



Friday 12th September 2025

Dates for your diary:

Wednesday 17th September – School photos

Tuesday 30th September – Thursday 2nd October – Year 6 open day tours, call Reception to book your place.

Thursday 2nd October – Year 6 open evening, call Reception to book 01553 774671.

Friday 24th October – Last day of term

Monday 3rd November – School reopens after half term

Student absences & medical appointments:

If your child has to have some time off school unwell or for any other reason, please ensure that you contact the absence team if possible **before 8.30am** via our absence email on:

studentabsence@kla.eastern-mat.co.uk or call the **new** absence line **01553 602874**

Please include your child's name, year group and why they are absent. If we have no contact from you we will send you a text message if your child is absent. If you are unable to respond, please send a note in with your child explaining why they have been away.

If you need to take your child to a medical appointment during school time please can we ask that you either send in an appointment card or letter with your child or please email them to **studentabsence@kla.eastern-mat.co.uk** so we are aware in advance when you collect your child.

Requesting time off in term time:

In the exceptional circumstance you need to request time off in term time, please complete an application for pupil leave of absence from school during term time, as soon as possible and return it to the attendance department or email it to **studentabsence@kla.eastern-mat.co.uk** The form can be downloaded from the link below, found on our school website or collected from the school reception. Requests can only be actioned if submitted on this form, you will be notified via email of the decision. Please note requests will only be authorised in exceptional circumstances.

[download.asp](#)

We are recruiting:

We have some fantastic opportunities to become a member of our esteemed team here at KLA. Please follow the link below to see our latest vacancies.

[Eastern Multi Academy Trust - Vacancies and Careers \(eastern-mat.co.uk\)](https://eastern-mat.co.uk)

Online Safety:

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about CONSPIRACY THEORIES

Conspiracy theories are false or misleading beliefs that explain events as secret plots, often involving powerful groups. While once fringe, they are now more accessible through digital media, online influencers and because of algorithmic recommendations. The DfE guidance document, 'Keeping Children Safe in Education' (KCSIE) explicitly recognises conspiracy theories as potential content risks. This guide will help parents and educators understand the risks, spot the signs, and build children's resilience to conspiracy theories.

WHAT ARE THE RISKS?

UNDERMINING TRUST

Conspiracy theories can lead children and young people to distrust democratic institutions and British Values, teachers, and even their own families and loved ones. This erosion of trust makes young people more vulnerable to extremist narratives by isolating them from reliable sources of information.

ONLINE ALGORITHM TRAPS

Social media platforms can often recommend sensationalist content. Once a child engages with one conspiracy-themed video or post, algorithms push more of the same, thereby creating an echo chamber that can intensify their beliefs.

MENTAL HEALTH IMPACT

Exposure to frightening conspiracy content, such as global plots, viruses, or government control, can fuel feelings of anxiety, paranoia, or hopelessness. For some young people, it can trigger prolonged distress or obsessive thinking.

GATEWAY TO EXTREMISM

Conspiracy theories can often overlap with extremist ideologies. Narratives that blame specific groups, such as politicians, scientists, or particular ethnic groups, can groom children in ways that foster hate, bigotry, and radicalisation.

CONFLICT WITH PEERS

Belief in conspiracy theories can lead to isolation or conflict at school. Children may struggle with peer relationships if they express these beliefs or become distrustful of others who disagree; sometimes, confrontation can even result in a strengthening of the belief in the conspiracy theory.

ERODED CRITICAL THINKING

Young people influenced by conspiracies may reject evidence-based learning. This risks undermining their academic progress and weakening their ability to think critically, assess risks, or engage in healthy debate.

Advice for Parents & Educators

I WANT TO BELIEVE

CREATE SAFE CONVERSATIONS

Don't mock or dismiss any questions that children and young people ask about conspiracy theories. Instead, create open, judgement-free spaces to talk. This strengthens trust and makes it more likely they will confide in you.

I THINK...

PROMOTE CRITICAL THINKING

Teach young people how to assess information critically. Encourage them to ask appropriate questions, such as: Who is telling me this? What evidence is there? What do other trusted sources say? Use real examples from current media to explain your answers and reasoning.



MONITOR DIGITAL BEHAVIOUR

Be aware of the content children are accessing, especially on platforms such as TikTok, YouTube, or Reddit. Use parental controls, but more importantly, maintain ongoing dialogue about online experiences and influencers.

