

Year 11 – Spring Term

## Barriers to Participation in Sport

- Limited time available to participate
- Cost of participation
- Lack of provision or accessibility
- Discrimination



## Groups who Experience Barriers to Participation

- Carers
- People with Family Commitments
- Gender
- Retired People/Over 60s
- Teenagers
- Parents (Singles or Couples)
- Ethnic Groups
- People Who Work
- People with Disabilities
- Families with Children
- Young Children
- Unemployed/Economically Disadvantaged

## Values Promoted Through Sport



- Team Spirit
- Fair Play
- Inclusion
- Citizenship
- Tolerance & Respect
- National Pride
- Excellence

## The Olympic Values

Respect – Excellence – Friendship

## The Paralympic Values:

Courage – Determination – Inspiration – Equality



## TOPIC AREA 1

# SPORT STUDIES R184

## TOPIC AREA 2

## Popularity of Sports in the UK depends upon....

**Environment**  
The lack of optimal conditions can reduce participation

**Provision of Facilities**  
In towns and cities there are more facilities available than in small villages

**Spectatorship**  
A sport will become more popular if there are opportunities to spectate live or on TV.

**Success**  
If an individual or team are successful at an event such as the Olympics, the sport will grow in popularity

**Media Coverage**  
Some sports get more media coverage than others

**Social Acceptability**  
Not all sports are seen as ethically acceptable

**The Number of People Participating**  
Sports with high numbers of participants will get lots of media coverage and grow even further

**Role Models**  
Role models, who are highlighted in the media, can increase the number of people wanting to participate in a certain sport



**Etiquette:** 'The customary code of polite behaviour in society or within sport'

**Sportsmanship** refers to fair and generous behaviour, particularly in a sporting context.

Clapping an opponent when they reach 50 runs in cricket



Shaking hands at the end of a match in football



**Gamesmanship** is the use of dubious methods to win or gain an advantage within a sport.

Deliberately grunting loudly in tennis



## Emerging Sports in the UK



Women's Football



Ultimate Frisbee



Women's Cricket

## Improving Participation in Sport

- Provision → The availability of sport
- Promotion → The advertising and marketing of sports
- Access → The accessibility of sport to all people in society



**Disadvantages of taking PEDs**

- Cheating /Immoral
- Illegal
- Health Risks
- Fines/Bans
- Reputational Damage



## Reasons for taking PEDs

- Wealth/financial reward
- Pressure to succeed
- Need to win at any cost



- Increased chance of gaining sponsorship
- Level the playing field
- Boost confidence



## Major Sporting Events

### One-Off



### Regular



### Regular & Recurring



## TOPIC AREA 3

### Positives

Improved national morale  
Increase in tourism  
Increase in employment  
Increase in sport participation  
Improved transport and infrastructure

### Negatives

Potential for terrorism/crime  
Increase in litter/noise  
Sports facilities unused after the event  
Money could be better spent elsewhere

# SPORT STUDIES R184

## National Governing Bodies

Examples of NGBs  
Football Association (FA)  
Lawn Tennis Association (LTA)  
Rugby Football Union (RFU)  
England Netball  
England Hockey



## TOPIC AREA 4

### NGB Roles

- Promote Participation/Bring in Policies & Initiatives
- Develop the sport's coaching and officiating infrastructure
- Organise Tournaments and Competitions
- Rules & Discipline
- Ensure Safety within their Sport
- Provide support, insurance and technical guidance to members
- Lobby for funding

## Technology in Sport

Enhance performance



Increase the safety of participants



Increase fair play and increase the accuracy of officiating



Enhance spectatorship



Quicker recovery from injury

Enhanced performance

More accurate decisions

Lowers risk of injury

Technical analysis



Positive Effects of Technology in Sport



Negative Effects of Technology in Sport

## TOPIC AREA 5

