3:00 – 4:15pm	Year 7 – 10 Netball (LCT/ SLM) 3:00 – 4:15pm	Year 9 & 10 Basketball (JOM) 3:00 – 4:15pm	Year 9 & 10 Rugby (JOM) 3:00 – 4:15pm	
Yr 7- 10 Kinball (SLM) 3:00 – 4:15pm	Multi-sports – Week A (DHE) 3:00 – 4:15pm	Year 7 & 8 Rugby (DHE) 3:00 – 4:15pm	Year 7 & 8 Basketball (LCT) 3:00 – 4:15pm	
	Sports Leaders – Week B (DHE) 3.00 – 4.15pm	Year 10 & 11 Intervention (SLM) 3.00 – 4.15pm		



PE Department Notice – Football Boots Requirement

As part of our Physical Education curriculum at King's Lynn Academy, we would like to remind you that football boots are a required item of kit for all students.

Football boots will be used throughout the school year for both boys and girls, not just during football units, and are essential for lessons taking place on the field. As we move into the wetter months, the field becomes increasingly muddy and slippery, making it unsafe for students to participate in outdoor activities wearing only trainers. Football boots provide the necessary grip and support to ensure students can take part in lessons safely and effectively.

Please ensure your child brings football boots to all PE lessons, as they will be needed regularly. If you have any concerns or difficulty sourcing appropriate footwear, please don't hesitate to contact the PE department—we're here to help.

Thank you for your continued support.

PE Weekly Sports Bulletin continued

Fixture Report – Tuesday Evening at KES

On Tuesday evening, we were proud to take three netball teams and two football teams over to KES for a series of competitive fixtures. It was a fantastic turnout, with students from across year 7 to year 11 showing excellent commitment, teamwork, and sportsmanship throughout the evening.

Football

- Year 8 faced a strong opposition and, despite a 4-1 loss, demonstrated brilliant communication and team spirit. The progress they're making as a unit is clear to see.
🏆 Player of the Match: **Laiton White**
- Year 7 had their second match of the term and secured a brilliant 4-2 win. The team showed fantastic effort, enthusiasm, and determination on the pitch.
🏆 Player of the Match: **Ryan Parsons**

Netball

- Year 11 played a challenging game and, despite the loss, showed resilience and leadership.
🏆 Players of the Match: **Harlee Wintin & Lola Frary**
- Year 8 also came up against strong opposition and gave it their all. Their positive attitude and teamwork stood out.
🏆 Players of the Match: **Alise Senina & Maja Varnagire**
- Year 7 played their first ever netball match, showing huge determination and team spirit. Although they didn't come away with a win, the experience was invaluable and every player gave 100%.
🏆 Player of the Match: Couldn't pick just one – they were all fantastic!

A huge well done to all students involved – we are proud of your effort, behaviour, and sportsmanship. Fixtures like these are a great opportunity to grow, learn, and enjoy representing the school. We look forward to many more!

Special Shout-Out

A huge thank you to our amazing Year 10 Sports Leaders – **Zac Purser, Albie Miller, Tyler Keys - Transfeldt, and Charlie Eke** – who came along to KES to support the fixtures. Their fantastic leadership, encouragement and help throughout the evening were greatly appreciated by staff and students alike. A credit to the school!



PE Weekly Sports Bulletin continued...

Year 7 Fixtures

Date	Team	Staff Member	Home/Away
24 th September 2025	Y7 Boys Country Cup	JOM	AWAY @ Thrope
6 th October 2025	All Years Cross Country	All Staff	AWAY @ Springwood
14 th October 2025	Y7 Rugby Festival	JOM	AWAY @ Springwood
9 th December 2025	Y7 Boys Basketball	JOM	HOME
20 th January 2026	Y7 Girls Basketball	LCT	HOME
26 th February 2026	Y7 Football	JOM	AWAY @ Springwood
17 th March	U13 x 2 Netball Teams	LCT	AWAY @ Hamonds
18 th March 2026	Y7 Girls football Festival	LCT	AWAY @ Hamonds
19 th March 2026	U12 Netball Tournament	LCT	AWAY @ Springwood
24 th March 2026	Y7 Netball	LCT	HOME to St Clements