REINFORCE RELIABLE SOURCES

Point children toward trustworthy and reliable sources of news and information in a variety of formats tailored to the young person's age. Build habits of verifying facts using reliable sources, and teach them how to spot misleading content.



Meet Our Expert

Brendan O'Keeffe is a headteacher and digital education consultant with over a decade of experience in education. As Director of Digital Strategy across multiple schools and an advisor to The National College, he specialises in digital safety, PREVENT, and pastoral care.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/conspiracy-theories>

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Instrument Lessons



If your child is interested in having one-to-one instrument or vocal lessons, please ask them to come and put their name on Miss Worledge's waiting list. Once there is availability, i will contact you to arrange these.



Performing Arts Clubs:

Band: Monday Lunchtimes

If you play an instrument and want to join a band, please come and jam with us!

Musical Theatre Film Club: Wednesday Lunchtimes

Join us in the drama room to watch a Musical Theatre Film. You can bring cold lunches with you.

Choir: Friday Lunchtimes

Please join us in the drama room, learn some fun songs and even some harmonies! We will be working on two songs to perform in the Winter Show.



Homework club

**Monday, Tuesday and
Wednesday 3pm till 4pm**

**Need some help with your
homework, or somewhere quiet to
complete work.**

**Fun work sheets, Maths colouring
and much more in CG6.**

**Join Miss Stevens, Mrs Davis and
Mrs Addison-Paul.**

Snacks will be provided.





KLA Lunchtime and Afterschool Clubs

Lunch Time PE Clubs & Activities:

Monday	Tuesday	Wednesday	Thursday	Friday
Basketball JOM Capped at 30 Students	Basketball JOM Capped at 30 Students	Basketball JOM Capped at 30 Students	Fitness Suite JOM Capped at 20 Students	Fitness Suite JOM Capped at 20 Students
Year 11 Football DHE Capped at 40 Students	Year 10 Football DHE Capped at 40 Students	Year 9 Football DHE Capped at 40 Students	Year 8 Football DHE Capped at 40 Students	Year 7 Football DHE Capped at 40 Students



KLA After School PE Clubs & Activities:

Monday	Tuesday	Wednesday	Thursday	Friday
Yr 7 – 10 KLA Football Academy Girls/ Boys (DHE, LCT) 3:00 – 4:15pm	Year 7 – 10 Netball (LCT/ SLM) 3:00 – 4:15pm	Year 9 & 10 Basketball (JOM) 3:00 – 4:15pm	Year 9 & 10 Rugby (JOM) 3:00 – 4:15pm	
Yr 7- 10 Kinball (SLM) 3:00 – 4:15pm	Multi-sports – Week A (DHE) 3:00 – 4:15pm	Year 7 & 8 Rugby (DHE) 3:00 – 4:15pm	Year 7 & 8 Basketball (LCT) 3:00 – 4:15pm	
	Sports Leaders – Week B (DHE) 3.00 – 4.15pm	Year 10 & 11 Intervention (SLM) 3.00 – 4.15pm		



PE Department Notice – Football Boots Requirement

As part of our Physical Education curriculum at King's Lynn Academy, we would like to remind you that football boots are a required item of kit for all students.

Football boots will be used throughout the school year for both boys and girls, not just during football units, and are essential for lessons taking place on the field. As we move into the wetter months, the field becomes increasingly muddy and slippery, making it unsafe for students to participate in outdoor activities wearing only trainers. Football boots provide the necessary grip and support to ensure students can take part in lessons safely and effectively.

Please ensure your child brings football boots to all PE lessons, as they will be needed regularly. If you have any concerns or difficulty sourcing appropriate footwear, please don't hesitate to contact the PE department—we're here to help.

Thank you for your continued support.

PE Weekly Sports Bulletin continued...

2025/26 PE Kit Policy

1. First time forgetting kit - reminder of the expectation that full kit is needed for every lesson.
2. Second time forgetting kit - teacher to again outline expectations and contact home, 5 min detention at break.
3. Third time forgetting – teacher to contact home and 10 min detention at breaktime.
4. Fourth time forgetting – 1 hour lunchtime detention with Mrs Mason (Head of PE) and Head of Year to be contacted to support if needed.

If one item of kit is forgotten this still goes down as a forgotten kit mark.

If you are injured/ill, you still need to wear your PE kit and bring a note from home.

Refusal to borrow kit is a 1 hour detention after school with Mrs Mason (Head of PE).

All jewellery needs to be removed for PE lessons.

KLA PE Kit –

KLA PE shirt

KLA PE shorts

KLA PE socks

KLA PE rugby top – optional

KLA PE fleece

Trainers and football boots



Year 7 Round Up – Compiled by Mrs Mann:

Happy Friday! What an odd week it has been. I must start with a huge well done to you all on how well you have managed working online when this is all still so very new to you.

It was lovely to see so many of you staying on Tuesday for the multi-sports club. I think the PE department have already got eyes on a few of you for the football, netball basketball teams, and the list goes on. So good to see so many of you loving sports and hopefully we will see you representing KLA in a sporting event soon.



As a group we have achieved an amazing amount of reward points and our highest achiever was **Annabelle Taylor** with a whopping 25 points this week. Huge congratulations to Annie and well done to everyone else for their fantastic efforts this week. Here are the top 5 highest achievers this week; a fantastic effort, well done.

Taylor Annie	25
Freestone Elliott	24
Ely Harry	23
Crofts Mylee	22
Lansdell Raff	22

My student of the week is..... **ALL OF YEAR 7**. I just think that you all deserve a mention for many reasons. The way you have all adapted to life at secondary school has been remarkable. The respectful manner you have all shown during breaks, lessons and when walking through school to lessons has been great and the way you have all just welcomed each other is a pleasure to see. The unexpected closure this week has been a massive curve ball for us all but you have done well, accepted the online lessons and then returned today with a positive attitude once more. It was so great to see you all back.

Just a reminder of our academy's expectations regarding uniform: black trousers, no jeans or leggings, KLA skirts only with white shirts, tie and blazer. If you do have any issues with your child's uniform or if you need any help purchasing items, please do not hesitate to contact me as we have some uniform in the swap shop which may help. With the colder morning approaching, fluffy coloured socks are not permitted as uniform and acrylic nails are not allowed for school. They are dangerous when taking part in practical subjects. Please can we ask that they are not worn for school.



Attendance in year 7 was 98% this week. If your child is unwell, has any upcoming appointments, which it has been unavoidable to book out of school time please remember to contact us before 8.30am, preferably via our absence email - studentabsence@kla.eastern-mat.co.uk or call the absence line **01553 602874**. As you know, holidays during school term time are not authorised unless taken under exceptional circumstances. Please can I ask that if you do text my work phone or email me directly with absences, please contact the attendance officer too as I cannot guarantee that I will always see the messages.

Should you need to contact me for a pastoral issue that you would like to discuss as Head of Year 7, then please email me, emma.mann@kla.eastern-mat.co.uk. Alternatively, you can call me on 07511 225248. My work mobile is on between 8am and 4pm Monday to Friday however please remember that my phone will remain in my office and that I can only answer if at my desk.

Year 7 Round Up – Compiled by Mrs Mann:

With the mobile phone policy that we have in place, please consider this when contacting me as I may not be able to answer your call/text as quickly as I previously have. I will return your call/text as soon as I can during my working hours so, please bear with me. Please remember that we do have a 48-hour return of contact policy, but I will continue to try my best to return calls and reply to emails. If, on the odd chance you don't hear from me and still want to discuss something, please try again, send a text or WhatsApp to give me a little reminder nudge!

Dates to remember

Wednesday 17th September – School photos day.

Have a lovely weekend, take care and stay safe.

Mrs Mann.

Year 8 Round Up – Compiled by Mrs Lockey:

Happy Friday!

What a fabulous first few days back year 8. I'm so proud of each and every one of you. Although some changes have been implemented during our school day the students have literally just got on with it. Behaviour and conduct has been great and also uniform thanks to you all for supporting us with this. If there are any issues, please feel free to let me know if we can help in anyway. Many thanks to you all for supporting during our closure this week.



If your child is unwell, has any upcoming appointments, which it has been unavoidable to book out of school time please remember to contact us before 8.30am, preferably via our absence email - studentabsence@kla.eastern-mat.co.uk or call the absence line **01553 602874**.

Heads of Year are calling each day to check in with parents and students; at the third day of absence we will be required to carry out a home visit.