Year 8 Fixtures

Date	Team	Staff Member	Home/Away
16 th September 2025	Y8 Netball + Y8 Football	DHE + LCT	AWAY @ Smithdon
23 rd September 2025	Y8 Netball + Y8 Football	DHE + LCT	HOME to Litcham
6 th October 2025	All Years Cross Country	All Staff	AWAY @ Springwood
8 th October 2025	Y8/9 Football Festival (Girls)	LCT	AWAY @ Hamonds
16 th October 2025	Y8 Rugby Festival	DHE	AWAY @ Springwood
1 st December 2025	KS3 Badminton	All Staff	Girls @ KLA Boys @ KES
2 nd December 2025	Y8 Basketball Tournament Girls	LCT	HOME
26 th February 2026	Y8 Netball + Y8 Football	LCT + DHE	AWAY @ Springwood
4 th March 2026	U14 Girls Football	LCT	HOME to Marshland

Year 8 Fixtures

Date	Team	Staff Member	Home/Away
5 th March	Y8 Netball Tournament	LCT	AWAY @ Springwood
	Y8 Rugby	DHE	AWAY @ Springwood
17 th March	U13 x 2 Netball Teams	LCT	AWAY @ Hamonds
24 th March	Y8 football Boys	DHE	HOME to St Clements

Year 9 Fixtures

Date	Team	Staff Member	Home/Away
6 th October 2025	All Years Cross Country	All Staff	AWAY @ Springwood
8 th October 2025	Y8/9 Football Festival	SLM	AWAY @ Hamonds
1 st December 2025	KS3 Badminton	All Staff	Girls @ KLA Boys @ KES
9 th December 2025	Y9 Boys Basketball	DHE	AWAY @ KES
20 th January 2026	Y9 Basketball Girls	SLM	AWAY @ KES
26 th February 2026	Y9 Netball	SLM	AWAY @ Springwood
4 th March 2026	Y9 Football + Y9 Netball	SLM + DHE	HOME to Marshland
17 th March	7 Aside girl's football	SLM	AWAY @ Hamonds
	Y9 11 aside Boys football	JOM	AWAY @ Hamonds

Year 10 Fixtures

Date	Team	Staff Member	Home/Away
16 th September 2025	Y10 Football + Y10 Netball	SLM + JOM	AWAY @ Smithdon
6 th October 2025	All Years Cross Country	All Staff	AWAY @ Springwood
24 th October 2025	KS4 Badminton	All Staff	Boys @ KES Girls @ KLA
2 nd December 2025	Y10 Girls Basketball	SLM	AWAY @ KES
4 th March 2026	Y10 Football	DHE	HOME to Marshland
17 th March	Y10 Football	DHE	AWAY @ Hamonds

Year 11 Fixtures

Date	Team	Staff Member	Home/Away
20 th November 2025	Y11 Boys Basketball	JOM	HOME @ KLA
	Y11 Girls Basketball	SLM	AWAY @ KES
24 th October 2025	KS4 Badminton	All Staff	Boys @ KES Girls @ KLA

Year 7 Round Up – Compiled by Mrs Mann:

It's scary that we have been back 5 weeks and already in October! There are certainly chillier mornings, and the thicker coats are out!

Attendance in year 7 was 94% this week.

If your child is unwell, has any upcoming appointments, which it has been unavoidable to book out of school time please remember to contact us before 8.30am, preferably via our absence email - studentabsence@kla.eastern-mat.co.uk or call the absence line **01553 602874**. As you know, holidays during school term time are not authorised unless taken under exceptional circumstances. Please can I ask that if you do text my work phone or email me directly with absences, please contact the attendance officer too as I cannot guarantee that I will always see the messages.

Once again, we have had a super busy week. As a group we have achieved reward points however our highest achiever was **Kelsey Bone** with a phenomenal **51** points this week. A huge congratulations to Kelsey and a big well done to everyone else for their fantastic efforts this week. Here are the top 5 highest achievers. Fantastic efforts, well done to you all.

Bone Kelsey	51
Barron Keiara	37
Barnes Logan	31
Hobbs Harper	<u>31</u>
Tipling Hattie	30

Just a reminder of our academy's expectations regarding uniform; black trousers, no jeans or leggings, KLA skirts only with white shirts, tie and blazer. If you do have any issues with your child's uniform or if you need any help purchasing items, please do not hesitate to contact me as we have some uniform in the swap shop which may help. With the colder mornings here, fluffy coloured socks are not permitted as uniform along with fleece lined leggings. Acrylic nails and hoop earrings are also not allowed for school; they are dangerous when taking part in practical subjects. Please can we ask that only items featured within our uniform policy are worn.

As you know, should you need to contact me for a pastoral issue that you would like to discuss as Head of Year 7, then please email me, Emma.Mann@kla.eastern-mat.co.uk. Alternatively, you can call me on **07511 225248**. My work mobile is on between 8am and 4pm Monday to Friday, however, please remember that my phone will remain in my office and that I can only answer if at my desk.