As you are all aware the mobile phone policy came into place last academic year. To support the students and to set the right example, I will not be using my mobile phone when I'm out and about around the school. Please take this into consideration when contacting me, I may not be able to answer your call or text as quickly as I would like. I will endeavour to return your call/text as soon as I can during my working hours.

If you have a pastoral issue you would like to discuss with me as Head of Year, then please email me on Hayley.Lockey@kla.eastern-mat.co.uk

Thank you all so much for your support with arriving on time this week.

If your child is late without a valid reason time will be made up and they will work in the late room on arrival. Heads of Year will contact home.

As a year group we have achieved 3,717 points this past week up to Thursday! Well done year 8, that is amazing!

Our highest achiever this week in the year group was **Lacey Waterson**, a massive well done goes to her. Keep up the hard work and effort in your lessons.

Student of the week this week goes to **Lewis Foster** he has made an amazing start back to school. Well done Lewis, keep up the amazing work, you have been fabulous.



Dates for diary

Wednesday 17th September – school photos day.

Have a wonderful weekend, take care and stay safe.

Mrs Lockey.

Year 9 Round Up – Compiled by Mrs West:

We have made it to the end of a week that none of us expected. I can say that the school is a very sad place without the lovely year 9's being in to brighten and fill up my day!

All students have worked extremely hard this first week, whether it has been at home or at school. This has not gone unnoticed by us all and we thank you for this.

I am hopeful that all students now have all of their log ins and that they have been able to access any work on Arbor or via their school emails that they have needed.

Uniform is looking fantastic. I know how hard it is to get trousers and items of clothing that teenagers are happy to wear. I now need to stress how important a bag is. Every student is expected to bring a bag to school each day as part of their equipment. I have some very basic drawstring bags that will be issued to those who do not bring a bag. We now have knowledge organisers in school that will be issued to the students. These organisers should be carried with them at all times. I really want year 9 to be the leaders with this. The students need to be proud to have ownership of their own items and look after items that are issued to them. I am gradually having to issue pencil cases less daily, so thank you to all of you for providing equipment.

★ ★ Our first student of the week this week goes to **Jude Thrower**. Jude you have made such a fantastic start to the term. The amount of achievement points that you have already achieved is phenomenal!!! Well done. ★ ★

I do hope you all enjoy the weekend and that the sunshine hangs on for us just a bit longer.

Mrs West.

Year 10 Round Up – Compiled by Miss Fountain:

Happy Friday everyone.

What a strange week we have had! We can only apologise for the school closure to most students; it is unfortunately something we cannot control and thank you for your understanding.

However, the time they have been in, my wonderful year 10's have had a fantastic return to school, I couldn't be prouder of them. They are mostly getting it right every day and are making the school day so enjoyable and often fun.

Can I please ask you ensure your young person has a bag and a pencil case, even if it has just the very basics; pen, pencil, ruler, rubber. These are an essential part of the school day.

Every break and lunch I am on duty, so although away from my laptop and phone, I get to chat with and get to know my lovely year group. They often tell me about their worries and anything they are concerned about, but due to being away from my desk, please be aware that I am away from my laptop and mobile phone. Please feel free to text or email but be aware I will not be able to reply straightaway, so please be patient as I will get back to you as soon as I can.

Celebrating awesomeness

I am so proud to inform you that year 10, during the week 3rd and 10th September, earned an absolutely amazing

3041 ACHIEVEMENT POINTS!!

What a fantastic and positive week for so many of my lovely year 10's!!

★ The student of the week for my year 10's this week is the very lovely **Ava Read**. Ava, you are an absolute pleasure to have in our year group and I couldn't be prouder of the wonderful start you have made this year already. Carry on being amazing Ava ★

Continuing with celebrating, if there any extracurricular activities our students do and you would like me to add it to our bulletin, please let me know, as I absolutely love celebrating my year 10's achievements, in and out of school.

Attendance this week for year 10's was almost 96%. That's really great and a big thank you for getting your young people into school, it makes such a difference to their learning and ultimately, their GCSE results.

If your young person has any upcoming appointments, which it has been unavoidable to book out of school time, or if your child is unwell, **please remember to contact us before 8.30am preferably via our absence email on:**

studentabsence@kla.eastern-mat.co.uk Please include your child's name, year group and why they are absent. Please also send in any proof of appointments and/or medication so the absence can be authorised.