On Tuesday, our students took part in a sporting event over at KESA after school. The girls took to the netball court and played well but sadly lost to them. The PE staff said they were strong throughout, showing resilience and respect. Well done girls.

The boys took to the pitch and beat them 4-2. Again, the PE staff were impressed with you all. Well done boys, great win!

Our huge congratulations to our year 7 boys' team - **Harry Ely, Oscar Harvey-Nobbs, Jack Sargeant, James Grange, Liam Howlett, Corey Auker, Ryan Parsons, Clae Tansley, Darian Bayraktarov, Dylan Lake, Lincon Moore, Jude Burton, Reuben Wells, Harry Marriott, Timur Aleksjevs.**

Important Dates

Monday 13th – Wednesday 15th – PGL residential trip

Friday 24th – Last day of half term

Have a lovely weekend, stay safe.

Mrs Mann.



Year 8 Round Up – Compiled by Mrs Lockey:

This week has been a busy one especially welcoming prospective parents on tours around the Academy! I'm so proud of each and every one of you. Although some changes have been implemented during our school day the students have literally just fallen in and been exemplary. Behaviour and conduct have been great. Uniform, thanks to you all have been fantastic; supporting us with this is really important. If there are any issues, please feel free to let me know if we can help in any way. Please remember no leggings are permitted as part of our uniform.



In our year 8 quad/play/muster area we now have a mobile library the students can access to sit and quiet read if they wish too. Many thanks to all that have donated books. This is a really lovely sight to see and so many reading in between their lessons.

Please encourage your children where you can to attend after school sports clubs & huge thanks go to all staff that make this happen.

Attendance this last week has been **91.42%** can we please attend each and every day wherever possible. I totally appreciate there are some nasty germs about at the moment. If your child is unwell, has any upcoming appointments, which it has been unavoidable to book out of school time please remember to contact us before 8.30am, preferably via our absence email - studentabsence@kla.eastern-mat.co.uk or call the absence line **01553 602874**.

Heads of Year are calling each day to check in with parents and students at the third day of absence we will be required to carry out a home visit.

To support the students and to set the right example, I will not be using my mobile phone when I'm out and about around the school. Please take this into consideration when contacting me, I may not be able to answer your call or text as quickly as I would like. I will endeavour to return your call/text as soon as I can during my working hours.

Thank you all so much for your support with arriving on time this week. If your child is late without a valid reason time will be made up and they will work in the late room on arrival. Each Head of Year will contact home.

If you have a pastoral issue you would like to discuss with me as Head of Year, then please email me on Hayley.Lockey@kla.eastern-mat.co.uk

As a year group we have achieved **4,452** points this past week up to Wednesday! Well done year 8 that is phenomenal!

Our **highest achiever** this week in the year group was **Haydn Hunt**, a massive well done goes to them. Keep up the hard work and effort in your lessons.

Student of the week this week goes to **Milena Minister**, she has made an amazing start back to school. Well done Milena keep up the amazing work you have been fabulous.

If your child does any activities outside of school, please let me know so happy to share please email me always love to know what the students are doing in their own time. Hayley.Lockey@kla.eastern-mat.co.uk



Dates for your diary

Break up for half term Friday 24th October

Have a wonderful weekend, take care and stay safe.

Mrs Lockey.

Year 9 Round Up – Compiled by Mrs West:

Here we are again! It has been a lovely week, although, sickness does seem to have set in throughout the year groups and this has hit attendance. I hope that we get through it quickly and I am back to seeing as many lovely faces as possible each day at school soon.

We have had the tours this week for the current year 6 children and we had our open evening last night. I was so proud to see our year Group representing the school in such a high number. I was present as a parent myself and it was a great evening.

As always, the year group has done me and themselves proud. Well done to all those in the points table below for being awarded the most points in the last school week.

Student	Points
Ellis, Summer	66
Lambert, William	40
Asoba, Sam	52
Jorley, Freddy	42
Juskyte, Gabriele	29

☆☆ Student of the week this week is **Freya Tsirkou**. Freya, you have shown great resilience this week. Well done!! ☆☆

Enjoy the weekend. I do hope those who have been unwell begin to recover, ready for a new week next week!

Mrs West.

Year 10 Round Up – Compiled by Miss Fountain:

Happy Friday all.

I hope you are all well and avoiding the awful bugs around!

This week:

This week's assembly was presented to our students by a lovely lady from MAP and one of our very own year 10's, **Shyanne Bramwell**. They explained MAP's Mission, Vision and Value statement.

"Our mission is to ensure young people have the access to quality information, advice, counselling and support they need for their holistic development.

Our vision is that all young people know what it is to be valued and have the support and information they need to make a successful transition into adulthood.

Our values underpin everything we do. We apply them to staff, volunteers, young people, supporters, everyone we work with."

They went on to explain what important work MAP does, from mental health support to education and employment. You can get more info at [MAP Norfolk](#). Thank you Shyanne for your great presentation.

Celebrating achievements:

The amount of achievement points received this week has been incredible!

The top 3 totals for the week are as follows:

Student	Points
Freya Rutter	47
Hugh Hobson	42
Nataly Petrenko	42
Lily Bussey	41

Well done to them all!

As a year group the total collected this week was an amazing 3191!!

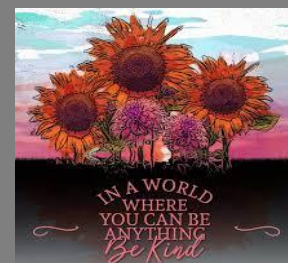
If you have anything you would like us to know about your young person achieving outside of school, please do let me know so I can add it to the bulletin.

Everything else:

The attendance for the week was just 91%. I understand there are lots of bugs around right now but please remember, a cough or cold can be helped with honey and lemon or a paracetamol or one of many other products available. Unless your young person has vomited or has diarrhoea, they can come into school with just a tummy ache. Also, injuries such as a sprain or even breaks, we can accommodate! Just let us know what the problem is and we will try our hardest to ensure your young person is helped, but most importantly getting the education they need and are entitled to.

In any of these situations please do not hesitate to drop me an email at lucy.fountain@kla.eastermat.co.uk or text on **07511 224223** and I will try to help.

Please remember all appointments should be made outside of school hours, but if it's totally unavoidable, please ensure your young person is in school before and after the appointment, with proof shown either to reception or sent to me.



Year 10 Round Up continued...

Uniform:

Leggings and tracksuit bottoms are not allowed to be worn, trousers or KLA skirts ONLY!

White shirts, ties and blazers are ALL COMPULSORY, KLA jumpers are optional.

These are small but very important rules, which we really appreciate your support with.

I hope you have a great weekend and stay safe.

Miss Fountain

Year 11 Round Up compiled by Mrs Laws:

Hapy Friday from year 11.

It's been another great week here at KLA. On Monday we had a presentation from Mr Smith who oversees the 6th Form at King Edward VII Academy about their facility, ahead of their opening evening on 16th October from 6pm to 8pm. Don't forget to book tickets on the KES website if you would like to attend. Feedback from students is quite a few went to the Fakenham open evening and were really impressed with the facilities.

This week also saw the year 6 tours of the academy and open evening for potential students starting in 2026, which I had the pleasure of attending. They will be my new cohort next year once the year 11's have left. I must admit it did feel really strange thinking that far ahead and sad that my students for the last 4 years won't be here anymore but it was lovely to see some faces with returning families I already know who are bringing their sibling up to us. It was a great evening.

Apologies for another change but remote parents evening for the year 11's will be on Wednesday 22nd October now.

If you need to contact me for a pastoral issue as Head of Year 11, then please email me on jacqueline.laws@kla.eastern-mat.co.uk. Alternatively, you can call me on **07591 388678**. My work mobile is on between 8am & 4pm. I would just like to remind you all that I am not on school site from 12.30pm on a Thursday as I will be over at the college with my students. On Thursdays, my work phone will be on until 4.30pm. As we are setting a positive example for the students, I do not have my mobile with me around the academy anymore, only in my office so please be mindful of this when you call, and I will return your call asap.



Well done to those of you who were here every day, and to those of you who still have 100% attendance this academic year, that is amazing. If your child is unwell, has any upcoming appointments, please remember to contact us before 8.30am, preferably via our absence email - studentabsence@kla.eastern-mat.co.uk or call the absence line **01553 602874**. As you know, holidays during school term time are not authorised unless taken under exceptional circumstances. Please can I ask that if you do text my work phone or email me directly with absences, please contact the attendance officer too as I cannot guarantee that I will always see the messages.

Please make sure when booking appointments during school time you remember to provide us with the medical evidence so we can authorise these absences and it then won't make a difference to your child's attendance percentage. As you know, holidays during school term time are not authorised unless taken under exceptional circumstances. Please can I ask that if you do text my work phone or email me directly with absences, please contact the attendance officer too as I cannot guarantee that I will always see the messages.

As a group we have achieved over 2200 reward points this week which is amazing! Our highest achiever was **Sephira Griggs-Williamson**, so congratulations to her!

Have a lovely weekend.

Mrs Laws.