Please can I ask that if you do text my work phone or email me directly with absences, please contact the attendance officer too as I cannot guarantee that I will always see the messages.

Students are to arrive before 08:30am with lessons beginning at 08:35am.

If your young person doesn't have the uniform required, i.e. blazer, shirt, tie, black trousers or skirt (jumper is optional) and black shoes and socks, or is without the equipment required, PE kits, stationery, bag etc. please do not hesitate to contact me so I am aware, as I may be able to help. Please remember we do have the school swap shop which is accessible to all students.

Have a wonderful weekend and I shall speak with you soon.

Miss Fountain.

Year 11 Round Up compiled by Mrs Laws:

Good evening from year 11 here at KLA. It's been an unusual week here with the school being shut for a couple of days to every year group apart from ours. It was great to see the students really making the most of this opportunity for more select teaching which is setting them up nicely for their GCS'Es.

Unfortunately, the catering trip to London on Wednesday had to be postponed due to the tube strikes so this will now go ahead on Thursday 18th September.

Session 5 coming soon to a classroom near you!



Session 5 will start Monday, and it is important that your child attends these extra lessons to help boost their GCSE grades.



Attendance in year 11 is CRUCIAL. Literally everyday matters. It's a proven fact that the better your school attendance, the better GCSE grades you achieve, the better job you get so the more money you earn. I will be constantly reminding you of this throughout the year. Congratulations to those of you who were here all week.

If your child must have time off school, please ensure that you call the absence line on 01553 779635 or email the absence line studentabsence@kla.eastern-mat.co.uk

Please make sure when booking appointments during school time you remember to provide us with the medical evidence so we can authorise these absences but, if possible, especially now we are in year 11 make them after 3.30pm or during the holidays.

Just a reminder if your child arrives after 8.40am they will have to stay in the late room until break so will miss lesson 1. This is not ideal as they are in year 11 and we need them in lesson, but we can't have late students disrupting the learning that has already started in the classes by coming into the room late. So please make sure all students are in school no later than 8.35am ready to go to their lessons.

Last week we gained over 1800 achievement points in just 3 days which is incredible, let's keep that up, what a brilliant way to start year 11.

If you need to contact me for a pastoral issue as Head of Year 11, then please email me on jacqueline.laws@kla.eastern-mat.co.uk. Alternatively, you can call me on 07591 388678. My work mobile is on between 8am & 4pm. I would just like to remind you all that I am not on school site from 12.30pm on a Thursday as I will be over at the college with my students. On Thursdays, my work phone will be on until 4.30pm. As we are setting a positive example for the students, I do not have my mobile with me around the academy anymore, only in my office so please be mindful of this when you call, and I will return your call asap.

Year 11 Round continued....

Dates to remember:



2025 Open Events

KES Academy: Thursday 16th October, 5.30 – 8.00

The College of West Anglia: A Level Evening – Weds 15th October 5.30 – 7.30
Sports Campus – Saturday 18th October 9 – 12.30
King's Lynn Campus - Saturday 18th October 9 – 12.30
Cambridge Campus (Milton) – Thursday 23rd October 4.30 – 7.30

Springwood 6th Form: Thursday 16th October 5.30 – 7.00

Fakenham 6th Form: Wednesday 1st October 6.00 – 8.00

Cambridge Regional College: Wednesday 22nd October 4.30 – 7.00

Over the next few weeks, we hope to have guest speakers in from various 6th forms & colleges to our assemblies and let the students know what they can expect, should they choose to join their establishment upon getting their GCSE's here.

2025

17th September – individual school photos- (their last ones in this school).

16th October- parents evening (remote).

24th October- break up for half term.

Monday 3rd November - back to school.

There may well be some practical exams for Hospitality & Drama in November/December but dates to be confirmed later.

Friday 19th December - break up for Christmas.

2026

Tuesday 6th January 2026- return to school.

Prom date to be confirmed very soon.

Have a lovely weekend and see you Monday.

Mrs Laws.

Year 11 Food & Nutrition:

This week year 11 have been focusing on presentation and using gelatine to make pannacotta and tuile biscuits. Excellent wobble on all of them and great presentation skills shown.

Mrs Stewart.

